

# Emergency Numbers

<b>Ambulance, Police, Fire</b>	<ul style="list-style-type: none"> <li>Free call – emergencies only</li> </ul>	☎ Dial 000 (triple zero)
<b>Breastfeeding Help Line</b>	<ul style="list-style-type: none"> <li>Counselling (formerly Nursing Mothers Association)</li> </ul>	☎ Toll Free – 1800 686 268
<b>Child Protection</b>	<ul style="list-style-type: none"> <li>Child Protection Helpline (Community Services)</li> <li>Child Abuse Prevention Service (CAPS)</li> </ul>	☎ 132 111 (7 days 24 hrs) ☎ 02 8080 4600 ☎ 132 111 to report suspected abuse
<b>Chemist</b>	<ul style="list-style-type: none"> <li>After Hours Emergency Information (Pharmacy Guild)</li> </ul>	☎ 1300 882 294 (7 days 24 hrs) ☎ 9467 7100 (Mon – Fri 9.00am to 5.00pm)
<b>SIDS</b>	<ul style="list-style-type: none"> <li>Red Nose (Sudden Infant Death Syndrome Association of NSW)</li> </ul>	☎ 1300 308 307 (7 days 24 hrs)
<b>Dental</b>	<ul style="list-style-type: none"> <li>Australian Dental Association NSW</li> <li>SESLHD Public Dental Service (Mon-Fri 8:15am to 4:00pm)</li> </ul>	☎ 02 8436 9900 ☎ 1300 134 226
<b>Domestic Violence</b>	<ul style="list-style-type: none"> <li>Domestic Violence Advocacy Service (Mon – Fri 9.30am to 12.30pm to 4.30pm)</li> <li>NSW Domestic Violence Counselling Line (Provides access to safe accommodation &amp; advice)</li> <li>1800Respect (Sexual assault, domestic family violence counselling service)</li> </ul>	☎ 1800 810 784  ☎ Toll Free - 1800 656 463 (7 days 24 hrs)  ☎ 1800 737 732
<b>Hospitals</b>	<ul style="list-style-type: none"> <li>Sydney Children's Hospital, Randwick</li> <li>Royal Hospital for Women, Randwick</li> </ul>	☎ 9382 1111 ☎ 9382 6111
<b>Interpreting Service</b>	<ul style="list-style-type: none"> <li>Telephone Translating &amp; Interpreter Service</li> </ul>	☎ 131 450 (7 days 24 hrs) ☎ 1300 575 847
<b>Lifeline</b>	<ul style="list-style-type: none"> <li>Counselling</li> <li>Suicide call back service (free counselling 24/7)</li> </ul>	☎ 131 114 (24 hrs) ☎ 1300 659 467
<b>Poisons Information</b>		☎ 131 126 (24 hrs)
<b>Police</b>	<ul style="list-style-type: none"> <li>Bondi Police</li> <li>Rose Bay Police</li> <li>Waverley Police</li> </ul>	☎ 9365 9699 ☎ 9362 6399 ☎ 9369 9899
<b>Pregnancy, Birth &amp; Baby Helpline</b>		☎ 1800 882 436
<b>Rape Crisis Centre</b>	<ul style="list-style-type: none"> <li>Counselling service</li> </ul>	☎ 1800 424 017 (24 hrs)
<b>Refuges</b>	<ul style="list-style-type: none"> <li>Link2home (Emergency housing)</li> <li>Homelessness NSW</li> </ul>	☎ 1800 152 152 (24 hrs) ☎ 02 8354 7600

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# Introduction

This directory describes the range of services available in the Waverley area for children aged 0 to 5 and their families. Services located at various metropolitan locations have been included where they meet a particular need not catered for in the local area.

The information has been revised and updated by Community Programs staff at Waverley Council.

Every effort has been made to provide accurate and up-to-date information. We welcome any advice on errors, omissions or changes. Please email to [adminmillhill@waverley.nsw.gov.au](mailto:adminmillhill@waverley.nsw.gov.au)

**For the most up-to-date information please contact the listed services directly.**

Copies of this directory and advice on services for children, youth, older people and community services generally can be obtained from:

Waverley Council – Mill Hill Community Centre  
31-33 Spring Street  
Bondi Junction, 2022  
Ph: 9083 8936

## Child Care Services

### Child Care Subsidy Information

#### Child Care Subsidy (CCS)

As of July 2018, the Australian Government introduced a new child care fee assistance package, which will include a payment known as the Child Care Subsidy (CCS).

The CCS will be paid directly to your child care service, fortnightly based on the attendance records submitted. You will pay any difference between the actual fee you are charged and the CCS that is paid on your behalf.

Your CCS will be based on your estimated combined annual family income.

It is important that you review your income and keep your details accurate and up to date through your Centrelink online account or through MyGov. This will ensure that you receive the correct CCS percentage.

You will receive a fortnightly statement of how much care you have received and how much subsidy has been paid on your behalf. This information can also be accessed through your MyGov account.

The factors that will determine a family's level of Child Care Subsidy are:

- 3 Step Activity Test
- Combined Family Income
- Service Type

For further information please go to the Australian Government Department of Human Services [www.humanservices.gov.au](http://www.humanservices.gov.au)

#### My Child

[www.mychild.gov.au](http://www.mychild.gov.au)

(ph) 1800 670 305

The mychild.gov.au website is Australia's online child care portal. On this website you will find information on different types of child care and how to get assistance with the cost of child care. You can also search a database to find child care centres in your local area. In many cases, you will also be able to find the services' vacancy and fee information.

The site also has information and links to other useful websites about children's health and wellbeing, parenting and family support services.

### Long Day Care Centres

Long day care services provide care and educational programs in the early years of a child's life (from 0 to 5 years). Services provide all day or part-time care and education for children of working families and the general community. They open at least 8 hours per day, 49 weeks per year. Private operators, local Councils, community organisations, employers or non - profit organisations may operate these services.

Services are operated according to the Education and Care Services National Regulations 2011 that is under the Education and Care Services National Law Act 2010. These Regulations determine a set of minimum standards in relation to how the services should be run. These include for example, child numbers and staffing, safety of children and educational programs, aspects of the building and the keeping of records. The new National Quality Framework is underpinned by the National Law and National Regulations. Together they set new National Quality Standards for long day care services in all states and territories that require a whole range of practices relating to all aspects of the centres' operations to ensure a very high standard of care for children.

Fewer centres care for 0 - 2 year olds and it may be difficult to find a place for children under 3. Parents are always advised to put their child's name on a number of waiting lists as early as possible. Family Day Care may be a suitable option for children under 3.

**Long Day Care Centres  
Community Based or Not for Profit**

**Waverley Council** operates four community based long day care centres:

**Bronte Early Education Centre**

42 St Thomas Street, Bronte 2024

(ph) 9083 8810

(e) [bronteeec@waverley.nsw.gov.au](mailto:bronteeec@waverley.nsw.gov.au)

Monday to Friday: 8.00am – 6.00pm

(For children 2-5 years)

Also offers a small number of pre-school places (8.30am – 4.30pm) at a lower fee for children with additional needs.

**Gardiner Early Education Centre**

6 Gardiner Street, Bondi Junction 2022

(ph) 9387 1252

(e) [gardineereec@waverley.nsw.gov.au](mailto:gardineereec@waverley.nsw.gov.au)

Monday to Friday: 8.00am – 6.00pm

(For children aged 6 weeks – 5 years)

**Mill Hill Early Education Centre**

25 Ebley Street, Bondi Junction 2022

(ph) 9083 8902

(e) [mheec@waverley.nsw.gov.au](mailto:mheec@waverley.nsw.gov.au)

Monday to Friday: 8.00am – 6.00pm

(For children aged 6 months – 5 years)

**Waverley Early Education Centre**

Clementson Park, Newland

Street, Bondi Junction 2022

(ph) 9386 9200

(e) [waverleyc@waverley.nsw.gov.au](mailto:waverleyc@waverley.nsw.gov.au)

Monday to Friday: 7.45am – 5.45pm

(For children aged 6 weeks – 5 years)

**Fees for Council Child Care Centres**

0 month - 2 years ..... \$ 122.00/day

2 – 5 years ..... \$ 116.00/day

See also Council's website at:

[http://www.waverley.nsw.gov.au/community/children\\_youth\\_and\\_family\\_support/Children\\_and\\_families/long\\_day\\_care](http://www.waverley.nsw.gov.au/community/children_youth_and_family_support/Children_and_families/long_day_care)

**Iluka Uniting Early Learning Centre**

73-75 Roscoe Street, Bondi Beach 2026

(ph) 1800 864 846

(e) [ask@uniting.org](mailto:ask@uniting.org)

Monday to Friday: 7.30am – 6.00pm

0 month – 2 years ..... \$ 124.00/day

2 – 3 years ..... \$ 115.00/day

3 – 6 years ..... \$ 105.00/day

**Kindamindi Childcare Centre**

1 Illawong Avenue, Bondi 2026

(ph) 9365 6600

(e) [kindimindiccc@optusnet.com.au](mailto:kindimindiccc@optusnet.com.au)

Monday to Friday: 8.00am – 6.00pm

0 – 5 years ..... \$ 95.00/day

**Uniting Early Learning North Bondi**

Cnr Warners Ave & Niblick St,

North Bondi 2026

(ph) 1800 864 846

(e) For current families:

[elnorthbondi@uniting.org](mailto:elnorthbondi@uniting.org)

For general enquires:

[ask@uniting.org](mailto:ask@uniting.org)

Monday to Friday: 8.30am – 4.30pm

3 – 6 years ..... \$ 68.00/day

**St Mary's Child Care Centre**

240 Birrell St, Waverley 2024

(ph) 9389 0853

(f) 9389 0191

(e) [pam@stmaryschildcarecentre.org.au](mailto:pam@stmaryschildcarecentre.org.au)

[rebecca@stmaryschildcarecentre.org.au](mailto:rebecca@stmaryschildcarecentre.org.au)

Monday to Friday: 8.00am - 5.30pm

2 – 5 years ..... \$ 97.00/day

**Long Day Care Centres  
Private**

**Goodstart Early Learning**

• **Goodstart Early Learning South**

Suite 1200, Tower 2, 101 Grafton Street,

Bondi Junction 2022

(ph) 9387 5673

(e) [enrolments@goodstart.org.au](mailto:enrolments@goodstart.org.au)

Monday to Friday: 7.00am – 6.00pm

(For children aged 0 - 5 years)

**Fees for Goodstart Early Learning Centres**

0 – 2 years ..... \$ 145.50/day

2 – 3 years ..... \$ 130.50/day

3 – 5 years ..... \$ 122.50 – \$ 129.00/day

• **Goodstart Early Learning North**

Tower 2, Level 12, 101 Grafton Street,

Bondi Junction 2022

(ph) 9387 3088

(e) [enrolments@goodstart.org.au](mailto:enrolments@goodstart.org.au)

Monday to Friday: 7.00am – 6.00pm

(For children aged 0 – 5 years)

**Fees for Goodstart Early Learning Centres**  
 0 – 2 years..... \$ 145.50/day  
 2 – 3 years.....\$ 130.50/day  
 3 – 5 years.....\$ 129.50/day

• **Goodstart Early Learning West**  
 Shop 6016, Level 6, 520 Oxford Street,  
 Bondi Junction 2022  
 (ph) 9386 0855  
 (e) [enrolments@goodstart.org.au](mailto:enrolments@goodstart.org.au)

Monday to Friday: 7.00am – 6.00pm  
 (For children aged 0 – 5 years)

**Fees for Goodstart Early Learning Centres**  
 0 – 2 years.....\$ 145.50/day  
 2 – 3 years.....\$ 130.50/day  
 3 – 5 years..... \$ 125.00/day

**Bennett Street Child Care Centre**  
 43 Bennett Street, Bondi 2026  
 (ph) 9386 4440  
 (e) [bennettstreet@ozemail.com.au](mailto:bennettstreet@ozemail.com.au)  
 Monday to Friday 8.00am – 5.30pm  
 2 – 5 years ..... \$ 133.00/day

**Bronte Kids Preschool**  
 41A Murray Street, Bronte 2024  
 (ph) 9389 9418  
 (e) [info@brontekids.com.au](mailto:info@brontekids.com.au)  
 Monday to Friday: 7.30am – 6.00pm  
 2 – 5 years ..... \$ 135.00/day

**Castlefield Kindergarten**  
 Cnr Castlefield & Miller Street, Bondi 2026  
 (ph) 9365 3289  
 (e) [castlekindy@gmail.com](mailto:castlekindy@gmail.com)  
 Monday to Friday: 7.30am – 5.30pm  
 3 – 5 years ..... \$ 105.00/day

**Active Kids Group Rose Bay**  
 469 Old South Head Road, Rose Bay 2029  
 (ph) 8362 3000  
 (e) [enrolments@activekidsgroup.com.au](mailto:enrolments@activekidsgroup.com.au)  
 Monday to Friday: 7.00am – 6.00pm  
 0 - 3 years..... \$ 155.00/day  
 3 - 6 years..... \$ 140.00/day

**Yeladim Early Learning Centre**  
 691 Old South Head Road, Vaucluse 2030  
 (ph) 0414 969 434  
 Monday to Friday: 8.00am – 5.30pm  
 3 – 5 years ..... \$ 115.00/day

**Clyde Street Childcare**  
 140 Clyde St, North Bondi NSW 2026  
 (ph) 9300 0015  
 (e) [clyde.street@bigpond.com](mailto:clyde.street@bigpond.com)  
 Monday to Friday: 8.00am – 5.30pm  
 0 – 3 years..... \$ 135.00/day  
 3 – 5 years.....\$ 129.00/day

**HUG-A-BUB Bondi Long Day Care**  
 46 Blair Street, Bondi 2026  
 (ph) 9300 0179 / 0425 845 613  
 (e) [hugabub@bigpond.com](mailto:hugabub@bigpond.com)  
 Monday to Thursday: 8.00am – 5.30pm  
 Fridays (reduced fee): 8.00am – 4.00pm  
 0 – 2 years.....\$ 158/day  
 2 – 3 years.....\$ 142/day  
 3 – 6 years.....\$ 136/day

**Only About Children Rose Bay**  
 70-74 Dover Road, Rose Bay NSW 2029  
 (ph) 138 622  
 (e) [info@oac.edu.au](mailto:info@oac.edu.au)  
 Monday to Friday: 7.00am – 6.00pm  
 0 – 5 years..... please call for fee details

**London Carriage Pre-School**  
 23 Jackaman Street, Bondi 2026  
 (ph) 9387 6757  
 (e) [londoncarriage@optusnet.com.au](mailto:londoncarriage@optusnet.com.au)  
 Monday to Friday: 7.00am – 6.00pm  
 2 – 5 years..... \$ 134.00/day

**Marli Marli Daycare**  
 1 Waiora Avenue, North Bondi 2026  
 (ph) 0412 717 343 / 9130 4677  
[www.marlimarlidaycare.com.au](http://www.marlimarlidaycare.com.au)  
 (e) [marlimarlidaycare@bigpond.com](mailto:marlimarlidaycare@bigpond.com)  
 Monday to Friday: 8.30am – 5.00pm  
 2 – 5 years..... \$ 140.00/day

**Mother Goose Child Care Centre**  
 19 Violet Street, Bronte 2024  
 (ph) 9389 8187  
 Monday to Friday: 7.30am – 6.00pm  
 0 – 2 years..... \$ 160.00/day  
 2 – 3 years.....\$ 150.00/day

**Ocean St Long Day Care Preschool**  
 34A Ocean Street, Bondi 2026  
 (ph) 0490 752 059  
 (e) [oceanstreet.preschool@gmail.com](mailto:oceanstreet.preschool@gmail.com)  
 Monday to Friday: 7.30am – 6.00pm  
 18 months – 5 years ..... \$135.00

**Pre-Schools & Kindergartens  
Community Based or Not for Profit**

**Rochie's Creche**

13-15 Gowrie Avenue, Bondi Junction 2022  
(ph) 9340 1180 / 0452 130 770  
(e) [rochiescreche@gmail.com](mailto:rochiescreche@gmail.com)

Monday to Thursday: 8.00am – 4.30pm  
Friday: 8.00am – 4.00pm  
15 months – 3.5 years ..... \$ 150.00/day

**Wee Care Kindergarten**

7 St Mary's Avenue, Bondi Junction 2022  
(ph) 9389 4993  
(e) [weecare@weecare.com.au](mailto:weecare@weecare.com.au)

Monday to Friday: 8.30am – 4.30pm  
9 months – 5 years ..... \$ 138.00/day

**Wee Care 2 Child Care Centre**

2 St Mary's Avenue, Bondi Junction 2022  
(ph) 9389 8228  
(e) [weecare2@weecare.com.au](mailto:weecare2@weecare.com.au)

Monday to Friday: 8.00am – 5.00pm  
2 – 4 years ..... \$ 138.00/day

**The Grace Child Care Centre**

Clementson Park, Newland  
Street, Bondi Junction 2022  
(ph) 9387 2769  
(e) [thegrace@optusnet.com.au](mailto:thegrace@optusnet.com.au)

Monday to Friday: 7:30am – 6:00pm  
3 months – 6 years ..... \$135.00/day

**NOTE**

Most long day care centres close for approximately 2 – 3 weeks over the Christmas / January period.

Vacation care may be available at some locations for parents who are unable to find alternative care.

For further information, call Waverley Council on 9083 8000

**Pre-Schools & Kindergartens  
Private**

During school terms only. Care for 3-5 year olds is provided on a sessional basis either as a morning or afternoon session or a full day, with some centres offering both. In Waverley,

pre -schools offering a shorter day program are government subsidised. Usually open between 9am & 3pm. Fees are based on a means test.

**Montessori East Primary & Pre School**

8 Wellington Street, Bondi 2026  
(ph) 9130 8313  
(f) 9130 8353  
[www.montessori.nsw.edu.au](http://www.montessori.nsw.edu.au)

(e) [admin@montessori.nsw.edu.au](mailto:admin@montessori.nsw.edu.au)  
3 – 5 years..... 8.30am – 12.00pm  
5 – 12 years.....8.30am – 3.00pm  
Fees not provided call for details

**Kesser Torah College**

Cnr Blake & Napier St, Dover Heights 2030  
(ph) 9301 1111, 9301 1128  
(f) 9301 1199  
(e) [reception@ktc.nsw.edu.au](mailto:reception@ktc.nsw.edu.au)

Monday to Thursday: 8.00am – 5.00pm  
Friday: 7:30am – 3:30pm  
(Fees not provided call for details)

**Mt Zion War Memorial Kindergarten**

30 Bondi Road, Bondi Junction 2022  
(ph) 9387 2658  
(e) [contact@mountzion.nsw.edu.au](mailto:contact@mountzion.nsw.edu.au)

Monday to Thursday: 8.00am – 5.00pm  
Friday: 7.00am – 3.00pm  
0 – 5 years..... (call for fee details)

**Dover Heights Community Preschool**

22 Napier Street, Dover Heights 2030  
(ph) 9371 8843 / 0466 116 251  
[www.doverheightspreschool.com.au](http://www.doverheightspreschool.com.au)  
(e) [admin@doverheightspreschool.com.au](mailto:admin@doverheightspreschool.com.au)

Monday to Friday: 9.00am – 3.00pm  
(additional hours available – contact for details)  
3 years.....\$ 65.00/day  
4 years.....\$ 60.00/day

**Waterford Pre-School**

44 Henrietta Street, Waverley 2024  
(ph) 9389 2094  
(e) [waterfordpreschool@waverley.nsw.edu.au](mailto:waterfordpreschool@waverley.nsw.edu.au)

Monday to Friday: 8.00am – 3.30pm  
(School terms only)  
Cost: .....\$75/day

### **Gan Yeladim Centre**

14 Anglesea Street, Bondi 2026  
(ph) 9369 3617 / 0419 634 899  
(e) [ganyeladim@gmail.com](mailto:ganyeladim@gmail.com)

Monday to Friday: 7.45am – 5.00pm  
0 – 5 years ..... \$ 172.00/day  
Kosher food supplied.

### **Moriah College Pre-School**

115 Glenayr Ave, Bondi 2026  
(ph) 9130 1979  
(f) 9387 3490  
(e) [info@moriah.nsw.edu.au](mailto:info@moriah.nsw.edu.au)

Monday to Friday: 8.30am – 4.30pm  
Fees not provided.

## **Family Day Care**

Family Day Care Services are government licensed services. They operate according to the Education and Care Services National Regulations 2011 that is under the Education and Care Services National Law Act 2010. These regulations determine a set of minimum standards in relation to how the services should be run relating to all aspects of the centres' operations to ensure a very high standard of care for children. Children 0-5 years are cared for in groups of up to 4 children in the Educator's home. Educators are available in a variety of locations. Waverley Council manages a Family Day Care Service through a Co-ordination unit. Educators are registered with Council and the service provides supervision and support through Child care professionals who visit the home regularly. The service also provides play sessions for educators and children. Part time or full time care can be provided as well as before and after school care.

### **Waverley Family Day Care**

32 Ebley Street, Bondi Junction 2022  
(ph) 9083 8785  
[www.waverley.nsw.gov.au](http://www.waverley.nsw.gov.au)  
(e) [familyd@waverley.nsw.gov.au](mailto:familyd@waverley.nsw.gov.au)

Refer to Waverley council website for pricing information.

## **Occasional Care**

Care is provided for short periods of time on an occasional or emergency basis. At some centres this may be limited to a session or a few hours per week. Parents may be able to use this type of care on a regular basis and for whole days. Ideal for shopping, appointments or a respite break.

### **Bondi Beach Cottage Occasional Care**

42 Brighton Boulevard, North Bondi 2026  
(ph) 9365 1607  
[www.bondibeachcottage.com.au](http://www.bondibeachcottage.com.au)  
(e) [admin@bondibeachcottage.org.au](mailto:admin@bondibeachcottage.org.au)

Monday to Friday: 8.30am – 4.30pm  
6 weeks to 5 years ..... Full day \$88  
..... Half day \$50  
Concession rates are available if you are a Centrelink Health card holder.

## **Babysitting**

Bookings essential. Open school holidays.

### **Home Help – Babysitting, Nanny Service and Domestic Help Agency**

(ph) 9221 3644  
(f) 9221 8544

Nannies: Full or part time, live in or live out.  
Babysitters: Casual or regular babysitters (can be available on short notice)  
Domestic Help: Cleaners & Housekeepers  
Carers and companions: Carers can assist with household tasks, feeding pets, shopping, transport requirements. Please note our carers do not hold nursing qualifications.

### **Mothercraft and Nannies**

(ph) 9663 4570  
[www.mothercraft.com.au](http://www.mothercraft.com.au)

Monday to Friday 8.30am – 4.30pm.  
Casual mothercraft nurses, nannies, mothers' helps or babysitters.

### **Nannies and Helpers Pty Ltd**

Main Centre 103/11 Spring Street,  
Chatswood 2067  
(ph) 9410 0725  
[www.nanniesandhelpers.com.au](http://www.nanniesandhelpers.com.au)  
(e) [nannies@nanniesandhelpers.com.au](mailto:nannies@nanniesandhelpers.com.au)

Nannies, mothercraft nurses, babysitters, live in or temporary nannies, event nannies.



## Private Home Based Carers

These carers are licensed by the NSW Department of Education to care for up to 4 children, mostly under-3's, in their own homes. Hours and fees vary. Child Care Benefit (CCB) is **not** available.

### Anne Solomon's Day Care

5 Brassie Street, North Bondi 2026  
(ph) 0414 926 704  
(e) [anne.solomon@live.com.au](mailto:anne.solomon@live.com.au)

Monday to Friday: 8:30am – 4:30 pm  
12 months – 3 years ..... \$150/day

### Di's Day Care

7 Stephen Street, Bondi 2026  
(ph) 9369 1615 / 0404 278 098

### Miri's Creche

107 Brook St, Coogee 2034  
(ph) 0411 743 783  
(e) [info@miriskindy.com.au](mailto:info@miriskindy.com.au)

Monday to Friday: 8.00am – 5.00pm  
0 – 24 months ..... \$158.00/day

### Rina's Place

14 Hewlett Street, Bronte 2024  
(ph) 0425 766 484

## Playgroups

### Playgroup NSW Inc

(ph) 1800 171 882, 9684 9500  
(f) 9684 5613  
<https://www.playgroupnsw.org.au/>  
(e) [admin@playgroupnsw.org.au](mailto:admin@playgroupnsw.org.au)

Two hour sessions each week for parents/ carers and their children aged 0 – 5 years meet and play.

### Rose Bay Playgroup

The Cottage, Rose Bay Golf Club,  
O'Sullivan Road, Rose Bay 2029  
(ph) 9391 7170, 0433 772 842  
[www.rosebayplaygroup.weebly.com](http://www.rosebayplaygroup.weebly.com)

### CMP Playgroup

Level 2, Church in the Market Place,  
400 Oxford St, Bondi Junction 2022  
(ph) 9387 2300  
[www.cmponline.net](http://www.cmponline.net)  
(e) [reception@cmponline.net](mailto:reception@cmponline.net)

### Francis Street Playgroup

Thomas Hogan Reserve, Francis St,  
Bondi 2026  
(ph) 0414 498 559  
(e) [info@bondibeachplaygroups.org.au](mailto:info@bondibeachplaygroups.org.au)

### Bondi North

Hall Early Childhood Centre  
Cnr Brighton Blvde & Wairoa Ave,  
Bondi North 2026  
[www.bondibeachplaygroups.org.au/north-bondi](http://www.bondibeachplaygroups.org.au/north-bondi)  
(e) [info@bondibeachplaygroups.org.au](mailto:info@bondibeachplaygroups.org.au)

### Bondi Yeshiva Tots

Yeshiva Centre  
36 Flood Street, Bondi NSW 2026  
(e) [sfeldman@yeshivacollege.nsw.edu.au](mailto:sfeldman@yeshivacollege.nsw.edu.au)

## Emergency Assistance

**13 11 14** Lifeline

**1800 551 800** Kids Help Line

**1300 659 467** Suicide Call Back Service  
(Professional call back service referral line – seven days a week)

**1300 789 978** Mensline Australia (24 hour professional phone counselling and referral)

**1800 011 046** Veterans Line (after hours professional telephone crisis counselling for veterans and their families)

## Emergency Care

### **Barnardos Sydney Metro Care**

Level 1, 60 - 64 Bay St, Ultimo NSW 2007  
(ph) 9218 2358  
(f) 9211 0188  
(e) [sydneymetro@barnardos.org.au](mailto:sydneymetro@barnardos.org.au)

Aids children and families at risk through Child and Family Services and Temporary Family Care.

## Child Protection Services

### **Child Abuse Prevention Service (CAPS)**

Level 4, 695-699 George Street, Sydney NSW 2000  
(ph) 1800 688 009  
(f) 9716 8159  
<https://www.capsau.org/>  
(e) [hello@capsau.org](mailto:hello@capsau.org)

Provides evidence-based, educational programs that build well-being, emotional resiliency and create the strong family environments needed to ensure that children are safe, supported, and loved.

### **Child Protection Unit**

Level 1, Emergency Wing, Sydney Children's Hospital, High St, Randwick 2031  
(ph) 9382 1412 (Office Hours)  
A/H 9382 1111  
(f) 9382 1410  
<https://www.health.nsw.gov.au/parvan/childprotection/Pages/cp-units.aspx>

Provides 24-hour crisis counselling and medical service, specialist psychosocial and medical assessment, forensic medical assessment, ongoing therapeutic and counselling services for victims of sexual assault and their non-offending family members, medical treatment, advocacy and case management, court support and expert testimony in court, state-wide 24-hour specialist consultation and support to community services and health workers.

### **Department of Family and Community Services**

Child Protection Helpline: 13 21 11 (24 hours)  
[www.facs.nsw.gov.au](http://www.facs.nsw.gov.au)

24-hour helpline that covers young people at risk including those in the care of the Director General. Staff members take and refer reports relating to child protection issues so that appropriate action may be taken.

Other contact details:  
Children's Services Team  
(ph) 02 8303 7688

Domestic Violence Counselling Line:  
1800 656 463 (24 hours)

### **SDN Brighter Futures Program Central & Eastern Sydney**

141-145 Pitt Street, Redfern 2016  
(ph) 9698 3144 or 1300 831 445  
<https://www.sdn.org.au/services/our-centres/sdn-redfern/>  
(e) [sdn@sdn.org.au](mailto:sdn@sdn.org.au)

Brighter Futures is a voluntary program for families who are expecting a child or have children up to and including nine years of age, and who are facing problems that are affecting their ability to care for their children.

The program provides families with the necessary support and services to help prevent an escalation of the problems they are facing.

## Early Childhood Intervention Services & Support

### Services for Children with Additional Needs

#### Early Childhood Intervention Infoline

(ph) 1300 656 865 or 1300 130 052

Early Childhood Intervention provides a range of services designed to assist parents of young children (generally 0-6 years) with developmental concerns or delays, or diagnosed disabilities. Services include medical assistance, therapy, education and allied health (physiotherapists, speech pathologists, occupational therapists, social workers, doctors and psychologists). Early intervention services can be offered in clinics, via home visits, through groups and in early childhood settings.

#### Autism Spectrum Australia

Building 1, Level 2, 14 Aquatic Drive, Frenchs Forest 2086

(ph) 02 8977 8377 (9.00am – 5.00pm)

If you are in crisis, please contact your local hospital, emergency or **Life Line on 13 11 14**.

[www.autismspectrum.org.au](http://www.autismspectrum.org.au)

Provides services and training on Autism Spectrum Disorders. Includes Autism Information Line, Centre for Autism Learning, early intervention services, assessment, school outreach services, employment opportunities and community options for adults.

#### Bondi Rainbow Club

<https://www.myrainbowclub.org.au/>

Helping children with a disability learn to swim. Classes held at Wairoa School on Saturday afternoons. Please register online.

#### Cystic Fibrosis New South Wales

(ph) 8732 5700

Free call: 1800 650 614

<https://cfcc.org.au>

(e) [reception@cfcc.org.au](mailto:reception@cfcc.org.au)

Provides services to people & families with children with CF. Information for professionals and the public on research, education, advice and support.

#### Down Syndrome NSW

Level 6, 410 Church Street North Parramatta, NSW, 2151

(ph) 9841 4444 (Sydney Metro)

(ph) 1800 811 629 (Outside Sydney Metro)

[www.downsyndromensw.org.au](http://www.downsyndromensw.org.au)

(e) [admin@dsansw.org.au](mailto:admin@dsansw.org.au)

Parent support association encouraging people with down syndrome to take their place in the community and raise community understanding.

#### Epilepsy Action Australia

1/1 Lucknow Road, North Ryde NSW 2113

(ph) 1300 374 537

[www.epilepsy.org.au](http://www.epilepsy.org.au)

(e) [epilepsy@epilepsy.org.au](mailto:epilepsy@epilepsy.org.au)

Provides range of support services for people with epilepsy and their families. Epilepsy educators help people adjust to living with epilepsy and offers guidance & information to the community.

#### Family Assistance Office

(ph) 13 61 50 (Mon – Fri: 8.00am – 8.00pm)

[www.humanservices.gov.au](http://www.humanservices.gov.au)

Helps families with the cost of raising children, through family assistance payments. Eligibility may include the following payments: Family Tax Benefit A (helps families with the cost of raising children), Family Tax Benefit Part B (gives help to families with one main income) and Child Care Benefit (helps families with the cost of child care).

#### Lifestart Eastern Sydney

(ph) 1800 953 390

[www.lifestart.org.au](http://www.lifestart.org.au)

(e) [info@lifestart.org.au](mailto:info@lifestart.org.au)

Provides services to families who have a child with an intellectual disability or delay in development. Families have access to the services & skills of special educators, speech pathologists, physiotherapists & occupational therapists, as well as specialists in behaviour & program development.

### **Muscular Dystrophy Association of NSW**

80 Betty Cuthbert Dr, Lidcombe NSW 2141  
Free call: 1800 635 109  
(ph) 9888 5711  
[www.mdnsw.org](http://www.mdnsw.org)  
(e) [info@mdnsw.org.au](mailto:info@mdnsw.org.au)

Support and information for families affected by neuromuscular disorders. Includes support networks, events, seminars, workshops and a quarterly newsletter. May also assist with funding of equipment for members.

### **Northcott Society**

The Northcott Building, 1 Fennell St,  
North Parramatta 2151  
(ph) 1300 925 754  
[www.northcott.com.au](http://www.northcott.com.au)

Provides a range of services to people with disabilities. Includes early childhood support, individual & family support, respite, recreation, post school options, community living, information, rural services, equipment, technology and computer assessments.

### **Royal Institute for Deaf & Blind Children**

361-365 North Rocks Rd, North Rocks 2151  
(ph) 9871 1233  
[www.ridbc.org.au](http://www.ridbc.org.au)  
(e) [info@ridbc.org.au](mailto:info@ridbc.org.au)

Provides early intervention, pre-school and school-aged educational programmes for children with hearing and/or vision impairment. Services include centre-based and home-based programs, an audiology clinic and a research and professional training centre.

### **RIDBC Matilda Rose Centre**

125 Birrell St, Waverley 2024  
(ph) 9369 1423  
(f) 9872 0335  
<http://www.ridbc.org.au/>  
(e) [info@ridbc.org.au](mailto:info@ridbc.org.au)

Provides an environment where hearing impaired children, including those with additional needs, and their families, receive specialised, integrated and intensive programs to optimise listening, relating and communicating. The Centre is staffed by an experienced transdisciplinary team including special educators, speech and language pathologists, audiologists, occupational therapists and physiotherapists.

### **Cerebral Palsy Alliance**

187 Allambie Rd, Allambie Heights 2100  
(ph) 1300 888 378 or 9975 8000  
(f) 9451 6731  
[www.cerebralpalsy.org.au](http://www.cerebralpalsy.org.au)  
(e) [ask@cerebralpalsy.org.au](mailto:ask@cerebralpalsy.org.au)

Cerebral Palsy Alliance offers best practice early childhood and school based programs to children living with a range of physical, sensory, intellectual and behavioural disabilities. The highly skilled team includes speech pathologists, occupational therapists, physiotherapists, psychologists, exercise physiologists, early educators, social workers, and therapy support staff. Our specialist team is dedicated to helping children with a range of supports.

### **Spina Bifida Group of NSW**

1 Fennell St, North Parramatta 2151  
(ph) 1800 818 286 or 9890 0990  
[www.northcott.com.au](http://www.northcott.com.au)

Aims to assist parents and others who care for spina bifida children to understand and cope with the many problems they face.

### **Cerebral Palsy and Movement Disorders at Rehab2Kids**

Rehab2Kids, Level 2,  
Ainsworth Wing  
Sydney Children's Hospital  
High St, Randwick 2031  
(ph) 9382 1685 (appointments)  
(e) [SCHN-SCHCPSERVICE@health.nsw.gov.au](mailto:SCHN-SCHCPSERVICE@health.nsw.gov.au)

Provides a consultative multidisciplinary assessment in the management of movement disorders in cerebral palsy. Referrals by GP.

### **Tumbatin Developmental Clinic**

Child development services (Tumbatin Clinic) at Sydney Children's Hospital, Randwick  
CNR Avoca St and Barker St, Randwick 2031  
(ph) 9382 8189/8191  
(f) 9382 8188  
(e) [SCHN-SCH-InfoTumbatin@health.nsw.gov.au](mailto:SCHN-SCH-InfoTumbatin@health.nsw.gov.au)

Diagnosis and assessment of children with suspected developmental delay or a known disability. GP Referral to Tumbatin is necessary.

### **Vision Australia**

134 William St, Potts Point NSW 2011  
(ph) 1300 847 466 or 13 32 40  
[www.visionaustralia.org](http://www.visionaustralia.org)  
(e) [info@visionaustralia.org](mailto:info@visionaustralia.org)

Provides a range of services for children and adults who are blind or vision impaired. Includes counselling, employment support, computer training, a talking book library and newspaper service. Also provides low vision aids and strategies for managing everyday activities and retaining independence.

## **Family Support and Advice**

### **Waverley Council's Family & Community Support Worker**

1st Floor, 31-33 Spring Street Mill Hill Centre  
Bondi Junction, 2022  
(ph) 9083 8927/ 8938/ 8936

Council provides a family support service including counselling, parenting programs and information sessions to families of children enrolled in Council's Children's Services. It also assists in providing priority of access to children with additional needs into Council's Early Education Centres.

### **Australian Multiple Birth Association - National Office**

(ph) 1300 886 499  
[www.amba.org.au](http://www.amba.org.au)

Provides support to parents expecting or who have multiple births (twins, triplets, quads and quins). Includes information, equipment hire, bereavement support and support for those with special needs. Can provide contact details of local groups throughout NSW.

### **Barnardo's South East Sydney**

60-62 Bay St, Ultimo 2007  
(ph) 9218 2358 (24 hours)  
(f) 9599 0469  
[www.barnardos.org.au](http://www.barnardos.org.au)

Operates family support program offering short-term crisis care for children 0 - 12 with professional foster families. Ongoing planned respite care provided to families under stress.

### **Bondi Beach Cottage Family Support and Occasional Childcare Centre**

42 Brighton Boulevard, Bondi Beach 2026  
(ph) 9365 1607  
[www.bondibeachcottage.org.au](http://www.bondibeachcottage.org.au)  
(e) [admin@bondibeachcottage.org.au](mailto:admin@bondibeachcottage.org.au)

Provides counselling and referral. Holds social and group activities during the year. Occasional child care for 0 - 5 year olds. Bookings essential. Groups available for women, social activities, parent & baby support, and domestic violence support. Support is offered for parenting, legal matters, housing and cross-cultural issues.

### **South Eastern and Northern Sydney Family Referral Service**

(ph) 1800 066 757  
<https://www.barnardos.org.au/our-centres/family-referral-services/>  
(e) [sensfamilyreferral@barnardos.org.au](mailto:sensfamilyreferral@barnardos.org.au)

Helps families link with a wide variety of services including: Mental Health, Alcohol and Other Drugs, Domestic Violence, Counselling, Housing and Accommodation, Budgeting, Playgroups, Education, Disability, Respite, Parenting, Youth Support, Education and Employment.

### **Carers NSW**

(ph) 1800 242 636 (9.00am – 5.00pm)  
For carers wanting emergency respite call 1800 052 222  
After hours service call Lifeline 13 11 14  
[www.carersnsw.asn.au](http://www.carersnsw.asn.au)

Carers NSW is an association for relatives and friends caring for people with a disability, mental illness, drug or alcohol dependency, chronic condition, terminal illness or who are frail.

### **Eastern Respite and Recreation**

Suite 602, Level 6,  
806-812 Anzac Parade, Maroubra 2035  
(ph) 8347 7000 (Mon - Fri: 9.00am – 5.00 pm)  
<https://www.healthdirect.gov.au/australian-health-services/20147030/eastern-respite-recreation/services/maroubra-2035-anzac>

Provides range of recreation, respite & skills development programs to assist people with disabilities and their primary carers. Services include in-home respite, one-to-one support to access community facilities, group activities, peer support, carer support program, evening, weekend and school holiday programs.

### **Department of Family and Community Services**

83 Clarence St, Sydney NSW 2000  
(ph) 02 9377 6000 or 13 21 11

Experienced workers are available at the Department of Community Services to assist families having difficulties with children or experiencing domestic violence. Information, support and referral available to community. Support services available for children and families.

Other contact details

Child Abuse Reporting Line: 13 21 11

Children's Services Team: 8303 7622

Domestic Violence Counselling Line:

1800 656 463 (24 hours)

### **Holdsworth Community**

64 Holdsworth St, Woollahra NSW 2025

(ph) 9302 3600

(Mon – Fri: 09.00am – 5.00pm)

[www.holdsworth.org.au](http://www.holdsworth.org.au)

(e) [info@holdsworth.org.au](mailto:info@holdsworth.org.au)

Provides a range of services to families with young children with the aim of assisting them to deal effectively with the daily demands of parenting. We seek to promote effective parenting skills through building on strengths and social supports.

### **Jewish Care Family Services**

3 Saber Street, Woollahra 2025

(ph) 1300 133 660 / 8305 8021 (A/H)

[www.jewishcare.com.au](http://www.jewishcare.com.au)

(e) [firstcall@jewishcare.com.au](mailto:firstcall@jewishcare.com.au)

Social welfare for the Jewish Community offering counselling and support. Russian speaking workers available. Offers group programs for people with intellectual and psychiatric disabilities and employee facilities for people with an intellectual disability.

### **Kids Helpline**

(ph) 1800 551 800 (24 hours)

[www.kidshelpline.com.au](http://www.kidshelpline.com.au)

(e) [counsellor@kidshelpline.com.au](mailto:counsellor@kidshelpline.com.au)

Australia's only free, private and confidential, telephone and online counselling service specifically for young people aged between 5 and 25. Any time. Any reason.

### **Parentline**

(ph) 1300 1300 52

<http://www.resourcingparents.nsw.gov.au/>

Parent Line is a telephone counselling, information and referral service for parents of children aged 0 to 18 years who live in NSW.

### **Lifeline**

(ph) 13 11 14 (24 hours)

[www.lifeline.org.au](http://www.lifeline.org.au)

A national charity providing all Australians experiencing a personal crisis with access to 24 hour crisis support and suicide prevention services. You can call Lifeline's 24 hour crisis line about Suicidal thoughts or attempts, Personal crisis, Anxiety, Depression, Loneliness, Abuse and trauma, Stresses from work, family or society and for Self-help information for friends and family.

### **Mensline**

(ph) 1300 789 978

[www.mensline.org.au](http://www.mensline.org.au)

MensLine Australia is a professional telephone and online support, information and referral service, helping men to deal with relationship problems in a practical and effective way.

### **Post Adoption Resource Centre**

(ph) 9504 6788

[www.benevolent.org.au](http://www.benevolent.org.au)

(e) [parc@benevolent.org.au](mailto:parc@benevolent.org.au)

Provides telephone and face to face counselling including information and support for adults affected by adoption.

### **SDN Brighter Futures**

(ph) 1300 831 445

[www.sdn.org.au](http://www.sdn.org.au)

(e) [sdn@sdn.org.au](mailto:sdn@sdn.org.au)

Not for profit organisation that offers early childhood education and childcare, children's therapy and family support services.

### **SIDS and Kids NSW**

(ph) 02 85858700 or 1300 308 307 (24 hours)

[www.sidsandkids.org](http://www.sidsandkids.org)

NSW Information:

[www.sidsandkids.org/offices/new-south-wales/contact-us/](http://www.sidsandkids.org/offices/new-south-wales/contact-us/)

(e) [sydney@sidsandkids.org](mailto:sydney@sidsandkids.org)

Provides support to families who experience the death of a baby or child during conception up to 6 years of age.

Information available about sleeping babies safely, sudden unexpected infant death (SUDI/SIDS) and care of bereaved families.

Safe Sleeping and Bereavement resources available on the web site.

### **South East Sydney Commonwealth Respite and Carelink Centre**

Level 4 and 5/7-11 The Avenue,  
Hurstville NSW 2220  
(ph) 1800 052 222 / 1800 917 139  
[www.benevolent.org.au](http://www.benevolent.org.au)

Provides short-term planned and emergency respite for carers living in South Eastern Sydney, including specialist respite for carers of people with dementia, older people, and people with disabilities. They support carers, including young people caring for a parent or relative, and ageing parent carers. They also provide centre-based day care for older people in the St George area. To also help support carers, they hold many Carer's Events throughout the year such as Carer Retreats, Family Fun Day and Dementia Carer's Workshops.

### **Vincentian House**

(ph) 02 8093 6799  
(e) [Vincentian.House@vinnies.org.au](mailto:Vincentian.House@vinnies.org.au)

Vincentian House is a crisis accommodation, case management and outreach Support Service for families and women. They specialise in supporting families, women, children through a dedicated team of support workers and partnerships with visiting clinicians and specialised services. Their crisis service is staffed 24 hours a day, 7 days a week. Vincentian House welcomes families who are experiencing homelessness or are at immediate risk of homelessness.

### **Child & Family East (Randwick) Cafe**

265 Avoca St, Randwick NSW 2031  
(ph) 9382 8213  
Mon – Fri: 8:30am – 5:00pm

Combined children's and adolescent clinic. Assessment and help with emotional and behavioural difficulties as well as assessment of children with learning difficulties.

### **Family Court of Australia**

97-99 Goulburn St, Sydney 2000  
(ph) 1300 352 000  
[www.familycourt.gov.au](http://www.familycourt.gov.au)  
(e) [enquiries@familylawcourts.gov.au](mailto:enquiries@familylawcourts.gov.au)

Set up under the Family Law Act to deal with problems relating to the breakdown of a marriage/family and financial cases.

### **Relationships Australia Sydney City Centre**

7/10 Barrack St, Sydney NSW 2000  
(ph) 1300 364 277  
(Mon – Sat: 09.00am – 5.00pm)  
[www.relationships.org.au](http://www.relationships.org.au)

Provides individual, couple or family counselling. Groups are offered for separated people, couples with communication problems, children of separated or divorced parents & family violence prevention.

## **Domestic Violence Support**

**If you, or another adult or child, are in immediate danger call 000.**

### **Bondi Beach Cottage Family Support and Occasional Childcare Centre**

42 Brighton Bvd, Bondi Beach 2026  
(ph) 9365 1607  
(f) 9365 1366  
[www.bondibeachcottage.org.au](http://www.bondibeachcottage.org.au)  
(e) [admin@bondibeachcottage.org.au](mailto:admin@bondibeachcottage.org.au)

Counselling services to those affected by domestic violence, depression, anxiety and a variety of issues.

### **Jewish Care**

3 Saber St Woollahra Cnr Newland St  
(ph) 1300 133 660 / 02 9302 8000  
(e) [firstcall@jewishcare.com.au](mailto:firstcall@jewishcare.com.au)

The Jewish Care Domestic Violence program assists women and children in domestic violence situations, generally by the provision of casework and counselling by professional social workers.

### **Victims Access Line (VAL)**

The Victims Access Line or VAL is the single entry point for victims of crime in NSW to access services.

Victims Access Line: 1800 633 063  
Aboriginal Contact Line: 1800 019 123  
Business hours: 9am – 5pm, Monday to Friday (excluding public holidays)  
<https://www.victimsservices.justice.nsw.gov.au/>

### **NSW Domestic Violence**

NSW Domestic Violence Crisis Line  
(ph)1800 656 463 (24 hours) or 02 9698 9777  
<https://www.dvnsw.org.au/about/contact/>

Provides crisis counselling, referral and information on women's refuge accommodation.

### **Eastern Sydney Staying Home Leaving Violence**

PO Box 6322, Alexandria  
(ph) 0439 414 673 or 8374 4000

Support women who want to stay in their own who (or a home of their choice) and leave domestic violence.

### **The Deli Women & Children's Centre**

72 Maloney St, Eastlakes 2018  
(ph) 9667 4664  
[www.thedeli.org.au](http://www.thedeli.org.au)

The Deli offers domestic violence counselling, supported playgroups, education family support, advocacy, referrals and groups for women and children.

### **NSW Health Sexual Assault Services**

St George Hospital  
Social Work Department  
Gray Street, Kogarah 2217  
(ph) (02) 9113 2494

### **The Junction Neighbourhood Centre (JNC)**

JNC Bondi Junction,  
Shop 4/1 Spring St, Bondi Junction  
NSW 2022  
(ph) 02 9387 2885  
[www.jnc.org.au](http://www.jnc.org.au)

JNCs provide one-to-one casework for families with children under 12. JNCs are located in Maroubra, Randwick and Bondi.

### **Waverley Police Domestic Violence Liaison Officer**

Waverley Police Station  
153 Bronte Rd, Waverley 2024  
(ph) 9369 9899

### **USEFUL NUMBERS**

Women's Domestic Violence Court Advocacy Service **1800 938 227**

Jewish House Crisis Line (Bondi) **9386 0770**

NSW Domestic Violence Crisis Line Women's **1800 656 463**

Women's Community Shelters **0432 630 359**

1800RESPECT **1800 737 732**

## **Pregnancy and Childbirth**

Antenatal education for expectant parents is encouraged to access sessions from the hospital in which they are birthing.

[www.seslhd.health.nsw.gov.au/Young\\_Parents/links.asp](http://www.seslhd.health.nsw.gov.au/Young_Parents/links.asp)

### **Australian Breastfeeding Association**

4 McCullen Ave, Castle Hill NSW 2154  
(ph) 02 8853 4900 or 02 9680 2797  
[www.breastfeeding.asn.au](http://www.breastfeeding.asn.au)  
(e) [actnswoffice@breastfeeding.asn.au](mailto:actnswoffice@breastfeeding.asn.au)

Provides mothers with practical mother-to-mother support and information, enabling them to establish and continue breastfeeding.

### **Birthing Rites Australia**

9 Ebley Street, Bondi Junction 2022  
(ph) 0408 657 311  
[www.birthingrites.com](http://www.birthingrites.com)  
(e) [birthingrites@zipworld.com.au](mailto:birthingrites@zipworld.com.au)

Offers pre and post-natal classes.

### **MotherSafe**

Royal Hospital for Women, Barker St,  
Randwick 2031  
(ph) 9382 6539

Free comprehensive counselling service for women concerned about exposure to medication, street drugs, infections, radiation and occupational exposures during pregnancy and lactation.

### **Royal Hospital for Women**

Prince of Wales Hospital, Barker St, Randwick  
(ph) 9382 6111  
<https://www.seslhd.health.nsw.gov.au/royal-hospital-for-women>

Comprehensive range of women's health services including gynaecological, obstetric & fertility, parent craft lectures, lactation clinic, physiotherapy & counselling services and an outpatient clinic.



## Baby Capsule Hire

### **Baby Things Child Restraint Fitting Station and Store**

East village shopping centre, shop 63,  
Level 1, 4 Defries Ave, Zetland NSW 2017  
(ph) 02 9663 2320

### **Sydney Baby Hire | Baby & Child Restraint Fitting Station**

241 Princes Hwy, St Peters NSW 2044  
(ph) 02 9550 2888

Equipment rental agency in St Peters,  
Australia

### **Paul Stewart Automotive**

120 Birriga Rd, Bellevue Hill 2023  
(ph) 9365 6609

Authorised child restraint fitting station,  
specialising in the installation of baby capsules,  
baby seats and booster seats in all cars, vans,  
mini buses.

### **Tresillian Family Care Centres**

(ph) 9787 0800 / 1300 272 736  
<https://www.tresillian.org.au/>

Each year Tresillian assists close to 80,000  
families with young children across New South  
Wales. They pride themselves on offering a  
caring and personalised service to parents in  
the early years as they help them gain  
confidence in their own parenting abilities.

### **Karitane Family Care Cottage**

146 Avoca St, Randwick 2031  
(ph) 9399 6999  
[www.karitane.com.au](http://www.karitane.com.au)

Day service providing support and education  
for families with children aged 0-5 years.  
Caters for families with special needs.  
Programs include: post-natal depression,  
sleep & settling education, emotional &  
psychological difficulties, toddler & sibling  
management and lactation.

## Health Services

### Community Health Centres

These are multi-disciplinary teams which  
provide a range of services for individuals and  
families. For children services can include  
assessment and treatment of speech  
disorders, assessment and treatment of  
emotional and behavioural difficulties, and  
physical screening and referrals.

### **Child & Family East**

#### **Sydney Children's Community Health Centre**

265 Avoca St, Randwick 2031  
(ph) 9382 8213

Provides assessment and treatment of  
emotional/behavioural difficulties and speech  
and language problems mainly for children in  
the Randwick and Botany Local Government  
areas. Appointments via the Intake Officer.

### Early Childhood Health Centres

Advice on mothercraft, nutrition, immunisation,  
hygiene and feeding. Health checks for growth,  
hearing and development. Comfort and  
counselling for mothers. Suitable for mothers  
with children 0 – 4 years.

#### **Bondi Beach Early Childhood Centre**

Cnr Wairoa Ave & Brighton Bvd  
Bondi Beach, 2026  
(ph) 9130 2838

#### **Waverley Early Childhood Health Centre**

25 Ebley St Street, Waverley, 2024  
(ph) 9387 1981

### Public Health

#### **South Eastern Sydney Public Health Unit Prince of Wales Hospital**

(ph) 9382 8333 or 9540  
<https://www.seslhd.health.nsw.gov.au/>

Provides a public health service to people in  
the Eastern Suburbs and St George areas. A  
major role is to provide information and  
assistance on a variety of public health issues  
including environmental health, infectious  
diseases, general safety, vaccination  
programs and food safety.

## Hospitals

### Sydney Children's Hospital

High Street, Randwick 2031

(ph) 9382 1111

<https://www.schn.health.nsw.gov.au/hospitals/sch>

Public hospital providing services in paediatric and adolescent medicine and surgery as well as child protection.

### Royal Hospital for Women

Prince of Wales Hospital, Barker Street, Randwick 2031

(ph) 9382 6111

<https://www.seslhd.health.nsw.gov.au/royal-hospital-for-women>

Public hospital with private beds and specialist clinics for gynaecological/obstetric health services.

### Prince of Wales Hospital

Cnr Barker & High Street, Randwick 2031

(ph) 9382 2222

### St Vincent's Public Hospital

390 Victoria Street, Darlinghurst 2010

(ph) 8382 1111

[www.stvincents.com.au](http://www.stvincents.com.au)

## Immunisation

### Sydney Children's Hospital

#### Immunisation Clinic

High Street Randwick, 2031

(ph) 9382 1470

<https://www.schn.health.nsw.gov.au/find-a-service/health-medical-services/immunisation/sch>

Refer to website for more information.

## Information and Resources Services

### Gowrie Children's Services – Child & Family Infoline

(ph) 8571 9783 or 1800 803 820

<https://gowriensw.com.au>

(e) [info@gowriensw.com.au](mailto:info@gowriensw.com.au)

A free service assisting families to make informed decisions about child care and related family issues. Trained staff provides information about a range of children's services including Long Day Care centres, Vacation Care, Out of School Hours Care and children with special needs.

### Dads in Distress (DIDs)

(ph) 1300 853 437

(Mon – Fri: 9.00am – 5.00pm)

[www.dadsindistress.asn.au](http://www.dadsindistress.asn.au)

(e) [didsadmin@bigpond.com](mailto:didsadmin@bigpond.com)

Telephone counselling, DIDs, by its very name is focused mainly on supporting men through separation from their partner and/or children, however they also have the health, safety and well-being of ALL the family uppermost in our mind.

### The Junction Neighbourhood Centre (JNC)

JNC Bondi Junction,

Shop 4/1 Spring St, Bondi Junction NSW 2022

(ph) 9387 2885

[www.jnc.org.au](http://www.jnc.org.au)

JNC has group activities, community information & referral, a neighbour aid service and other related activities. Groups include English conversation & creative arts. Tenancy advice and a list of local boarding houses are available. Practical assistance is provided for unemployed. Volunteers undertake a wide range of jobs within the Centre and through the neighbour aid service. Social support programs for older people.

## Library Services

### Waverley Library

32-48 Denison Street, Bondi Junction 2022

(ph) 9083 8777

[www.waverley.nsw.gov.au](http://www.waverley.nsw.gov.au)

(e) [library\\_enquiries@waverley.nsw.gov.au](mailto:library_enquiries@waverley.nsw.gov.au)

Provides a database of community information, including information on cultural and sporting activities, leisure and child care services.

### Waverley Library

The Ron Lander Centre

(ph) 9083 8777

32-48 Denison Street, Bondi Junction 2022

[www.waverley.nsw.gov.au/library](http://www.waverley.nsw.gov.au/library)

Hours of Adult Lending Library

Monday to Friday: 9.30am – 9pm

Saturday: 9.30am – 3pm

Sunday: 1.00pm – 5pm

### Children's Library

(Waverley Library)

(ph) 9083 8722

Hours:

Monday to Friday: 9.30am – 9pm

Saturday: 9.30am – 3pm

Sunday: 1.00pm – 5pm

Weekly activities for 0-2 year old's and 3-5 year old's. Special activities for all ages during school holidays. A wide range of picture books, junior fiction and non-fiction, DVDs audiobooks and information on reading to children and teaching them to read.

Refer to website to see programs.

### Bondi Toy Library

65 Wairoa Ave, Bondi Beach NSW 2026

(ph) 9300 0087

Hours: Tuesday, Thursday & Saturday:

9:00am – 1:00pm

(e) [bonditoylibinc@optus.net.au](mailto:bonditoylibinc@optus.net.au)

Facebook: [facebook.com/bonditoylib](https://www.facebook.com/bonditoylib)

## Government Departments

### NSW Department of Communities and Justice

Child protection Helpline:

(ph) 132 111

(24 hours/7days)

<http://www.facs.nsw.gov.au/>

The Communities and Justice (DCJ) cluster works with children, adults, families and communities to improve lives and help people realise their potential. They are responsible for protecting children and young people from risk of significant harm.

### NSW Department of Communities and Justice - Housing

(ph) 1800 422 322

Provides public housing with a range of assistance to eligible applicants and tenants including advice and referral on housing options, emergency housing and bond assistance for those whose needs cannot be met by the private rental market.

### Australian Government Department of Human Services

(ph) 136 150

Information for contacting Centrelink, Medicare or Child Support, and the Department of Human Services:

<https://www.humanservices.gov.au/customer/contact-us>

Phone during business hours for information about payments and services for Medicare, Centrelink or Child Support.

<https://www.humanservices.gov.au/customer/contact-us/phone-us>

### NSW Department of Communities and Justice

Crisis numbers and helplines:

<https://www.facs.nsw.gov.au/about/contact/helplines>

## Leisure Activities

### Action Kids

Action Studios Alexandria, News Direct Rd,  
Sydney NSW 2015

(ph): 0418 682 093

[actionkids.com/](http://actionkids.com/)

(e) [adele@actionkids.com](mailto:adele@actionkids.com)

Music and movement classes for children 9 months to 4.5 years. Hand/eye co-ordination skills, puppets, balls, beanies, parachute, musical instruments and dancing and singing. Children with special needs welcome. No bookings required. Available during school holidays.

### Bondi Pavilion Community Cultural Centre

Queen Elizabeth Drive, Bondi Beach 2026

(ph) 9083 8400

(e) [bondipav@waverley.nsw.gov.au](mailto:bondipav@waverley.nsw.gov.au)

Wide range of classes, exhibitions, concerts, and activities including adult education classes, arts & crafts, physical fitness (adults and children) and school holiday activities. Information on community arts and cultural activities.

### Child's Play

Enquiries: contact Joy – (m) 0412 345 493

(e) [childsplay@iprimus.com.au](mailto:childsplay@iprimus.com.au)

Child's Play is a program for pre-school children (1-5 years) involving movement and gymnastic skills. 4 classes are held each Tuesday to Thursday at the PCYC Daceyville, 26a Bunnerong Rd, Daceyville.

Kid's Play, an extension of Child's Play, (5-9 yrs) has 3 classes (age specific) starting at 3:45pm. Bookings essential.

### Eastern Suburbs Little Athletics

ES. Marks Athletics Field, Moore Park, NSW

(ph) 0417 584 503

(e) [eslac1@outlook.com](mailto:eslac1@outlook.com)

Operates September to March for boys and girls aged 4 to 17 yrs and provides the opportunity to learn, train and compete in a full range of athletic events. Regular Friday night competitions take place at ES Marks Athletic Field.

### Gymbaroo Bondi

Bondi Pavilion Community Cultural Centre  
Queen Elizabeth Drive, Bondi Beach 2026

(ph) 0409 659 479

(e) [info@gymbaroobondi.com](mailto:info@gymbaroobondi.com)

Enhances motor and social development and assists children to reach their full potential. Classes are held at Bondi Beach in the Seagull Room, 1st floor, Bondi Pavilion. Age appropriate classes: babies from 8 weeks to 5 years old, limited group sizes. Carers and grandparents welcome also. Bookings essential.

### International School of Music (ISM), Bondi

1/79-85 Oxford St (ground level)

Bondi Junction NSW 2022

(e) [ismbondi@ismaustralia.com](mailto:ismbondi@ismaustralia.com)

<http://www.ismbondi.com.au>

Specialise in children's group music classes for ages 2 and above. Group piano/keyboard tuition studying all styles of music from 4 years.

### Plaster Master Fun Centre

Shop 1/3/333 Old South Head Rd, North

Bondi NSW 2026

(ph) 9130 4855

(e) [info@plastermasterfun.com.au](mailto:info@plastermasterfun.com.au)

Children's parties, creative weekend and holiday fun. Group bookings are welcome.

## Swimming

### Bondi Icebergs Pool

1 Notts Avenue, Bondi 2026

(ph) 9130 4804

[www.icebergs.com.au](http://www.icebergs.com.au)

(e) [pool@icebergs.com.au](mailto:pool@icebergs.com.au)

(e) [info@icebergs.com.au](mailto:info@icebergs.com.au)

Landmark year-round outdoor adult & kid pools by the sea, with day passes, a sauna & a café.

### Bondi Rainbow Club

(e) [info@rainbowclubaust.com.au](mailto:info@rainbowclubaust.com.au)

<https://www.myrainbowclub.org.au/>

Helping children with a disability learn to swim. Classes held at Wairoa School on Saturday afternoons. Please register online

### **Des Renford Leisure Centre**

Cnr Robey Street & Jersey Rd, Maroubra 2035  
(ph) 02 9093 6300  
(e) [drlc@randwick.nsw.gov.au](mailto:drlc@randwick.nsw.gov.au)  
<http://www.randwick.nsw.gov.au/drlc>

The Des Renford Leisure Centre (previously known as Des Renford Aquatic Centre) is an award winning gym, fitness and aquatic centre located in Heffron Park, Maroubra.

### **Maroubra Swimming School**

84 Maroubra Road, Maroubra 2035  
(ph) 9344 5735  
[www.maroubraswimmingschool.com.au](http://www.maroubraswimmingschool.com.au)

Swimming lessons for babies, children and adults. Year round lessons in an indoor heated pool. Babies in groups of 3 with parents. Older children in groups of 3 with a teacher. Phone for details of cost and times.

### **NSW Office of Sport Sport & Recreation**

(ph) 131 302  
(ph) (02) 8754 7900  
[www.sportandrecreation.nsw.gov.au](http://www.sportandrecreation.nsw.gov.au)

Swim and Survive program classes cater for children aged 18 months to 12 years for beginners through to endurance classes. Enrol online for upcoming lessons and to search local centres and costs.

### **Platypus Swimming School**

478 Old South Head Rd, Rose Bay 2029  
(ph) [0411 857 999](tel:0411857999)  
(e) [judy@platypusswim.com](mailto:judy@platypusswim.com)

Monday to Friday: 8:00 am – 12:30 pm &  
2:30 pm – 6:00 pm.  
Saturday: 8:30 am – 12:30 pm

Classes from 16 months to 9 years of age.  
Year round in an indoor heated pool.

### **USEFUL LINKS**

Kids in the east (online magazine for families who live, work or play in Sydney's Eastern Suburbs)  
[https://issuu.com/kidsintheeast/docs/issue1\\_u  
pdate](https://issuu.com/kidsintheeast/docs/issue1_update)

**NOTES**

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## **Translating and Interpreting Service (TIS National)**

The Translating and Interpreting Service (TIS National) is an interpreting service for people who do not speak English and for agencies and businesses that need to communicate with their non-English speaking clients. The services enable non-English speakers to independently access services and information in Australia.

<https://www.tisnational.gov.au/en/Non-English-speakers/Help-using-TIS-National-services>



### English

If you need assistance in understanding this information, please contact the Translating and Interpreting Services (TIS) on 131450 and ask them to connect you to Waverley Council's, Waverley Life, Caring Waverley program on 9083 8999. We will answer your inquiries through the TIS interpreter.

### 简体中文 (Simplified Chinese)

如果您需要协助来了解这些信息, 请拨打翻译与传译服务处 (TIS) 电话131450, 并请他们为您接通 Waverley 市议会 Waverley Life 的 Caring Waverley 项目联系电话 9083 8999。我们将通过 TIS 的传译员来回答您的咨询。

### Ελληνικά (Greek)

Εάν χρειάζεστε βοήθεια για να καταλάβετε τις παρούσες πληροφορίες, παρακαλούμε επικοινωνήστε με την Υπηρεσία Διερμηνείας και Μετάφρασης (TIS) στο 131450 και ζητήστε να σας συνδέσουν με το πρόγραμμα Waverley Life, Caring Waverley του Δήμου Waverley στο 9083 8999. Θα απαντήσουμε στις ερωτήσεις σας μέσω του διερμηνέα της TIS.

### Magyar (Hungarian)

Ha szüksége van segítségre, hogy megértse ezt a tájékoztatást, legyen szíves hívja a Fordító és Tolmács Szolgálatot a 131450-es számon és kérje, hogy kapcsolják össze a Waverley Council, Waverley Life, Caring Waverley programmal a 9083 8999-es számon. Válaszolunk majd az érdeklődésére a tolmácson keresztül.

### Bahasa Indonesia (Indonesian)

Jika Anda membutuhkan bantuan dalam memahami informasi ini, silakan hubungi Jasa Layanan Penerjemahan dan Interpretasi (Translating and Interpreting Services (TIS)) pada nomor 131450 dan mintalah untuk disambungkan dengan Waverley Council's, Waverley Life, program Caring Waverley pada nomor 90838999. Kami akan menjawab pertanyaan Anda melalui penerjemah TIS.

### Italiano (Italian)

Se necessitate di assistenza per capire questo plico informativo, contattate il Servizio Traduttori e Interpreti (TIS) al numero 131450 e chiedetegli di passarvi i programma di Waverley Life, Caring Waverley al numero 9083 8999 del Comune di Waverley Council. Risponderemo alle vostre domande tramite l'interprete TIS.

### 日本語 (Japanese)

この情報を理解するために支援が必要な方は、翻訳通訳サービス (TIS) 131450に電話してWaverley Council'sのWaverley Life, Caring Waverleyプログラムにつないでもらってください(電話:9083 8999)。TIS通訳者を介して質問にお答えします。

### 한국어 (Korean)

본 정보를 이해하는 데 도움이 필요하신 분은 131450번 통번역 서비스(TIS)에 전화하여 9083 8999번 웨이벌리 카운슬의 웨이벌리 라이프, 케어링 웨이벌리 프로그램에 연결해달라고 요청하십시오. 그러면 통번역 서비스의 통역사를 통해 질문과 답변을 주고 받을 수 있습니다.

### Polski (Polish)

Jeśli potrzebujesz pomocy w zrozumieniu tej informacji, prosimy zadzwonić do Telefonicznej Służby Tłumaczy (TIS) pod numer 131 450 i poprosić o połączenie z programem Caring Waverley, Waverley Life, Waverley Council, pod numerem 9083 8999. Odpowiemy wówczas na Twoje pytania przez tłumacza TIS.

### Русский (Russian)

Если Вам требуется помощь с пониманием предоставленной информации, пожалуйста, обратитесь в Службу письменных и устных переводчиков (TIS) по телефону 131450 и попросите соединить Вас с программой Caring Waverly, Waverly Life при районном совете Waverley по телефону 9083 8999. Мы ответим на Ваши вопросы через переводчика Службы TIS.

### Español (Spanish)

Si necesita ayuda para comprender esta información, póngase en contacto con el Servicio de Traducción e Interpretación (Translating and Interpreting Services - TIS) en el 131450 y pídale que lo conecten con el programa "Caring Waverley", "Waverly Life" de la Municipalidad de Waverley, en el 9083 8999. Responderemos a sus inquietudes por medio del intérprete del TIS.

**Français (French)**

Si vous avez besoin d'aide pour comprendre ces informations, veuillez contacter le service de traduction et d'interprétation (TIS) au 131450. Demandez-leur de vous connecter aux programmes communautaires du conseil de Waverley au 9083 8999. Nous répondrons à vos questions via l'interpréteur TIS.

**עברית (Hebrew)**

אם אתה זקוק לעזרה בהבנת מידע זה, אנא צור קשר עם שירות בטלפון 131450. בקש מהם לחבר (TIS) התרגום והפרשנות 8999 9083. אותך לתוכניות קהילת מועצת ווברלי בטלפון 8999 9083. TIS אנו נענה על שאלותיך באמצעות מתורגמן.

**Português (Portuguese)**

Se precisar de ajuda para entender essas informações, entre em contato com o Serviço de Tradução e Interpretação (TIS) em 131450. Peça a eles para conectá-lo aos Programas da Comunidade Weberly Council em 9083 8999. Responderemos às suas perguntas através de um intérprete do TIS.

**Pilipino (Filipino)**

Kung kailangan mo ng tulong na maunawaan ang impormasyong ito, makipag-ugnay sa Translation and Interpretation Service (TIS) sa 131450. Hilingin sa kanila na ikonekta ka sa Weberly Council Community Programs sa 9083 8999. Sasagutin namin ang iyong mga katanungan sa pamamagitan ng isang tagasalin ng TIS.