

CHILD AND FAMILY SERVICES DIRECTORY

For families with children 0 – 5

Emergency

Police/ Ambulance/ Fire 000

Child Protection Helpline - open 24/7 call 132 111

Link2Home – 24/ 7 emergency accommodation
1800 152 152

[Telephone Interpreter Service](#) 131 450

Domestic violence support

[1800 RESPECT](#) sexual assault, domestic violence
counselling service 1800 737 732

[NSW DV Line](#) advice, referral and support 24/7
1800 65 64 63

[Men's Domestic Violence Helpline/groups](#)

1800 000 599

Help Lines

[Lifeline](#) 24/7 counselling 131 114

[MensLine](#) 24/7 counselling 1300 78 99 78

[Black Dog Institute](#) information, research 9382 4530

[Police Assistance Line](#) 131 444

[Poisons Information Centre](#) - hotline 13 11 26

Pregnancy & childbirth support

[Breastfeeding Helpline](#) 24/7 1800 686 268

[Pregnancy, Birth & Baby Helpline](#) 7am – midnight, 7
days 1800 882 436

Children with additional needs

[Autism Spectrum Australia \(ASPECT\)](#) 1800 277 328

[Reimagine Australia](#) 9873 2593

[Lifestart Early Childhood Intervention support](#)
1800 953 390

Counselling

[Relationships Australia](#) 1300 364 277

[Parentline](#) 9 am – 9pm M-F, 4pm – 9pm weekends.
1300 1300 52

[Sudden Infant Death Syndrome Association NSW](#)
grief and loss support line 1300 308 307

Domestic Violence Counselling and Case Work

[Bondi Beach Cottage](#) 9365 1607

[Deli Women & Children's Centre](#) 9667 4664

[Jewish Care](#) 1300 133 660

[Lokahi](#) 0451 800 562

[Staying Home Leaving Violence](#) 0439 414 673

Early childhood health and development

[Nursing Service \(early childhood health clinics\)](#)

9 am – 12 pm & 1pm – 4pm, M – F. 9382 0933

- Bondi Beach Early Childhood Centre
- Waverley Early Childhood Health Centre

[Child and Family East](#) – child & family mental health
8.30am – 5pm, M – F. 9382 8213

[Child and Family Health Clinic](#) - child health &
development 9am - 12pm and 2pm - 4pm, M – F
9382 0933

Dental services:

- [South Eastern Sydney Local Health District Dental Services](#) call 1300 134 226 weekdays
8.15am – 4pm
- [Australian Dental Association NSW](#)

[Sydney Children's Hospital, Randwick](#) 9382 1111

Education

[Waverley Council Children & Family Services](#)
9083 8000

[Starting Blocks](#) find early education and before &
after school care services in your area

[NSW Public School Finder](#) find schools in your area

[My School](#) non-government and government schools

[Transition to school resources](#) prep for Kindergarten

Family Support

[Waverley Family Support](#) 0481 462 575

[Bondi Beach Cottage](#) 9365 1607

[Jewish Care](#) 1300 133 630

[Jewish House](#) JH Kids 9386 0770

[Support for Fathers](#) information and resources
(03) 8573 2222

Want to stay up to date with parenting information
and events?

Subscribe to Waverley Family Support e-news at
stella.despinidis@waverley.nsw.gov.au



Scan the QR code to access our online
directory for links to:

- Early education and care, school information
- Activities for children
- Parenting information and resources