Early Childhood Development – resources





Early intervention services and information

ASPECT https://www.autismspectrum.org.au/

Early childhood intervention services – Lifestart https://www.lifestart.org.au/early-childhood-early-intervention-ecei-services-during-covid-19/

UNSW Parent-Child Interaction Therapy https://www.psy.unsw.edu.au/node/719

University of Sydney Child Behaviour Research Clinic https://www.sydney.edu.au/brain-mind/our-clinics/child-behaviour-research-clinic.html

Child development information

Baby Lab https://play.acast.com/s/babylab/92e66946-913c-4f15-bbec-fa10f7672070

Deadly Tots http://deadlytots.com.au/

Parenting courses, information and resources

Learning the signs https://www.health.nsw.gov.au/kidsfamilies/MCFhealth/Pages/learn-the-signs.aspx

Positive Parenting Tips https://www.cdc.gov/ncbddd/childdevelopment/positiveparenting/index.html

Raising Children https://raisingchildren.net.au/

Australian parenting website containing information on child development 0 – 18 years

Resourcing Parents http://resourcingparents.nsw.gov.au/

Information on how to access parenting programs in your area including Triple P, Circle of Security, Tuning in to Kids and other parent education programs.

Starting Blocks https://www.startingblocks.gov.au/

Information on child development, parenting tips, choosing quality childcare and child and family wellbeing during the Coronavirus (COVID-19) pandemic

The Sydney Children's Hospital https://www.schn.health.nsw.gov.au/fact-sheets

Broad range of fact sheets on general conditions for families and children

Services

Early Childhood Health Service, South East Sydney Local Health District

- For clinic locations Waverley, Woollahra, Randwick and Bayside Local Government Areas https://www.schn.health.nsw.gov.au/find-a-service/health-medical-services/early-childhood-service/sch
- Central Intake is 9382 0933

Child and Family Health Nursing Service - Sutherland and St George areas

Service contact information https://www.seslhd.health.nsw.gov.au/services-clinics/directory/child-youth-family-services/child-family-health-nursing-service

Waverley Council Family Support Information, Advice, Referral - finn.callanan@waverley.nsw.gov.au

Service Directories

Kids Book – for families with children 0-5

https://www.waverley.nsw.gov.au/ data/assets/pdf_file/0018/6318/Kids_Book_Aug_2019.pdf

COVID-19 Advice Lines and Referral Information

https://www.waverley.nsw.gov.au/community/waverley community profile/community support during covid-19