

Lifeguard essential criteria	
Qualifications and licences	
Certificate 2 Public Safety (Aquatic Rescue) (PUA20119)	
Certificate 3 Public Safety (Aquatic Rescue)	
Class C Drivers Licence	
Provide First Aid certificate (including a Defibrillation (AED) certificate) (HLTAID003 / HLTAID011)	
Provide Pain Management certificate (PUAEME005A)	
Provide emergency care for suspected spinal injury (PUAEME004)	
Provide Advanced Resuscitation Certificate (HLTAID007)	
Occupational First Aid Certificate or willingness to enrol and complete (HLTSS00027)	
NSW Working with Children Check	
Waverley Lifeguard PWC Qualification – internal course to be completed on successful appointment to role	
Physical requirements	
Swim 800m in a 25m to 50m length pool in less than 14 minutes	
Complete a Lifeguard 'M' Shape course – 400m run x 300m swim x 400m run x 300m board twice concurrently to a satisfactory level subject to surf conditions	
Demonstrate Rescue board techniques	
Demonstrate Tube rescue techniques	
Experience and skills	
Demonstrated experience and knowledge of open ocean surfing beaches in a wide range of conditions	
Willingness and ability to perform complex rescues and body retrievals in high risk conditions and/or an unpredictable environment	
Ability to make critical decisions in a high intensity environment	
High level interpersonal, communication and conflict resolution skills with a diverse range of groups and people	
Ability to cope with emotionally challenging and/or confronting situations	
Ability to work both independently and as part of a team	
Good powers of observation and high levels of concentration	
Desirable	
Proven skills and experience as a professional lifeguard	