How you can help vulnerable people in the community

Waverley Council has received numerous requests from kind community members asking how they can help support vulnerable people in the community. Below is a guide for the simple ways individuals can make a difference:

**Do not stockpile food and essential items**

The single biggest thing you can do to help the most vulnerable people is to not stockpile food and essential items. If you only take what you need, everyone will be able get what they need.

**Donate to a local charity or community organisation**

Many organisations require donations to purchase supplies, such as food, to be able to deliver services to those most at-risk in the community. For a list of local organisations accepting donations, contact Council on 9083 8000 or email info@waverley.nsw.gov.au.

**Volunteer to help**

Some charity and community organisations may require additional volunteers if there is increasing demand to support vulnerable people. Be mindful that each organisation will have an onboarding process which will include security clearances and training to ensure you are able to work with vulnerable people.

The Junction Neighbourhood Centre (JNC) is taking expressions of interest from people who are interested in volunteering. JNC will assess and match you with local community organisations in need of volunteers.

To register your interest, complete this [Online Volunteer EOI Form](#) or call 9349 8200.

**Looking for more ways to stay connected and get involved?**

- Email us at [connected@waverley.nsw.gov.au](mailto:connected@waverley.nsw.gov.au)
- Join our community group: [facebook.com/groups/ConnectedWaverley](https://www.facebook.com/groups/ConnectedWaverley)
- Head to [waverley.nsw.gov.au/communitycovid19](http://waverley.nsw.gov.au/communitycovid19) where we list several other volunteering and connection opportunities
- Join a local grass-roots Facebook group, such as [Viral Kindness Eastern Suburbs](https://www.facebook.com/ViralKindnessEasternSuburbs) or [Bondi Seniors](https://www.facebook.com/BondiSeniors)
A message of thanks to the community

Waverley Council would like to thank the locally based charities, community and health services, who are helping Waverley get through COVID-19. Thanks to:

**Services for older people and people with disability:**

- COA Sydney
- Holdsworth Community
- JewishCare
- JNC Junction Neighbourhood Centre
- Randwick Waverley Community Transport
- Waverley Community and Seniors Centre
- Waverley Community Living Program
- Uniting - War Memorial Hospital

**Meal and food services:**

- COA Sydney
- Holdsworth Community
- Randwick Meals on Wheels
- Food Bank
- Our Big Kitchen
- Oz Harvest Market

**Homelessness services:**

- Eastern Sydney Homelessness Assertive Outreach Collaboration (ESHAC)
- Wayside Chapel - Bondi / Norman Andrews House
- Jewish House
- Caretakers Cottage

**Emergency relief services:**

- Anglicare
- St Vincent de Paul
- Sydney Multicultural Service