# Emergency Numbers

<table>
<thead>
<tr>
<th>Service</th>
<th>Information</th>
<th>Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Ambulance, Police, Fire</strong></td>
<td>• Free call – emergencies only</td>
<td>Dial 000 (triple zero)</td>
</tr>
<tr>
<td><strong>Breastfeeding Help Line</strong></td>
<td>• Counselling (formerly Nursing Mothers Association)</td>
<td>Toll Free – 1800 686 268</td>
</tr>
<tr>
<td><strong>Child Protection</strong></td>
<td>• Child Protection Helpline (Community Services)</td>
<td>132 111 (7 days 24 hrs)</td>
</tr>
<tr>
<td></td>
<td>• Child Abuse Prevention Service (CAPS)</td>
<td>02 8080 4600</td>
</tr>
<tr>
<td></td>
<td></td>
<td>132 111 to report suspected abuse</td>
</tr>
<tr>
<td><strong>Chemist</strong></td>
<td>• After Hours Emergency Information (Pharmacy Guild)</td>
<td>1300 882 294 (7 days 24 hrs)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>9467 7100 (Mon – Fri 9.00am to 5.00pm)</td>
</tr>
<tr>
<td><strong>SIDS</strong></td>
<td>• Red Nose (Sudden Infant Death Syndrome Association of NSW)</td>
<td>1300 308 307 (7 days 24 hrs)</td>
</tr>
<tr>
<td><strong>Dental</strong></td>
<td>• Australian Dental Association NSW</td>
<td>02 8436 9900</td>
</tr>
<tr>
<td></td>
<td>• SESLHD Public Dental Service (Mon-Fri 8:15am to 4:00pm)</td>
<td>1300 134 226</td>
</tr>
<tr>
<td><strong>Domestic Violence</strong></td>
<td>• Domestic Violence Advocacy Service (Mon – Fri 9.30am to 12.30 1pm to 4.30pm)</td>
<td>1800 810 784</td>
</tr>
<tr>
<td></td>
<td>• NSW Domestic Violence Counselling Line (Provides access to safe accommodation &amp; advice)</td>
<td>Toll Free - 1800 656 463 (7 days 24 hrs)</td>
</tr>
<tr>
<td></td>
<td>• 1800Respect (Sexual assault, domestic family violence counselling service)</td>
<td>1800 737 732</td>
</tr>
<tr>
<td><strong>Hospitals</strong></td>
<td>• Sydney Children’s Hospital, Randwick</td>
<td>9382 1111</td>
</tr>
<tr>
<td></td>
<td>• Royal Hospital for Women, Randwick</td>
<td>9382 6111</td>
</tr>
<tr>
<td><strong>Interpreting Service</strong></td>
<td>• Telephone Translating &amp; Interpreter Service</td>
<td>131 450 (7 days 24 hrs)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>1300 575 847</td>
</tr>
<tr>
<td><strong>Lifeline</strong></td>
<td>• Counselling</td>
<td>131 114 (24 hrs)</td>
</tr>
<tr>
<td></td>
<td>• Suicide call back service (free counselling 24/7)</td>
<td>1300 659 467</td>
</tr>
<tr>
<td><strong>Poisons Information</strong></td>
<td></td>
<td>131 126 (24 hrs)</td>
</tr>
<tr>
<td><strong>Police</strong></td>
<td>• Bondi Police</td>
<td>9365 9699</td>
</tr>
<tr>
<td></td>
<td>• Rose Bay Police</td>
<td>9362 6399</td>
</tr>
<tr>
<td></td>
<td>• Waverley Police</td>
<td>9369 9899</td>
</tr>
<tr>
<td><strong>Pregnancy, Birth &amp; Baby Helpline</strong></td>
<td></td>
<td>1800 882 436</td>
</tr>
<tr>
<td><strong>Rape Crisis Centre</strong></td>
<td>• Counselling service</td>
<td>1800 424 017 (24 hrs)</td>
</tr>
<tr>
<td><strong>Refuges</strong></td>
<td>• Link2home (Emergency housing)</td>
<td>1800 152 152 (24 hrs)</td>
</tr>
<tr>
<td></td>
<td>• Homelessness NSW</td>
<td>02 8354 7600</td>
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082019
Introduction

This directory describes the range of services available in the Waverley area for children aged 0 to 5 and their families. Services located at various metropolitan locations have been included where they meet a particular need not catered for in the local area.

The information has been revised and updated by Community Programs staff at Waverley Council.

Every effort has been made to provide accurate and up-to-date information. We welcome any advice on errors, omissions or changes. Please email to adminmillhill@waverley.nsw.gov.au

For the most up-to-date information please contact the listed services directly.

Copies of this directory and advice on services for children, youth, older people and community services generally can be obtained from:

Waverley Council – Mill Hill Community Centre
31-33 Spring Street
Bondi Junction, 2022
Ph: 9083 8936
The Australian Government introduced a new child care fee assistance package, which will include a payment known as the Child Care Subsidy (CCS).

The CCS will be paid directly to your child care service, fortnightly based on the attendance records submitted. You will pay any difference between the actual fee you are charged and the CCS that is paid on your behalf.

Your CCS will be based on your estimated combined annual family income.

It is important that you review your income and keep your details accurate and up to date through your Centrelink online account or through MyGov. This will ensure that you receive the correct CCS percentage.

You will receive a fortnightly statement of how much care you have received and how much subsidy has been paid on your behalf. This information can also be accessed through your MyGov account.

The factors that will determine a family's level of Child Care Subsidy are:

- 3 Step Activity Test
- Combined Family Income
- Service Type

For further information please go to the Australian Government Department of Human Services www.humanservices.gov.au

My Child

www.mychild.gov.au
(ph) 1800 670 305

The mychild.gov.au website is Australia’s online child care portal. On this website you will find information on different types of child care and how to get assistance with the cost of child care. You can also search a database to find child care centres in your local area. In many cases, you will also be able to find the services’ vacancy and fee information.
Waverley Council operates four community based long day care centres:

**Bronte Early Education Centre**
42 St Thomas Street, Bronte 2024
(ph) 9083 8810
(e) bronteec@waverley.nsw.gov.au
Monday to Friday: 8.00am – 6.00pm
(For children 2-5 years)
Also offers a small number of pre-school places (8.30am – 4.30pm) at a lower fee for children with additional needs.

**Gardiner Early Education Centre**
6 Gardiner Street, Bondi Junction 2022
(ph) 9387 1252
(e) gardineereec@waverley.nsw.gov.au
Monday to Friday: 8.00am – 6.00pm
(For children aged 6 weeks – 5 years)

**Mill Hill Early Education Centre**
25 Ebley Street, Bondi Junction 2022
(ph) 9083 8902
(e) mheec@waverley.nsw.gov.au
Monday to Friday: 8.00am – 6.00pm
(For children aged 6 weeks – 5 years)

**Waverley Early Education Centre**
Clementson Park, Newland Street, Bondi Junction 2022
(ph) 9386 9200
(e) waverleyc@waverley.nsw.gov.au
Monday to Friday: 7.45am – 5.45pm
(For children aged 6 months – 5 years)

**Fees for Council Child Care Centres**
0 month - 2 years ...................... $122.00/day
2 – 5 years ............................... $116.00/day

See also Council’s website at:

**Kindamindi Childcare Centre**
1 Illawong Avenue, Bondi 2026
(ph) 9365 6600
(e) kindimindicc@optusnet.com.au
Monday to Friday: 8.00am – 6.00pm
0 – 5 years ............................... $ 95.00/day

**Uniting Early Learning North Bondi**
Cnr Warners Ave & Niblick St, North Bondi 2026
(ph) 1800 864 846
(e) For current families:
  elnorthbondi@uniting.org
  For general enquires:
  ask@uniting.org
Monday to Friday: 8.30am – 4.30pm
3 – 6 years ............................... $ 68.00/day

**St Mary’s Child Care Centre**
240 Birrell St, Waverley 2024
(ph) 9389 0853
(f) 9389 0191
(e) pam@stmaryschildcarecentre.org.au
  rebecca@stmaryschildcarecentre.org.au
Monday to Friday: 8.00am - 5.30pm
2 – 5 years ............................... $ 97.00/day

**Iluka Uniting Early Learning Centre**
73-75 Roscoe Street, Bondi Beach 2026
(ph) 1800 864 846
(e) ask@uniting.org
Monday to Friday: 7.30am – 6.00pm
0 month – 2 years ...................... $124.00/day
2 – 3 years ............................... $115.00/day
3 – 6 years ............................... $105.00/day

**Fees for Goodstart Early Learning Centres**
0 – 2 years ............................... $145.50/day
2 – 3 years ............................... $130.50/day
3 – 5 years ............................... $122.50 – $129.00/day

**Goodstart Early Learning**

- **Goodstart Early Learning South**
  Suite 1200, Tower 2, 101 Grafton Street, Bondi Junction 2022
  (ph) 9387 5673
  (e) enrolments@goodstart.org.au
  Monday to Friday: 7.00am – 6.00pm
  (For children aged 0-5 years)

- **Goodstart Early Learning North**
  Tower 2, Level 12, 101 Grafton Street, Bondi Junction 2022
  (ph) 9387 3088
  (e) enrolments@goodstart.org.au
  Monday to Friday: 7.00am – 6.00pm
  (For children aged 0-5 years)
Fees for Goodstart Early Learning Centres
0 – 2 years........................... $ 145.50/day
2 – 3 years........................... $ 130.50/day
3 – 5 years........................... $ 129.50/day

• Goodstart Early Learning West
  Shop 6016, Level 6, 520 Oxford Street, Bondi Junction 2022
  (ph) 9386 0855
  (e) enrolments@goodstart.org.au
  Monday to Friday: 7.00am – 6.00pm
  (For children aged 0 – 5 years)
Fees for Goodstart Early Learning Centres
0 – 2 years........................... $ 145.50/day
2 – 3 years........................... $ 130.50/day
3 – 5 years........................... $ 129.50/day

Bennett Street Child Care Centre
43 Bennett Street, Bondi 2026
(ph) 9386 4440
(e) bennettsstreet@ozemail.com.au
Monday to Friday 8.00am – 5.30pm
2 – 5 years........................... $ 133.00/day

Bronte Kids Preschool
41A Murray Street, Bronte 2024
(ph) 9389 9418
(e) info@brontekids.com.au
Monday to Friday: 7.30am – 6.00pm
2 – 5 years........................... $ 135.00/day

Castlefield Kindergarten
Cnr Castlefield & Miller Street, Bondi 2026
(ph) 9365 3289
(e) castlekindy@gmail.com
Monday to Friday: 7.30am – 5.30pm
3 – 5 years........................... $ 105.00/day

Active Kids Group Rose Bay
469 Old South Head Road, Rose Bay 2029
(ph) 8362 3000
(e) enrolments@activekidsgroup.com.au
Monday to Friday: 7.00am – 6.00pm
0 – 3 years........................... $ 155.00/day
3 – 6 years........................... $ 140.00/day

Yeladim Early Learning Centre
691 Old South Head Road, Vaucluse 2030
(ph) 0414 969 434
Monday to Friday: 8.00am – 5.30pm
3 – 5 years........................... $ 115.00/day

Clyde Street Childcare
140 Clyde St, North Bondi NSW 2026
(ph) 9300 0015
(e) clyde.street@bigpond.com
Monday to Friday: 8.00am – 5.30pm
0 – 3 years........................... $ 135.00/day
3 – 5 years........................... $ 129.00/day

HUG-A-BUB Bondi Long Day Care
46 Blair Street, Bondi 2026
(ph) 9300 0179 / 0425 845 613
(e) hugabub@bigpond.com
Monday to Thursday: 8.00am – 5.30pm
Fridays (reduced fee): 8.00am – 4.00pm
0 – 2 years........................... $ 158/day
2 – 3 years........................... $ 142/day
3 – 6 years........................... $ 136/day

Only About Children Rose Bay
70-74 Dover Road, Rose Bay NSW 2029
(ph) 138 622
(e) info@oac.edu.au
Monday to Friday: 7.00am – 6.00pm
0 – 5 years........................... please call for fee details

London Carriage Pre-School
23 Jackaman Street, Bondi 2026
(ph) 9387 6757
(e) londoncarriage@optusnet.com.au
Monday to Friday: 7.00am – 6.00pm
2 – 5 years........................... $ 134.00/day

Marli Marli Daycare
1 Waiora Avenue, North Bondi 2026
(ph) 0412 717 343 / 9130 4677
www.marlimarlidaycare.com.au
(e) marlimarlidaycare@bigpond.com
Monday to Friday: 8.30am – 5.00pm
2 – 5 years........................... $ 140.00/day

Mother Goose Child Care Centre
19 Violet Street, Bronte 2024
(ph) 9389 8187
Monday to Friday: 7.30am – 6.00pm
0 – 2 years........................... $ 160.00/day
2 – 3 years........................... $ 150.00/day

Ocean St Long Day Care Preschool
34A Ocean Street, Bondi 2026
(ph) 0490 752 059
(e) oceanstreet.preschool@gmail.com
Monday to Friday: 7.30am – 6.00pm
18 months – 5 years........................... $135.00
Pre-Schools & Kindergartens
Community Based or Not for Profit

Rochie’s Creche
13-15 Gowrie Avenue, Bondi Junction 2022
(ph) 9340 1180 / 0452 130 770
(e) rochiescreche@gmail.com
Monday to Thursday: 8.00am – 4.30pm
Friday: 8.00am – 4.00pm
15 months – 3.5 years ............... $ 150.00/day

Wee Care Kindergarten
7 St Mary’s Avenue, Bondi Junction 2022
(ph) 9389 4993
(e) weecare@weecare.com.au
Monday to Friday: 8.30am – 4.30pm
9 months – 5 years .................. $ 138.00/day

Wee Care 2 Child Care Centre
2 St Mary’s Avenue, Bondi Junction 2022
(ph) 9389 8228
(e) weecare2@weecare.com.au
Monday to Friday: 8.00am – 5.00pm
2 – 4 years ........................ $ 138.00/day

The Grace Child Care Centre
Clementson Park, Newland Street, Bondi Junction 2022
(ph) 9387 2769
(e) thegrace@optusnet.com.au
Monday to Friday: 7:30am – 6:00pm
3 months – 6 years ................. $135.00/day

NOTE
Most long day care centres close for approximately 2 – 3 weeks over the Christmas / January period.
Vacation care may be available at some locations for parents who are unable to find alternative care.
For further information, call Waverley Council on 9083 8000

Pre-Schools & Kindergartens
Private

During school terms only. Care for 3-5 year olds is provided on a sessional basis either as a morning or afternoon session or a full day, with some centres offering both. In Waverley, pre-schools offering a shorter day program are government subsidised. Usually open between 9am & 3pm. Fees are based on a means test.

Montessori East Primary & Pre School
8 Wellington Street, Bondi 2026
(ph) 9130 8313
(f) 9130 8353
www.montessori.nsw.edu.au
(e) admin@montessori.nsw.edu.au
3 – 5 years...................... 8.30am – 12.00pm
5 – 12 years..................... 8.30am – 3.00pm
Fees not provided call for details

Kesser Torah College
Cnr Blake & Napier St, Dover Heights 2030
(ph) 9301 1111, 9301 1128
(f) 9301 1199
(e) reception@ktc.nsw.edu.au
Monday to Thursday: 8.00am – 5.00pm
Friday: 7:30am – 3:30pm
(Fees not provided call for details)

Mt Zion War Memorial Kindergarten
30 Bondi Road, Bondi Junction 2022
(ph) 9387 2658
(e) contact@mountzion.nsw.edu.au
Monday to Thursday: 8.00am – 5.00pm
Friday: 7.00am – 3.00pm
0 – 5 years.................... (call for fee details)

Dover Heights Community Preschool
22 Napier Street, Dover Heights 2030
(ph) 9371 8843 / 0466 116 251
www.doverheightspreschool.com.au
(e) admin@doverheightspreschool.com.au
Monday to Friday: 9.00am – 3.00pm
(additional hours available – contact for details)
3 years..............................$ 65.00/day
4 years..............................$ 60.00/day

Waterford Pre-School
44 Henrietta Street, Waverley 2024
(ph) 9389 2094
(e) waterfordpreschool@waverley.nsw.edu.au
Monday to Friday: 8.00am – 3.30pm
(School terms only)
Cost: ...........................................$75/day
Gan Yeladim Centre
14 Anglesea Street, Bondi 2026
(ph) 9369 3617 / 0419 634 899
(e) ganyeladim@gmail.com
Monday to Friday: 7.45am – 5.00pm
0 – 5 years.............................. $ 172.00/day
Kosher food supplied.

Moriah College Pre-School
115 Glenayr Ave, Bondi 2026
(ph) 9130 1979
(f) 9387 3490
(e) info@moriah.nsw.edu.au
Monday to Friday: 8.30am – 4.30pm
Fees not provided.

Family Day Care
Family Day Care Services are government licensed services. They operate according to the Education and Care Services National Regulations 2011 that is under the Education and Care Services National Law Act 2010. These regulations determine a set of minimum standards in relation to how the services should be run relating to all aspects of the centres’ operations to ensure a very high standard of care for children. Children 0-5 years are cared for in groups of up to 4 children in the Educator’s home. Educators are available in a variety of locations. Waverley Council manages a Family Day Care Service through a Co-ordination unit. Educators are registered with Council and the service provides supervision and support through Child care professionals who visit the home regularly. The service also provides play sessions for educators and children. Part time or full time care can be provided as well as before and after school care.

Waverley Family Day Care
32 Ebley Street, Bondi Junction 2022
(ph) 9083 8785
www.waverley.nsw.gov.au
(e) familyd@waverley.nsw.gov.au

Refer to Waverley council website for pricing information.

Occasional Care
Care is provided for short periods of time on an occasional or emergency basis. At some centres this may be limited to a session or a few hours per week. Parents may be able to use this type of care on a regular basis and for whole days. Ideal for shopping, appointments or a respite break.

Bondi Beach Cottage Occasional Care
42 Brighton Boulevard, North Bondi 2026
(ph) 9365 1607
www.bondibeachcottage.com.au
(e) admin@bondibeachcottage.org.au
Monday to Friday: 8.30am – 4.30pm
6 weeks to 5 years......................... Full day $88
...............................................Half day $50
Concession rates are available if you are a Centrelink Health card holder.

Babysitting
Bookings essential. Open school holidays.
Home Help – Babysitting, Nanny Service and Domestic Help Agency
(ph) 9221 3644
(f) 9221 8544
Nannies: Full or part time, live in or live out.
Babysitters: Casual or regular babysitters (can be available on short notice)
Domestic Help: Cleaners & Housekeepers
Carers and companions: Carers can assist with household tasks, feeding pets, shopping, transport requirements. Please note our carers do not hold nursing qualifications.

Mothercraft and Nannies
(ph) 9663 4570
www.mothercraft.com.au
Monday to Friday 8.30am – 4.30pm.
Casual mothercraft nurses, nannies, mothers’ helps or babysitters.

Nannies and Helpers Pty Ltd
Main Centre 103/11 Spring Street, Chatswood 2067
(ph) 9410 0725
www.nanniesandhelpers.com.au
(e) nannies@nanniesandhelpers.com.au
Nannies, mothercraft nurses, babysitters, live in or temporary nannies, event nannies.
Private Home Based Carers

These carers are licensed by the NSW Department of Education to care for up to 4 children, mostly under-3’s, in their own homes. Hours and fees vary. Child Care Benefit (CCB) is not available.

Anne Solomon’s Day Care
5 Brassie Street, North Bondi 2026
(ph) 0414 926 704
(e) anne.solomon@live.com.au

Monday to Friday: 8:30am – 4:30pm
12 months – 3 years $150/day

Di’s Day Care
7 Stephen Street, Bondi 2026
(ph) 9369 1615 / 0404 278 098

Miri’s Creche
107 Brook St, Coogee 2034
(ph) 0411 743 783
(e) info@miriskindy.com.au

Monday to Friday: 8.00am – 5.00pm
0 – 24 months $158.00/day

Rina’s Place
14 Hewlett Street, Bronte 2024
(ph) 0425 766 484

Playgroups

Playgroup NSW Inc
(ph) 1800 171 882, 9684 9500
(f) 9684 5613
(e) admin@playgroupnsw.org.au

Two hour sessions each week for parents/carers and their children aged 0 – 5 years meet and play.

Rose Bay Playgroup
The Cottage, Rose Bay Golf Club,
O’Sullivan Road, Rose Bay 2029
(ph) 9391 7170, 0433 772 842
www.rosebayplaygroup.weebly.com

CMP Playgroup
Level 2, Church in the Market Place,
400 Oxford St, Bondi Junction 2022
(ph) 9387 2300
www.cmponline.net
(e) reception@cmponline.net

Francis Street Playgroup
Thomas Hogan Reserve, Francis St,
Bondi 2026
(ph) 0414 498 559
(e) info@bondibeachplaygroups.org.au

Bondi North
Hall Early Childhood Centre
Cnr Brighton Blvd & Wairoa Ave,
Bondi North 2026
(e) info@bondibeachplaygroups.org.au

Bondi Yeshiva Tots
Yeshiva Centre
36 Flood Street, Bondi NSW 2026
(e) sfeldman@yeshivacollege.nsw.edu.au
**Emergency Assistance**

13 11 14 Lifeline
1800 551 800 Kids Help Line
1300 659 467 Suicide Call Back Service
(Professional call back service referral line – seven days a week)
1300 789 978 Mensline Australia (24 hour professional phone counselling and referral)
1800 011 046 Veterans Line (after hours professional telephone crisis counselling for veterans and their families)

**Emergency Care**

Barnardos Sydney Metro Care
Level 1, 60 - 64 Bay St, Ultimo NSW 2007
(ph) 9218 2358
(f) 9211 0188
(e) sydneymetro@barnardos.org.au

Aids children and families at risk through Child and Family Services and Temporary Family Care.

**Child Protection Services**

Child Abuse Prevention Service (CAPS)
Level 4, 695-699 George Street, Sydney NSW 2000
(ph) 1800 688 009
(f) 9716 8159
https://www.capsau.org/
(e) hello@capsau.org

Provides evidence-based, educational programs that build well-being, emotional resiliency and create the strong family environments needed to ensure that children are safe, supported, and loved.

**Child Protection Unit**

Level 1, Emergency Wing, Sydney Children's Hospital, High St, Randwick 2031
(ph) 9382 1412 (Office Hours)
A/H 9382 1111
(f) 9382 1410

Provides 24-hour crisis counselling and medical service, specialist psychosocial and medical assessment, forensic medical assessment, ongoing therapeutic and counselling services for victims of sexual assault and their non-offending family members, medical treatment, advocacy and case management, court support and expert testimony in court, state-wide 24-hour specialist consultation and support to community services and health workers.

**Department of Family and Community Services**

Child Protection Helpline: 13 21 11 (24 hours)
www.facs.nsw.gov.au

24-hour helpline that covers young people at risk including those in the care of the Director General. Staff members take and refer reports relating to child protection issues so that appropriate action may be taken.

Other contact details:
Children's Services Team
(ph) 02 8303 7688

Domestic Violence Counselling Line:
1800 656 463 (24 hours)

**SDN Brighter Futures Program Central & Eastern Sydney**

141-145 Pitt Street, Redfern 2016
(ph) 9698 3144 or 1300 831 445
(e) sdn@sdn.org.au

Brighter Futures is a voluntary program for families who are expecting a child or have children up to and including nine years of age, and who are facing problems that are affecting their ability to care for their children.

The program provides families with the necessary support and services to help prevent an escalation of the problems they are facing.
### Early Childhood Intervention Services & Support

#### Services for Children with Additional Needs

**Early Childhood Intervention Infoline**  
(ph) 1300 656 865 or 1300 130 052  

Early Childhood Intervention provides a range of services designed to assist parents of young children (generally 0-6 years) with developmental concerns or delays, or diagnosed disabilities. Services include medical assistance, therapy, education and allied health (physiotherapists, speech pathologists, occupational therapists, social workers, doctors and psychologists). Early intervention services can be offered in clinics, via home visits, through groups and in early childhood settings.

**Autism Spectrum Australia**  
Building 1, Level 2, 14 Aquatic Drive, Frenchs Forest 2086  
(ph) 02 8977 8377 (9.00am – 5.00pm)  
If you are in crisis, please contact your local hospital, emergency or **Life Line on 13 11 14.**  
[www.autismspectrum.org.au](http://www.autismspectrum.org.au)  

Provides services and training on Autism Spectrum Disorders. Includes Autism Information Line, Centre for Autism Learning, early intervention services, assessment, school outreach services, employment opportunities and community options for adults.

**Bondi Rainbow Club**  
[https://www.myrainbowclub.org.au/](https://www.myrainbowclub.org.au/)  

Helping children with a disability learn to swim. Classes held at Wairoa School on Saturday afternoons. Please register online.

**Cystic Fibrosis New South Wales**  
(ph) 8732 5700  
Free call: 1800 650 614  
[https://cfcc.org.au](https://cfcc.org.au)  
(e) reception@cfcc.org.au  

Provides services to people & families with children with CF. Information for professionals and the public on research, education, advice and support.

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**Down Syndrome NSW**  
Level 6, 410 Church Street North Parramatta, NSW, 2151  
(ph) 9841 4444 (Sydney Metro)  
(ph) 1800 811 629 (Outside Sydney Metro)  
[www.downsyndromensw.org.au](http://www.downsyndromensw.org.au)  
(e) admin@dsansw.org.au  

Parent support association encouraging people with down syndrome to take their place in the community and raise community understanding.

**Epilepsy Action Australia**  
1/1 Lucknow Road, North Ryde NSW 2113  
(ph) 1300 374 537  
[www.epilepsy.org.au](http://www.epilepsy.org.au)  
(e) epilepsy@epilepsy.org.au  

Provides range of support services for people with epilepsy and their families. Epilepsy educators help people adjust to living with epilepsy and offers guidance & information to the community.

**Family Assistance Office**  
(ph) 13 61 50 (Mon – Fri: 8.00am – 8.00pm)  

Helps families with the cost of raising children, through family assistance payments. Eligibility may include the following payments: Family Tax Benefit A (helps families with the cost of raising children), Family Tax Benefit Part B (gives help to families with one main income) and Child Care Benefit (helps families with the cost of child care).

**Lifestart Eastern Sydney**  
(ph) 1800 953 390  
[www.lifestart.org.au](http://www.lifestart.org.au)  
(e) info@lifestart.org.au  

Provides services to families who have a child with an intellectual disability or delay in development. Families have access to the services & skills of special educators, speech pathologists, physiotherapists & occupational therapists, as well as specialists in behaviour & program development.
Muscular Dystrophy Association of NSW
80 Betty Cuthbert Dr, Lidcombe NSW 2141
Free call: 1800 635 109
(ph) 9888 5711
www.mdnsw.org
(e) info@mdnsw.org.au

Support and information for families affected by neuromuscular disorders. Includes support networks, events, seminars, workshops and a quarterly newsletter. May also assist with funding of equipment for members.

Northcott Society
The Northcott Building, 1 Fennell St, North Parramatta 2151
(ph) 1300 925 754
www.northcott.com.au

Provides a range of services to people with disabilities. Includes early childhood support, individual & family support, respite, recreation, post school options, community living, information, rural services, equipment, technology and computer assessments.

Royal Institute for Deaf & Blind Children
361-365 North Rocks Rd, North Rocks 2151
(ph) 9871 1233
www.ridbc.org.au
(e) info@ridbc.org.au

Provides early intervention, pre-school and school-aged educational programmes for children with hearing and/or vision impairment. Services include centre-based and home-based programs, an audiology clinic and a research and professional training centre.

RIDBC Matilda Rose Centre
125 Birrell St, Waverley 2024
(ph) 9369 1423
(f) 9872 0335
(e) info@ridbc.org.au

Provides an environment where hearing impaired children, including those with additional needs, and their families, receive specialised, integrated and intensive programs to optimise listening, relating and communicating. The Centre is staffed by an experienced transdisciplinary team including special educators, speech and language pathologists, audiologists, occupational therapists and physiotherapists.

Cerebral Palsy Alliance
187 Allambie Rd, Allambie Heights 2100
(ph) 1300 888 378 or 9975 8000
(f) 9451 6731
www.cerebralpalsy.org.au
(e) ask@cerebralpalsy.org.au

Cerebral Palsy Alliance offers best practice early childhood and school based programs to children living with a range of physical, sensory, intellectual and behavioural disabilities. The highly skilled team includes speech pathologists, occupational therapists, physiotherapists, psychologists, exercise physiologists, early educators, social workers, and therapy support staff. Our specialist team is dedicated to helping children with a range of supports.

Spina Bifida Group of NSW
1 Fennell St, North Parramatta 2151
(ph) 1800 818 286 or 9890 0990
www.northcott.com.au

Aims to assist parents and others who care for spina bifida children to understand and cope with the many problems they face.

Cerebral Palsy and Movement Disorders at Rehab2Kids
Rehab2Kids, Level 2, Ainsworth Wing
Sydney Children’s Hospital
High St, Randwick 2031
(ph) 9382 1685 (appointments)
(e) SCHN-SCHCPService@health.nsw.gov.au

Provides a consultative multidisciplinary assessment in the management of movement disorders in cerebral palsy. Referrals by GP.

Tumbatin Developmental Clinic
Child development services (Tumbatin Clinic) at Sydney Children’s Hospital, Randwick
CNR Avoca St and Barker St, Randwick 2031
(ph) 9382 8189/8191
(f) 9382 8188
(e) SCHN-SCH-InfoTumbatin@health.nsw.gov.au

Diagnosis and assessment of children with suspected developmental delay or a known disability. GP Referral to Tumbatin is necessary.
Vision Australia
134 William St, Potts Point NSW 2011
(ph) 1300 847 466 or 13 32 40
www.visionaustralia.org
(e) info@visionaustralia.org

Provides a range of services for children and adults who are blind or vision impaired. Includes counselling, employment support, computer training, a talking book library and newspaper service. Also provides low vision aids and strategies for managing everyday activities and retaining independence.

Bondi Beach Cottage Family Support and Occasional Childcare Centre
42 Brighton Boulevard, Bondi Beach 2026
(ph) 9365 1607
www.bondibeachcottage.org.au
(e) admin@bondibeachcottage.org.au

Provides counselling and referral. Holds social and group activities during the year. Occasional child care for 0 - 5 year olds. Bookings essential. Groups available for women, social activities, parent & baby support, and domestic violence support. Support is offered for parenting, legal matters, housing and cross-cultural issues.

South Eastern and Northern Sydney Family Referral Service
(ph) 1800 066 757
(e) sensfamilyreferral@barnardos.org.au

Helps families link with a wide variety of services including: Mental Health, Alcohol and Other Drugs, Domestic Violence, Counselling, Housing and Accommodation, Budgeting, Playgroups, Education, Disability, Respite, Parenting, Youth Support, Education and Employment.

Carers NSW
(ph) 1800 242 636 (9.00am – 5.00pm)
For carers wanting emergency respite call 1800 052 222
After hours service call Lifeline 13 11 14
www.carersnsw.asn.au

Carers NSW is an association for relatives and friends caring for people with a disability, mental illness, drug or alcohol dependency, chronic condition, terminal illness or who are frail.

Eastern Respite and Recreation
Suite 602, Level 6,
806-812 Anzac Parade, Maroubra 2035
(ph) 8347 7000 (Mon - Fri: 9.00am – 5.00 pm)

Provides range of recreation, respite & skills development programs to assist people with disabilities and their primary carers. Services include in-home respite, one-to-one support to access community facilities, group activities, peer support, carer support program, evening, weekend and school holiday programs.
Department of Family and Community Services
83 Clarence St, Sydney NSW 2000
(ph) 02 9377 6000 or 13 21 11

Experienced workers are available at the Department of Community Services to assist families having difficulties with children or experiencing domestic violence. Information, support and referral available to community. Support services available for children and families.

Other contact details
Child Abuse Reporting Line: 13 21 11
Children’s Services Team: 8303 7622
Domestic Violence Counselling Line: 1800 656 463 (24 hours)

Holdsworth Community
64 Holdsworth St, Woollahra NSW 2025
(ph) 9302 3600
(Mon – Fri: 09.00am – 5.00pm)
www.holdsworth.org.au
(e) info@holdsworth.org.au

Provides a range of services to families with young children with the aim of assisting them to deal effectively with the daily demands of parenting. We seek to promote effective parenting skills through building on strengths and social supports.

Jewish Care Family Services
3 Saber Street, Woollahra 2025
(ph) 1300 133 660 / 8305 8021 (A/H)
www.jewishcare.com.au
(e) firstcall@jewishcare.com.au

Social welfare for the Jewish Community offering counselling and support. Russian speaking workers available. Offers group programs for people with intellectual and psychiatric disabilities and employee facilities for people with an intellectual disability.

Kids Helpline
(ph) 1800 551 800 (24 hours)
www.kidshelpline.com.au
(e) counsellor@kidshelpline.com.au

Australia’s only free, private and confidential, telephone and online counselling service specifically for young people aged between 5 and 25. Any time. Any reason.

Parentline
(ph) 1300 1300 52

Parent Line is a telephone counselling, information and referral service for parents of children aged 0 to 18 years who live in NSW.

Lifeline
(ph) 13 11 14 (24 hours)
www.lifeline.org.au

A national charity providing all Australians experiencing a personal crisis with access to 24 hour crisis support and suicide prevention services. You can call Lifeline’s 24 hour crisis line about Suicidal thoughts or attempts, Personal crisis, Anxiety, Depression, Loneliness, Abuse and trauma, Stresses from work, family or society and for Self-help information for friends and family.

Mensline
(ph) 1300 789 978
www.mensline.org.au

MensLine Australia is a professional telephone and online support, information and referral service, helping men to deal with relationship problems in a practical and effective way.

Post Adoption Resource Centre
(ph) 9504 6788
www.benevolent.org.au
(e) parc@benevolent.org.au

Provides telephone and face to face counselling including information and support for adults affected by adoption.

SDN Brighter Futures
(ph) 1300 831 445
www.sdn.org.au
(e) sdn@sdn.org.au

Not for profit organisation that offers early childhood education and childcare, children’s therapy and family support services.

SIDS and Kids NSW
(ph) 02 85858700 or 1300 308 307 (24 hours)
www.sidsandkids.org
NSW Information:
www.sidsandkids.org/offices/new-south-wales/contact-us/
(e) sydney@sidsandkids.org

Provides support to families who experience the death of a baby or child during conception up to 6 years of age.
Information available about sleeping babies safely, sudden unexpected infant death (SUDI/SIDS) and care of bereaved families.

Safe Sleeping and Bereavement resources available on the web site.

**South East Sydney Commonwealth Respite and Carelink Centre**
Level 4 and 5/7-11 The Avenue, Hurstville NSW 2220
(ph) 1800 052 222 / 1800 917 139
www.benevolent.org.au

Provides short-term planned and emergency respite for carers living in South Eastern Sydney, including specialist respite for carers of people with dementia, older people, and people with disabilities. They support carers, including young people caring for a parent or relative, and ageing parent carers. They also provide centre-based day care for older people in the St George area. To also help support carers, they hold many Carer’s Events throughout the year such as Carer Retreats, Family Fun Day and Dementia Carer’s Workshops.

**Vincentian House**
(ph) 02 8093 6799
(e) Vincentian.House@vinnies.org.au

Vincentian House is a crisis accommodation, case management and outreach Support Service for families and women. They specialise in supporting families, women, children through a dedicated team of support workers and partnerships with visiting clinicians and specialised services. Their crisis service is staffed 24 hours a day, 7 days a week. Vincentian House welcomes families who are experiencing homelessness or are at immediate risk of homelessness.

**Child & Family East (Randwick) Cafe**
265 Avoca St, Randwick NSW 2031
(ph) 9382 8213
Mon – Fri: 8:30am – 5:00pm

Combined children's and adolescent clinic. Assessment and help with emotional and behavioural difficulties as well as assessment of children with learning difficulties.

**Family Court of Australia**
97-99 Goulburn St, Sydney 2000
(ph) 1300 352 000
www.familycourt.gov.au
(e) enquiries@familylawcourts.gov.au

Set up under the Family Law Act to deal with problems relating to the breakdown of a marriage/family and financial cases.

**Relationships Australia Sydney City Centre**
7/10 Barrack St, Sydney NSW 2000
(ph) 1300 364 277
(Mon – Sat: 09.00am – 5.00pm)
www.relationships.org.au

Provides individual, couple or family counselling. Groups are offered for separated people, couples with communication problems, children of separated or divorced parents & family violence prevention.

### Domestic Violence Support

If you, or another adult or child, are in immediate danger call 000.

**Bondi Beach Cottage Family Support and Occasional Childcare Centre**
42 Brighton Bvd, Bondi Beach 2026
(ph) 9365 1607
(f) 9365 1366
www.bondibeachcottage.org.au
(e) admin@bondibeachcottage.org.au

Counselling services to those affected by domestic violence, depression, anxiety and a variety of issues.

**Jewish Care**
3 Saber St Woollahra Cnr Newland St
(ph) 1300 133 660 / 02 9302 8000
(e) firstcall@jewishcare.com.au

The Jewish Care Domestic Violence program assists women and children in domestic violence situations, generally by the provision of casework and counselling by professional social workers.

**Victims Access Line (VAL)**
The Victims Access Line or VAL is the single entry point for victims of crime in NSW to access services.

Victims Access Line: 1800 633 063
Aboriginal Contact Line: 1800 019 123
Business hours: 9am – 5pm, Monday to Friday (excluding public holidays)
NSW Domestic Violence
NSW Domestic Violence Crisis Line
(ph) 1800 656 463 (24 hours) or 02 9698 9777
https://www.dvnsw.org.au/about/contact/

Provides crisis counselling, referral and information on women’s refuge accommodation.

Eastern Sydney Staying Home Leaving Violence
PO Box 6322, Alexandria
(ph) 0439 414 673 or 8374 4000

Support women who want to stay in their own who (or a home of their choice) and leave domestic violence.

The Deli Women & Children’s Centre
72 Maloney St, Eastlakes 2018
(ph) 9667 4664
www.thedeli.org.au

The Deli offers domestic violence counselling, supported playgroups, education family support, advocacy, referrals and groups for women and children.

NSW Health Sexual Assault Services
St George Hospital
Social Work Department
Gray Street, Kogarah 2217
(ph) (02) 9113 2494

NSW Health Sexual Assault Services

The Junction Neighbourhood Centre (JNC)
JNC Bondi Junction,
Shop 4/1 Spring St, Bondi Junction
NSW 2022
(ph) 02 9387 2885
www.jnc.org.au

JNCs provide one-to-one casework for families with children under 12. JNCs are located in Maroubra, Randwick and Bondi.

Waverley Police Domestic Violence Liaison Officer
Waverley Police Station
153 Bronte Rd, Waverley 2024
(ph) 9369 9899

USEFUL NUMBERS
Women’s Domestic Violence Court Advocacy Service 1800 938 227
Jewish House Crisis Line (Bondi) 9386 0770
NSW Domestic Violence Crisis Line Women’s 1800 656 463
Women’s Community Shelters 0432 630 359
1800RESPECT 1800 737 732

Pregnancy and Childbirth

Antenatal education for expectant parents is encouraged to access sessions from the hospital in which they are birthing.


Australian Breastfeeding Association
4 McCullen Ave, Castle Hill NSW 2154
(ph) 02 8853 4900 or 02 9680 2797
www.breastfeeding.asn.au
(e) actnswoffice@breastfeeding.asn.au

Provides mothers with practical mother-to-mother support and information, enabling them to establish and continue breastfeeding.

Birthing Rites Australia
9 Ebley Street, Bondi Junction 2022
(ph) 0408 657 311
www.birthingrites.com
(e) birthingrites@zipworld.com.au

Offers pre and post-natal classes.

MotherSafe
Royal Hospital for Women, Barker St, Randwick 2031
(ph) 9382 6539

Free comprehensive counselling service for women concerned about exposure to medication, street drugs, infections, radiation and occupational exposures during pregnancy and lactation.

Royal Hospital for Women
Prince of Wales Hospital, Barker St, Randwick (ph) 9382 6111

Comprehensive range of women’s health services including gynaecological, obstetric & fertility, parent craft lectures, lactation clinic, physiotherapy & counselling services and an outpatient clinic.
Baby Capsule Hire

Baby Things Child Restraint Fitting Station and Store
East Village Shopping Centre, shop 63, Level 1, 4 Defries Ave, Zetland NSW 2017
(ph) 02 9663 2320

Sydney Baby Hire | Baby & Child Restraint Fitting Station
241 Princes Hwy, St Peters NSW 2044
(ph) 02 9550 2888

Equipment rental agency in St Peters, Australia

Paul Stewart Automotive
120 Birriga Rd, Bellevue Hill 2023
(ph) 9365 6609

Authorised child restraint fitting station, specialising in the installation of baby capsules, baby seats and booster seats in all cars, vans, mini buses.

Tresillian Family Care Centres
(ph) 9787 0800 / 1300 272 736
https://www.tresillian.org.au/

Each year Tresillian assists close to 80,000 families with young children across New South Wales. They pride themselves on offering a caring and personalised service to parents in the early years as they help them gain confidence in their own parenting abilities.

Karitane Family Care Cottage
146 Avoca St, Randwick 2031
(ph) 9399 6999
www.karitane.com.au

Day service providing support and education for families with children aged 0–5 years. Caters for families with special needs. Programs include: post-natal depression, sleep & settling education, emotional & psychological difficulties, toddler & sibling management and lactation.

Health Services

Community Health Centres

These are multi-disciplinary teams which provide a range of services for individuals and families. For children services can include assessment and treatment of speech disorders, assessment and treatment of emotional and behavioural difficulties, and physical screening and referrals.

Child & Family East
Sydney Children's Community Health Centre
265 Avoca St, Randwick 2031
(ph) 9382 8213

Provides assessment and treatment of emotional/behavioural difficulties and speech and language problems mainly for children in the Randwick and Botany Local Government areas. Appointments via the Intake Officer.

Early Childhood Health Centres

Advice on mothercraft, nutrition, immunisation, hygiene and feeding. Health checks for growth, hearing and development. Comfort and counselling for mothers. Suitable for mothers with children 0 – 4 years.

Bondi Beach Early Childhood Centre
Cnr Wairoa Ave & Brighton Blvd
Bondi Beach, 2026
(ph) 9130 2838

Waverley Early Childhood Health Centre
25 Ebley St Street, Waverley, 2024
(ph) 9387 1981

Public Health

South Eastern Sydney Public Health Unit
Prince of Wales Hospital
(ph) 9382 8333 or 9540

Provides a public health service to people in the Eastern Suburbs and St George areas. A major role is to provide information and assistance on a variety of public health issues including environmental health, infectious diseases, general safety, vaccination programs and food safety.
Hospitals

Sydney Children’s Hospital
High Street, Randwick 2031
(ph) 9382 1111

Public hospital providing services in paediatric and adolescent medicine and surgery as well as child protection.

Royal Hospital for Women
Prince of Wales Hospital, Barker Street, Randwick 2031
(ph) 9382 6111

Public hospital with private beds and specialist clinics for gynaecological/obstetric health services.

Prince of Wales Hospital
Cnr Barker & High Street, Randwick 2031
(ph) 9382 2222

St Vincent’s Public Hospital
390 Victoria Street, Darlinghurst 2010
(ph) 8382 1111
www.stvincents.com.au

Immunisation

Sydney Children’s Hospital
Immunisation Clinic
High Street Randwick, 2031
(ph) 9382 1470

Refer to website for more information.

Information and Resources Services

Gowrie Children’s Services – Child & Family InfoLine
(ph) 8571 9783 or 1800 803 820
https://gowriensw.com.au
(e) info@gowriensw.com.au

A free service assisting families to make informed decisions about child care and related family issues. Trained staff provides information about a range of children's services including Long Day Care centres, Vacation Care, Out of School Hours Care and children with special needs.

Dads in Distress (DIDs)
(ph) 1300 853 437
(Mon – Fri: 9.00am – 5.00pm)
www.dadsindistress.asn.au
(e) didsadmin@bigpond.com

Telephone counselling, DIDs, by its very name is focused mainly on supporting men through separation from their partner and/or children, however they also have the health, safety and well-being of ALL the family uppermost in our mind.

The Junction Neighbourhood Centre (JNC)
JNC Bondi Junction,
Shop 4/1 Spring St, Bondi Junction NSW 2022
(ph) 9387 2885
www.jnc.org.au

JNC has group activities, community information & referral, a neighbour aid service and other related activities. Groups include English conversation & creative arts. Tenancy advice and a list of local boarding houses are available. Practical assistance is provided for unemployed. Volunteers undertake a wide range of jobs within the Centre and through the neighbour aid service. Social support programs for older people.
Library Services

Waverley Library
32-48 Denison Street, Bondi Junction 2022
(ph) 9083 8777
www.waverley.nsw.gov.au
(e) library_enquiries@waverley.nsw.gov.au

Provides a database of community information, including information on cultural and sporting activities, leisure and child care services.

Waverley Library
The Ron Lander Centre
32-48 Denison Street, Bondi Junction 2022

Hours of Adult Lending Library
Monday to Friday: 9.30am – 9pm
Saturday: 9.30am – 3pm
Sunday: 1.00pm – 5pm

Children's Library
(Waverley Library)
(ph) 9083 8722

Hours:
Monday to Friday: 9.30am – 9pm
Saturday: 9.30am – 3pm
Sunday: 1.00pm – 5pm

Weekly activities for 0-2 year old’s and 3-5 year old’s. Special activities for all ages during school holidays. A wide range of picture books, junior fiction and non-fiction, DVDs audiobooks and information on reading to children and teaching them to read.
Refer to website to see programs.

Bondi Toy Library
65 Wairoa Ave, Bondi Beach NSW 2026
(ph) 9300 0087
Hours: Tuesday, Thursday & Saturday:
9:00am – 1:00pm
(e) bonditoylibinc@optus.net.com.au
Facebook: facebook.com/bonditoylib

Government Departments

NSW Department of Communities and Justice
Child protection Helpline:
(ph) 132 111
(24 hours/7days)

The Communities and Justice (DCJ) cluster works with children, adults, families and communities to improve lives and help people realise their potential. They are responsible for protecting children and young people from risk of significant harm.

NSW Department of Communities and Justice - Housing
(ph) 1800 422 322

Provides public housing with a range of assistance to eligible applicants and tenants including advice and referral on housing options, emergency housing and bond assistance for those whose needs cannot be met by the private rental market.

Australian Government Department of Human Services
(ph) 136 150

Information for contacting Centrelink, Medicare or Child Support, and the Department of Human Services:

Phone during business hours for information about payments and services for Medicare, Centrelink or Child Support.


NSW Department of Communities and Justice
Crisis numbers and helplines:
https://www.facs.nsw.gov.au/about/contact/helplines
Leisure Activities

Action Kids
Action Studios Alexandria, News Direct Rd, Sydney NSW 2015
(ph): 0418 682 093
actionkids.com/
(e) adele@actionkids.com

Music and movement classes for children 9 months to 4.5 years. Hand/eye co-ordination skills, puppets, balls, beanies, parachute, musical instruments and dancing and singing. Children with special needs welcome. No bookings required. Available during school holidays.

Bondi Pavilion Community Cultural Centre
Queen Elizabeth Drive, Bondi Beach 2026
(ph) 9083 8400
(e) bondipav@waverley.nsw.gov.au

Wide range of classes, exhibitions, concerts, and activities including adult education classes, arts & crafts, physical fitness (adults and children) and school holiday activities. Information on community arts and cultural activities.

Child’s Play
Enquiries: contact Joy – (m) 0412 345 493
(e) childsplay@iprimus.com.au

Child’s Play is a program for pre-school children (1-5 years) involving movement and gymnastic skills. 4 classes are held each Tuesday to Thursday at the PCYC Daceyville, 26a Bunnerong Rd, Daceyville.

Kid’s Play, an extension of Child’s Play, (5-9 yrs) has 3 classes (age specific) starting at 3:45pm. Bookings essential.

Eastern Suburbs Little Athletics
ES. Marks Athletics Field, Moore Park, NSW
(ph) 0417 584 503
(e) eslac1@outlook.com

Operates September to March for boys and girls aged 4 to 17 yrs and provides the opportunity to learn, train and compete in a full range of athletic events. Regular Friday night competitions take place at ES Marks Athletic Field.

Gymbaroo Bondi
Bondi Pavilion Community Cultural Centre
Queen Elizabeth Drive, Bondi Beach 2026
(ph) 0409 659 479
(e) info@gymbaroobondi.com

Enhances motor and social development and assists children to reach their full potential. Classes are held at Bondi Beach in the Seagull Room, 1st floor, Bondi Pavilion. Age appropriate classes: babies from 8 weeks to 5 years old, limited group sizes. Carers and grandparents welcome also. Bookings essential.

International School of Music (ISM), Bondi
1/79-85 Oxford St (ground level)
Bondi Junction NSW 2022
(e) ismbondi@ismaustralia.com
http://www.ismbondi.com.au

Specialise in children's group music classes for ages 2 and above. Group piano/keyboard tuition studying all styles of music from 4 years.

Plaster Master Fun Centre
Shop 1/3/333 Old South Head Rd, North Bondi NSW 2026
(ph) 9130 4855
(e) info@plastermasterfun.com.au

Children’s parties, creative weekend and holiday fun. Group bookings are welcome.

Swimming

Bondi Icebergs Pool
1 Notts Avenue, Bondi 2026
(ph) 9130 4804
www.icebergs.com.au
(e) pool@icebergs.com.au
(e) info@icebergs.com.au

Landmark year-round outdoor adult & kid pools by the sea, with day passes, a sauna & a café.

Bondi Rainbow Club
(e) info@rainbowclubaust.com.au
https://www.myrainbowclub.org.au/

Helping children with a disability learn to swim. Classes held at Wairoa School on Saturday afternoons. Please register online.
Des Renford Leisure Centre  
Cnr Robey Street & Jersey Rd, Maroubra 2035  
(ph) 02 9093 6300  
(e) drlc@randwick.nsw.gov.au  

The Des Renford Leisure Centre (previously known as Des Renford Aquatic Centre) is an award winning gym, fitness and aquatic centre located in Heffron Park, Maroubra.

Maroubra Swimming School  
84 Maroubra Road, Maroubra 2035  
(ph) 9344 5735  
www.maroubraswimmingschool.com.au


NSW Office of Sport  
Sport & Recreation  
(ph) 131 302  
(ph) (02) 8754 7900  
www.sportandrecreation.nsw.gov.au

Swim and Survive program classes cater for children aged 18 months to 12 years for beginners through to endurance classes. Enrol online for upcoming lessons and to search local centres and costs.

Platypus Swimming School  
478 Old South Head Rd, Rose Bay 2029  
(ph) 0411 857 999  
(e) judy@platypusswim.com

Monday to Friday: 8:00 am – 12:30 pm & 2:30 pm – 6:00 pm.  
Saturday: 8:30 am – 12:30 pm

Classes from 16 months to 9 years of age.  
Year round in an indoor heated pool.

USEFUL LINKS  
Kids in the east (online magazine for families who live, work or play in Sydney’s Eastern Suburbs)  
https://issuu.com/kidsintheeast/docs/issue1_update
NOTES
Translating and Interpreting Service (TIS National)

The Translating and Interpreting Service (TIS National) is an interpreting service for people who do not speak English and for agencies and businesses that need to communicate with their non-English speaking clients. The services enable non-English speakers to independently access services and information in Australia.

English
If you need assistance in understanding this information, please contact the Translating and Interpreting Services (TIS) on 131450 and ask them to connect you to Waverley Council’s, Waverley Life, Caring Waverley program on 9083 8999. We will answer your inquiries through the TIS interpreter.

简体中文（Simplified Chinese）
如果您需要协助来了解这些信息，请拨打翻译与传译服务处（TIS）电话131450，并请他们为您接通Waverley市议会Waverley Life的Caring Waverley项目联系电话9083 8999。我们将通过TIS的传译员来回答您的咨询。

Ελληνικά (Greek)
Εάν χρειάζεστε βοήθεια για να καταλάβετε τις παρούσες πληροφορίες, παρακαλούμε επικοινωνήσετε με την Υπηρεσία Διερμηνείας και Μετάφρασης (TIS) στο 131450 και ζητήστε να σας συνδέσουμε με το πρόγραμμα Waverley Life, Caring Waverley του Δήμου Waverley στο 9083 8999. Θα απαντήσουμε στις ερωτήσεις σας μέσω του διερμηνέα της TIS.

Magyar (Hungarian)
Ha szüksége van segítségre, hogy megértse ezt a tájékoztatást, legyen szíves hívja a Fordító és Társulási Szolgálatot a 131450-es számon és kére, hogy kapcsolják össze a Waverley Council, Waverley Life, Caring Waverley programmal a 9083 8999-es számon. Válaszolunk majd az érdeklődésére a támogató kereténél.

Bahasa Indonesia (Indonesian)
Jika Anda membutuhkan bantuan dalam memahami informasi ini, silakan hubungi Jasa Layanan Penerjemahan dan Interpretasi (Translating and Interpreting Services (TIS)) pada nomor 131450 dan mintalah untuk disambungkan dengan Waverley Council’s, Waverley Life, program Caring Waverley pada nomor 90838999. Kami akan menjawab pertanyaan Anda melalui penerjemah TIS.

Italiano (Italian)
Se necessitate di assistenza per capire questo plico informativo, contattate il Servizio Traduttori e Interpreti (TIS) al numero 131450 e chiedetegli di passarvi i programma di Waverley Life, Caring Waverley al numero 9083 8999 del Comune di Waverley Council. Risponderemo alle vostre domande tramite l’interprete TIS.

日本語 (Japanese)
この情報を理解するために支援が必要な方は、翻訳通訳サービス（TIS）131450に電話してWaverley CouncilのWaverley Life、Caring Waverleyプログラムにつながってください（電話：9083 8999）。TIS通訳者を介して質問にお答えします。

한국어 (Korean)
본 정보를 이해하는 데 도움이 필요하신 분은 131450 번 통번역 서비스(TIS)에 전화하여 9083 8999번 웨이벌리 카운슬러 웨이벌리 라이프, 케어링 웨이벌리 프로그램에 연결해달라고 요청하십시오. 그러면 통번역 서비스의 통역사를 통해 질문과 답변을 주고 받을 수 있습니다.

Polski (Polish)
Jeśli potrzebujesz pomocy w zrozumieniu tej informacji, prosimy zadzwonić do Telefonicznej Służby Tłumaczy (TIS) pod numer 131 450 i poprosić o połączenie z programem Caring Waverley, Waverley Life, Waverley Council, pod numerem 9083 8999. Odpowiadamy wówczas na Twoje pytania przez tłumacza TIS.

Русский (Russian)
Если Вам требуется помощь с пониманием предоставленной информации, пожалуйста, обратитесь в Службу письменных и устных переводчиков (TIS) по телефону 131450 и попросите соединить Вас с программой Caring Waverley, Waverley Life при районном совете Waverley по телефону 9083 8999. Мы ответим на Ваши вопросы через переводчика Службы TIS.

Español (Spanish)
Si necesita ayuda para comprender esta información, póngase en contacto con el Servicio de Traducción e Interpretación (Translating and Interpreting Services - TIS) en el 131450 y pídale que lo conecten con el programa “Caring Waverley”, “Waverley Life” de la Municipalidad de Waverley, en el 9083 8999. Responderemos a sus inquietudes por medio del intérprete del TIS.
Français (French)
Si vous avez besoin d’aide pour comprendre ces informations, veuillez contacter le service de traduction et d'interprétation (TIS) au 131450. Demandez-leur de vous connecter aux programmes communautaires du conseil de Waverley au 9083 8999. Nous répondrons à vos questions via l'interprèteur TIS.

עברית (Hebrew)
אם אתה需ক שִׁכְוָה בְּחַבָּנָה מִידָן זה, אני בורר בבר科学院 התיישנות בלינפרט (TIS) בכתובת 131450. בקש מהלxbֶּר (TIS) ונתן ל.Tests קהלת פאaltı בבר科学院 בבר科学院 9083 8999. אנו נמצאים על爱你 חלום בהגא되기יהו של המדריך TIS.

Português (Portuguese)
Se precisar de ajuda para entender essas informações, entre em contato com o Serviço de Tradução e Interpretação (TIS) em 131450. Peça a eles para conectá-lo aos Programas da Comunidade Weberly Council em 9083 8999. Responderemos às suas perguntas através de um intérprete do TIS.

Pilipino (Filipino)
Kung kailangan mo ng tulong na maunawaan ang impormasyong ito, makipag-ugnay sa Translation and Interpretation Service (TIS) sa 131450. Hilingin sa kanila na ikonekta ka sa Weberly Council Community Programs sa 9083 8999. Sasagutin namin ang iyong mga katanungan sa pamamagitan ng isang tagasalin ng TIS.