

Regular Events



Margaret Whitlam Centre

Soccajoey's

Wednesday 4–5pm

Thursday 10–11am

Saturday 8.30–11.30am

Anthony Costa 0405 094 901 or
easternsydney@soccajoey's.com

Triple Threat Kids Basketball

Sunday 4.30–6.30pm

Monday 5–6.30pm

Henry Brown 0409 990 771 or
henry.triplethreat@gmail.com
Ages 10–16

In Spanish

Monday 4–5.45pm

Carolina Posadas 0408 559 300 or
carolina.posadas@inspanish.com.au

Bondi Dance

Various times and venues

Samantha Silva 0416 114 837 or
bondidancecompany@gmail.com

Love Netball

Tuesdays 6.30–9.30pm

Jacquee Saunders 0419 224 420 or
jacquee@lovetnetball.com.au



Bondi Indoor Football

Monday 6.30–10pm

Thursday 6.30–10pm

Mark Ambour 0405 159 178 or
info@bondiindoor.com.au

Circle for Natural Aid in Life

Friday 6.30–9.30pm

Linley Anderson 0402 248 391 or
linley_anderson@icloud.com

East's Basketball

Thursday 4.30–6.30pm

Friday 5–9.30pm

Saturday 2.30–6.30pm

Sunday 7.45am–4.30pm

Luke Trimble 0449 566 654 or
info@east'sbl.com.au

Active Seniors Pilates

Mondays 9.30–10.30am

Wednesdays 9.30–10.30am

Waverley Council 9083 8300 or
venuehire@waverley.nsw.gov.au

Active Seniors Tai Chi

Mondays 11.30am–12.30pm

Waverley Council 9083 8300 or
venuehire@waverley.nsw.gov.au

Active Seniors Yoga

**Thursdays 9.15–10.15am and
10.30–11.30am**

Waverley Council 9083 8300 or
venuehire@waverley.nsw.gov.au

Active Seniors Table Tennis

Tuesdays 10am–1.00pm

Fridays 10.00am–12.00pm

Waverley Council 9083 8300 or
venuehire@waverley.nsw.gov.au

Active Seniors Strength and Balance

Tuesdays 12.00–1.00pm

Fridays 11.30am–1.15pm

Waverley Council 9083 8300 or
venuehire@waverley.nsw.gov.au

Regular Events

School of Arts

School of Arts Academy of Dance

Monday to Thursday 4–7pm

Saturdays 8.45am–3.30pm

Mishelle Robinson 0412 128 423 or
schoolofartsacademyofdance@gmail.com

5 Rhythms

Sundays 10am–1pm

Michelle Mahrer–0419 269 986 or
mmahrer@bigpong.net.au



Health Through Yoga

Tuesdays 10.30am–12pm

Faye Paisio–0418 804 904 or
fpaisio@optusnet.com.au

Bondi Shotokan Karate

Tuesdays 7.30–9pm

Robert Mansberg–0411 398 530 or
mansberg@usyd.edu.au

Golden Wattle Sangha

Thursday 7–9pm

Anna Russell 0437 574 345 or
roses_now2003@yahoo.com.au

Hugh Bamford



Dragon & Phoenix Tai Chi

Tuesdays 7.15–8.15pm

Danny Newhouse 0410 480 705 or
danny@dannyn.id.au

Israeli Dancing Sydney

Thursday 10.30am–12.30pm

Frances Fester 0412 164 442 or
francesfester@hotmail.com

Vipassana

Thursday 6.30–8pm

Andrew Philips 0417 415 858 or
catchdrew@icloud.com

Weird Nest

Tuesday 3.30–6.30pm

Saturday 7.30am–1.30pm

Andrew Batt-Rawden 0430 120 327 or
andrew@weirdnest.com

Universal Health Studio

Monday and Wednesday

4–7.45pm

Adam Potter 0405 244 998 or
info@universalhealthstudio.com.au

Gymbaroo

Monday 7.30am–2.30pm

Tuesday 7.30am–2.30pm

Friday 7.30am–2.30pm

Tracey Cowie 0409 659 479 or
traceycowie@outlook.com

Thomas Hogan

Israeli Dancing Sydney

Monday 12.30–2.30pm

Frances Fester 0412 164 442 or
francesfester@hotmail.com

Petes Yoga

Saturday 9.30–10.30am

Peter Rutledge 0417 470 019 or
peterrutledge1972@gmail.com

Capoeira Gerais

Saturday 10.30am–1.30pm

Irit Rathke, 0424 333 861
or heyirit@gmx.de

Bondi ITF Taekwondo

Monday 6–7.30pm

Thursday 6–7.30pm

Mark Balfour 0403 122 763 or
mark_balfour@hotmail.com

Eastern Gymnastics Academy

Tuesday 3.45–5.15pm

Thursday 3.45–5.15pm

Jill Cleaven 0481 286 947 or
easterngymnasticsacademy@gmail.com

