



Hi neighbour, my name is:

I live locally at:

My phone number is:

If you are self-isolating or unable to leave your home due to COVID-19, I can help with:

- Picking up shopping
- A friendly phone call
- Posting Mail
- Urgent Supplies
- Other: \_\_\_\_\_

Just call or text and I'll do my best to help you (for free!)



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This postcard has been created to connect and support your fellow residents during this time. Consider completing and dropping into a neighbour's letterbox. Please take every precaution to socially (and physically) distance and ensure you are only spreading kindness.

### Looking for more ways to stay connected and get involved?

- Email us at [connected@waverley.nsw.gov.au](mailto:connected@waverley.nsw.gov.au)
- Join our community group: [facebook.com/groups/ConnectedWaverley](https://www.facebook.com/groups/ConnectedWaverley)
- Head to [waverley.nsw.gov.au/communitycovid19](https://www.waverley.nsw.gov.au/communitycovid19) where we list several other volunteering and connection opportunities
- Join a local grass-roots Facebook group, such as Viral Kindness Eastern Suburbs or Bondi Seniors
- Join your local Precinct group – find out at [waverley.nsw.gov.au/precinct](https://www.waverley.nsw.gov.au/precinct) which one you fall into, and look them up on Facebook!

If you would like more community cards, please email us, or post a request on our Connected Waverley facebook page. We will send you a link to print the cards yourself, or arrange for a pack to be delivered to you.

***Please note:** While the majority of our community members are reaching out to neighbours with the best of intentions, it is important that the most vulnerable people in our community are protected. To report any form of abuse, neglect or exploitation, please contact the Ageing and Disability Abuse Line on 1800 628 221. **Any support offered through these community cards is to be free of charge, and no advertising or marketing of commercial products or services should be undertaken.***



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