



# Kids Book 2010

For children 0–5 and their families



## ENGLISH

Help for Non English Speakers

If you need assistance in understanding this information, please contact the Translating and Interpreting Services (TIS) on 131450 and ask them to connect you to Waverley Council's Department of Recreation, Customer & Community Services on 9386 7999. We will answer your inquiries through the TIS interpreter.

**简体中文** (Simplified Chinese)  
为不懂英语者提供的帮助

如果您需要协助才能理解这一信息，请致电 131450，与翻译和传译服务处 (TIS) 联络，要求他们帮助您接通韦弗利市议会 (Waverley Council) 休闲活动、客户服务及社区服务部 (Department of Recreation, Customer & Community Services) 的电话 9386 7999。我们将通过 TIS 的传译员回答您的问题。

**Ελληνικά** (Greek)  
Βοήθεια για τους μη Αγγλόφωνους

Αν χρειάζεστε βοήθεια για να καταλάβετε αυτές τις πληροφορίες, παρακαλώ επικοινωνήστε με τις Υπηρεσίες Μετάφρασης και Διερμηνείας (TIS) στο 131450 και ζητήστε να σας συνδέσουν με το Τμήμα του Δήμου του Waverley που διοργανώνει δραστηριότητες ψυχαγωγίας και κοινοτικές υπηρεσίες για τους δημότες (Department of Recreation, Customer & Community Services), στο 9386 7999. Θα απαντήσουμε τις ερωτήσεις σας μέσω διερμηνέα των TIS.

**Magyar** (Hungarian)  
Segítség azoknak, akik nem beszélnek angolul

Ha segítségre van szüksége ahhoz, hogy ezt az információt megértse, akkor hívja a Fordító és Tolmács Szolgálatot a 131450-es számon és kérje, hogy kapcsolják a Waverley Tanács Szórakozási, Ügyfél és Közösségi Szolgálati Osztályát (Department of Recreation, Customer & Community Services) a 9386 7999-es számon. A TIS tolmácson keresztül válaszolunk majd az érdeklődésére.

**Bahasa Indonesia** (Indonesian)  
Bantuan Bagi Penutur Non Bahasa Inggris

Jika Anda memerlukan bantuan dalam memahami informasi ini, silakan menghubungi Translating and Interpreting Services (TIS) di nomor 131450 dan mintalah mereka untuk menghubungkan Anda ke Department of Recreation, Customer & Community Services Waverley Council di nomor 9386 7999. Kami akan menjawab pertanyaan Anda melalui juru bahasa TIS ini.

**Italiano** (Italian)  
Assistenza per chi non parla inglese

Chi ha bisogno di assistenza per capire queste informazioni, può contattare il servizio di traduzione e interpretariato "TIS - Translating and Interpreting Services" al numero 131450 e chiedere di essere messo in comunicazione con il Dipartimento per i servizi comunitari, gli utenti e il tempo libero (Department of Recreation, Customer & Community Services) del Comune di Waverley al numero 9386 7999. Risponderemo alle domande attraverso l'interprete del TIS.

**日本語** (Japanese)  
英語を話さない方々へのヘルプ

この情報がよくお分かりでない方は翻訳・通訳サービス (TIS) 131450 へ電話をかけ、ウェイバリーカウンシル・デパートメント・オブ・レクリエーション、カスタマー&コミュニティ・サービス (Waverley Council's Department of Recreation, Customer & Community Services) 9386 7999 との交信をご依頼ください。TIS の通訳を通じてご質問にお応えいたします。

**한국어** (Korean)  
영어를 못하시는 분을 위한 지원

본 정보를 이해하시는 데 도움이 필요하시다면, 통번역 서비스 센터(TIS)의 131450 번으로 연락하시어, 웨이벌리 카운슬의 휴양, 고객 및 지역사회 서비스 부 (Waverley Council's Department of Recreation, Customer & Community Services)의 전화번호 9386 7999 로 연결해달라고 부탁드립니다. 여러분의 문의 사항을 TIS 통역사를 통해 답변해드리겠습니다.

**Polski** (Polish)  
Pomoc dla Osób Nieangielskojęzycznych

Jeśli potrzebujesz pomocy w zrozumieniu tej informacji, prosimy skontaktować się z Telefoniczną Służbą Tłumaczy (TIS) pod numerem 131450 i poprosić o połączenie Cię z Waverley Council's Department of Recreation, Customer & Community Services pod numerem 9386 7999. Odpowiemy na Twoje pytania za pośrednictwem tłumacza TIS.

**Русско** (Russian)  
Помощь для тех, кто не говорит по-английски

Если вам нужна помощь для того, чтобы понять эту информацию, пожалуйста, обратитесь в Службу письменных и устных переводов (TIS) по телефону 131450 и попросите их соединить вас с Департаментом досуга, потребительских и общественных услуг Совета Уэверли (Department of Recreation, Customer & Community Services) по телефону 9386 7999. Мы ответим на ваши вопросы при участии переводчика TIS.

**Español** (Spanish)  
Ayuda para las personas que no hablan inglés

Si necesita ayuda para entender esta información, sírvase contactar al Servicio de Traducción e Interpretación (Translating and Interpreting Services - TIS) llamando al 131450 y pídale que lo conecten con el Departamento de Recreación, Servicios al Cliente y a la Comunidad del Concejo de Waverley (Waverley Council's Department of Recreation, Customer & Community Services) en el número de teléfono 9386 7999. Daremos respuesta a sus preguntas a través del intérprete del TIS.

# Emergency Numbers

<b>Ambulance, Police, Fire</b>	➤ Free call – emergencies only	☎ Dial 000 (triple zero)
<b>Australian Breastfeeding Help Line</b>	➤ Counselling (formerly Nursing Mothers Association)	☎ 8853 4999 [7 days] ☎ 9389 6959
<b>Child Protection</b>	➤ DOCS Helpline ➤ Child Abuse Prevention Service [CAPS]	☎ 132 111 ☎ 9716 8000 [7 days 24 hrs]
<b>Chemist</b>	➤ After Hours Information (Pharmacy Guild)	☎ 1300 882 294 [7 days 24 hrs]
<b>Cot Death</b>	➤ Sudden Infant Death Syndrome Association of NSW [SIDS and Kids]	☎ Toll Free - 1800 651 186 [24 hrs] ☎ 9818 8400 [Mon–Fri 9am–5pm]
<b>Dental</b>	➤ After Hours Emergency Information [Australian Dental Association] ➤ Public Dental Service Health Care Card, Pensioner Concession Card or Health Benefit Holders Only	☎ 9369 7050 [24 hrs] ☎ 1300 134 226 [Mon-Fri 8.00am to 4.30pm]
<b>Doctor</b>	➤ After Hours Emergency Home Visiting Service [Mon-Fri, 7pm-7am, Sat 1pm-7am, Sun 10am- 7am]	☎ 9389 3133
<b>Domestic Violence</b>	➤ NSW Domestic Violence Advocacy Service [Mon – Fri 9.30am to 12.30 1pm to 4.30pm] ➤ Domestic Violence Counselling Line [Provides access to safe accommodation & advice]	☎ 1800 810 784 ☎ Toll Free - 1800 656 463 [24 hrs] [7 days]
<b>Hospitals</b>	➤ Sydney Children’s Hospital, Randwick ➤ Royal Hospital for Women, Randwick	☎ 9382 1111 ☎ 9382 6111
<b>Interpreting Service</b>	➤ Telephone Translating & Interpreter Service	☎ 131 450 [24 hrs]
<b>Lifeline</b>	➤ Counselling	☎ 131 114 [24 hrs]
<b>Poisons Information</b>		☎ 131 126 [24 hrs]
<b>Police</b>	➤ Bondi Police ➤ Rose Bay Police ➤ Waverley Police	☎ 9365 9699 ☎ 9362 6399 ☎ 9369 9899
<b>Pregnancy Helpline</b>		☎ 1300 139 313 [24 hrs]
<b>Rape Crisis Centre</b>	➤ Counselling service	☎ 1800 424 017 [24 hrs] ☎ 9181 4349 [TTY]
<b>Refuges</b>	➤ Homeless Persons Info Centre [Telephone referral service, listing of vacancies] ➤ Women’s Refuge and Resource Centre [Domestic Violence Line – NSW vacancy list]	☎ 9265 9081 ☎ 1800 656 463

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# Introduction

This directory describes the range of services available in the Waverley area for children aged 0 to 5 and their families. In some cases services located at various metropolitan locations have also been included where it is felt they meet a particular need not catered for in the local area.

The information has been revised and updated by Waverley Council's Recreation, Customer and Community Services Department. Every effort has been made to provide accurate and up to date information. **We welcome any advice on errors, omissions or changes.** Please email to [millhilla@waverley.nsw.gov.au](mailto:millhilla@waverley.nsw.gov.au). **For the most up-to-date information please contact the listed services directly.**

Copies of this directory and advice on services for children, youth, older people and community services generally can be obtained from:

Waverley Council's Recreation, Customer & Community Services Department  
1<sup>st</sup> Floor, 31-33 Spring Street  
Bondi Junction 2022 Tel: 9386 7999

Waverley Council Library (Ron Lander Centre)  
32-48 Denison Street  
Bondi Junction 2022 Tel: 9386 7777

This directory is also available on Council's website, at:

<http://www.waverley.nsw.gov.au>

**For a larger-print version of this directory please call 9386 7999.**

In addition to the Kids Book, Waverley Council produces the following publications:

Directory of Multicultural Services & Ethnic Groups  
Services for Older People  
Services for Young People Brochure  
Social Plan 2010  
Directory of Services for Deaf Hearing & Impaired

Last revised: June 2010

# Child Care Services

## Child Care Benefit Information

### Child Care Benefit (CCB)

CCB is available to parents or other legal guardians of children attending registered or approved child care services. Eligibility and work test requirements apply, and the benefit received varies with family income, the number of children in care and the type of care used.

### Child Care Tax Rebate (CCTR)

If you use child care for work, study or training related reasons you may qualify for a tax rebate. Those ineligible for CCB may still be eligible for the CCTR. CCTR is paid quarterly and CCB adjusted accordingly at the end of the financial year.

### Eligibility and Entitlements

You may be eligible for CCB/CCTR if:

- you use an approved or registered child care service
- you or your partner live permanently in Australia
- you are an Australian or New Zealand citizen, holder of a permanent visa or an appropriate temporary visa, an Australian Government sponsored student, or in other special circumstances
- your child is immunised or exempt from immunisation requirements
- you are liable for child care fees

For information on eligibility or entitlements, or to lodge a claim for CCB, call the Family Assistance Office on 13 6150, visit their office in your local Medicare, Centrelink or Taxation Office, or go to <http://www.familyassist.gov.au>.

## Long Day Care Centres

Long day care services provide care and educational programs in the early years of a child's life (from 0 to 5 years). Services provide all day or part-time care and education for children of working families and the general community. They open at least 8 hours per day, 49 weeks per year. Private operators, local Councils, community organisations, employers or non-profit organisations may operate these services.

Services are licensed to standards set by the NSW Department of Community Services. They are required to participate in the National Quality Improvement and Accreditation Scheme if they wish to offer Child Care Benefit.

Few centres care for 0-2 year olds and it may be difficult to find a place for children under 3. Parents are always advised to put their child's name on a number of waiting lists as early as possible.

The Australian Department of Family, Community Services & Indigenous Affairs has priority guidelines for allocating child care places on their website ([www.facs.gov.au](http://www.facs.gov.au) – search under 'priority').

**Long Day Care Centres  
Community Based or Not for Profit**

**Waverley Council** operates three community based long day care centres.

**Bronte Child Care Centre**

42 St Thomas Street, Bronte 2024

Ph: 9665 7998

Email: [brontec@waverley.nsw.gov.au](mailto:brontec@waverley.nsw.gov.au)

Monday to Friday: 8.00am - 6.00pm  
For children 2-5 years.

Also offers a small number of pre-school places (8.30am - 4.30pm) at a lower fee for children with additional needs.

**Gardiner Child Care Centre**

6 Gardiner Street, Bondi Junction 2022

Ph: 9387 1252

Email: [gardinerc@waverley.nsw.gov.au](mailto:gardinerc@waverley.nsw.gov.au)

Monday to Friday: 8.00am - 6.00pm  
For children aged 6 months-5 years.

**Waverley Child Care Centre**

Clementson Park, Newland Street,  
Bondi Junction 2022

Ph: 9386 9200

Email: [waverleyc@waverley.nsw.gov.au](mailto:waverleyc@waverley.nsw.gov.au)

Monday to Friday: 7.45am - 5.45pm  
For children aged 6 months - 5 years.

**Fees for Council child care centres**

6 months - 2 years.....\$70.00/day


2 - 5 years ..... \$66.00/day


See also Council's website at:

<http://waverley.nsw.gov.au/publications/pdfs/PricingPolicy.pdf>



**KEY**

 Food supplied

 Nappies supplied

These symbols appear under some entries for service providers. Where absent, the item may not be supplied. For further details please call the provider.

**Iluka Centre**

73-75 Roscoe Street, Bondi Beach 2026

Ph: 9130 6024

Email: [ilukabondi@uccs.org.au](mailto:ilukabondi@uccs.org.au)

Monday to Friday: 7.30am - 6.00pm

0 - 2 years ..... \$93.00 per day

2 - 3 years ..... \$87.00 per day

3 - 5 years ..... \$83.00 per day



**Kindamindi Co-op**

1 Illawong Avenue, South Bondi 2026

Ph: 9365 6600

Email: [kindiminiccc@optusnet.com.au](mailto:kindiminiccc@optusnet.com.au)

Monday to Friday: 8.00am - 6.00pm

0 - 5 years ..... \$65.00 per day



**North Bondi Kindergarten**

Cnr Warners Ave & Niblick St,  
North Bondi 2026

Ph: 9130 3194

Fax: 9300 6876

Email: [nbkindy@ucabondibeach.com.au](mailto:nbkindy@ucabondibeach.com.au)

Monday to Friday 8.30am - 4.30pm

3 - 5 years ..... \$57.00 per day



**St Mary's Child Care Centre**

240 Birrell St, Waverley 2024

Ph: 9389 0853

Email: [enquiries@stmaryswaverley.org.au](mailto:enquiries@stmaryswaverley.org.au)

Monday to Friday: 8.00am - 5.30pm

2 - 5 years ..... \$83.00 per day



**The Grace Child Care Centre**

Clementson Park, Newland St  
Bondi Junction 2022

Ph: 9387 2769

Email: [thegrace@optusnet.com.au](mailto:thegrace@optusnet.com.au)

Monday to Friday: 7.30am - 6.00pm

0 - 5 years ..... \$93.00 per day



## Long Day Care Centres Private

### ABC Junction

#### Junction Juniors 2

Level 12, Tower 2, Westfield  
520 Oxford Street, Bondi Junction 2022  
Ph: 9387 5673 Fax: 9387 4192

#### Junction Juniors 3

Level 12, 101 Grafton Street,  
Bondi Junction 2022  
Ph: 9387 3088 Fax: 9387 3916

Monday to Friday: 8.00am - 6.00pm  
0 - 3 years.....\$109.50 per day  
3 - 4 years.....\$106.50 per day  
4 - 5 years.....\$92.50 per day



#### Bennett Street Child Care Centre

43 Bennett Street, Bondi 2026  
Ph: 9386 4440  
Email: [bennettstreet@ozemail.com.au](mailto:bennettstreet@ozemail.com.au)

Monday to Friday 8.00am - 6.00pm  
2 - 5 years.....\$78.00 per day



#### Brontesaurus Pre-School

41a Murray Street, Bronte 2024  
Ph: 9389 9418  
Email: [brontesauruskindy@bigpond.com](mailto:brontesauruskindy@bigpond.com)

Monday to Friday: 8.30am - 5.30pm  
Long day care.....\$80.00 per day  
Monday to Friday: 9.00 am - 3.00pm  
Short day care.....\$70.00 per day

#### Castlefield Kindi

Cnr Castlefield & Miller Street, Bondi 2026  
Ph: 9365 3289  
Email: [castlefield@dodo.com.au](mailto:castlefield@dodo.com.au)

Monday to Friday: 7.30am - 5.30pm  
3 - 5 years .....\$75.00 per day



#### Cherub's Childcare Rose Bay

469 Old South Head Road, Rose Bay 2029  
Ph: 9371 0498  
Email: [cherubsrosebay@bigpond.com](mailto:cherubsrosebay@bigpond.com)

Monday to Friday: 8.00am - 5.30pm  
0 - 2 years.....\$100.00 per day  
2 - 3 years .....\$90.00 per day



#### Cherub's Childcare Vaucluse

691 Old South Head Road, Vaucluse 2030  
Ph: 9337 6175  
Email: [cherubsvaucluse@bigpond.com](mailto:cherubsvaucluse@bigpond.com)

Monday to Friday: 8.00am - 5.30pm  
3 - 5 years.....\$95 per day



#### Clyde Street Childcare

140 Clyde St, North Bondi NSW 2026  
Ph: 9300 0015 / 0416 277 730

Monday to Friday: 8.00am-6.00pm  
0-5 years.....\$87.00 per day



#### Gingerbread Cottage Pre-school

30 Bourke Street Bondi Junction 2022  
Ph: 9389 2650 Fax: 9389 2648  
Web: [www.kindergarten.net.au](http://www.kindergarten.net.au)  
Email: [gingerbreadkindy@bigpond.com](mailto:gingerbreadkindy@bigpond.com)

Monday to Friday: 8.30am - 5.30pm  
3 - 4 years  
9:00 - 3:00pm.....\$70.00per day  
8:30 - 5:30pm.....\$80.00per day



#### The Grace Child Care Centre

Clementson Park, Newland Street,  
Bondi Junction 2022  
Ph: 9387 2769  
Email: [thegrace@optusnet.com.au](mailto:thegrace@optusnet.com.au)

Monday to Friday  
Long Day Care  
7:30am - 6.00pm.....\$93.00 per day  
Occasional Care  
7:30am - 6.00pm.....\$94.00 per day

**Hugabub Bondi Long Day Care**

46 Blair Street, Bondi 2026  
Ph: 9300 0179  
Email: [haugabub.bondi@bigpond.com](mailto:haugabub.bondi@bigpond.com)

Monday to Thursday: 8.00am - 5.30pm  
Fridays (reduced fee): 8.00am - 4.00pm  
0 - 2 years.....\$105 per day  
2 - 5 years.....\$83 per day

**Jacob's Ladder Pre-school & Long Day Care**

70-74 Dover Road, Rose Bay NSW 2029  
Ph: 8968 1500

Monday to Friday: 7.30am - 6.30pm  
2 - 5years.....please call for fee details

**London Carriage Pre-School**

23 Jackaman Street, Bondi 2026  
Ph: 9387 6757

Monday to Friday: 7.30am - 5.30pm  
2 years - 5 years..... \$89.00 per day

**Marli Marli Daycare**

1 Waiora Avenue, North Bondi 2026  
Ph: 0412 717 343 / 9130 4677  
Web: [www.marlimarlidaycare.com.au](http://www.marlimarlidaycare.com.au)  
Email: [marlimarlidaycare@bigpond.com](mailto:marlimarlidaycare@bigpond.com)

Monday to Friday 8.30am – 4.30pm  
2 – 3 years.....\$85.00 per day

**Mother Goose Child Care Centre**

19 Violet Street, Waverley 2024  
Ph: 9389 8187

Monday to Friday: 8.00am - 6.00pm  
Please call for fee details.



**Ocean St Long Day Care Preschool**

34 Ocean Street, Bondi 2026  
Ph: 9386 1948  
Email: [oceanstreet@internode.on.net](mailto:oceanstreet@internode.on.net)

Monday to Friday: 7.30am - 6.00pm  
3 - 5 years..... \$74.00 per day



**Rochie's Creche**

15 Gowrie Avenue, Bondi Junction 2022  
Ph: 9389 0849, Director 0415 469 465

Monday to Friday: 8.30am - 3.40pm  
15 months - 3 years..... \$94.00 per day



**Wee Care Kindergarten**

7 St Mary's Avenue, Bondi Junction 2022  
Ph: 9389 4993  
Email: [weecare@zeta.org.au](mailto:weecare@zeta.org.au)

Monday to Friday: 8.30am - 4.30pm  
3 - 5 years ..... \$91.00 per day



**Wee Care 2 Child Care Centre**

2 St Mary's Avenue, Bondi Junction 2022  
Ph: 9389 4993  
Email: [weecare@zeta.org.au](mailto:weecare@zeta.org.au)

Monday to Friday: 8.00am - 5.00pm  
2 - 4 years ..... \$91.00 per day



**NOTE**

Most long day care centres close for approximately 2-3 weeks over the Christmas / January period.

Vacation care may be available at some locations for parents who are unable to find alternative care.

For further information call Waverley Council on 9386 7999.

## Pre-Schools & Kindergartens Community Based or Not for Profit

Usually open between 9.00am and 3.00pm during school terms only. Care for 3-5 year olds is provided on a sessional basis either as a morning or afternoon session or a full day, with some centres offering both. In Waverley, pre-schools offering a shorter day program are government subsidised. Fees are based on a means test.

### Eastern Suburbs Montessori Assoc.

8 Wellington Street, Bondi 2026

Ph: 9130 8313

Web: [www.montessori.nsw.edu.au](http://www.montessori.nsw.edu.au)

Email: [admin@montessori.nsw.edu.au](mailto:admin@montessori.nsw.edu.au)

3 - 4 years.....8.30am – 12.00pm

5-12 years....8.30am – 3.00pm

Fees not provided call for details

### Kesser Torah College

Cnr Blake & Napier St, Dover Heights 2030

Ph: 9388 2600

Web: [www.kessertorah.nsw.edu.au](http://www.kessertorah.nsw.edu.au)

Monday to Thursday: 8.15am - 3.30pm

Friday: 8.15am - 2.40pm

3-5 years. Fees not provided call for details

Kosher food only.



### Mt Zion War Memorial Kindergarten

30 Bondi Road, Bondi Junction 2022

Ph: 9387 2658

Email: [mtzionbondi@bigpond.com.au](mailto:mtzionbondi@bigpond.com.au)

Monday to Thursday: 8.30am - 3.30pm

Friday: 8.30am - 3.00pm

3 - 5 years.....please call for fee details

### St Therese Community Pre-School

22 Napier Street, Dover Heights 2030

Ph: 9371 8843

Email: [sttherese1@optusnet.com.au](mailto:sttherese1@optusnet.com.au)

Monday to Friday: 9.00am - 3.00pm

3 - 5 years.....\$50.00 per day

Additional needs teacher 4 and a half-days per week.



### Waterford Pre-School

44 Henrietta Street, Waverley 2024

Ph: 9389 2094

Web: [www.waverley.nsw.edu.au](http://www.waverley.nsw.edu.au)

Email: [waterford@waverley.nsw.edu.au](mailto:waterford@waverley.nsw.edu.au)

Monday to Friday: 8.30am - 3.30pm

(school terms only)

Priority for additional needs children and children 1 year before starting school.

## Pre-Schools & Kindergartens Private

### Brontosaurus Pre-School

41a Murray Street, Bronte 2024

Ph: 9389 9418

Email: [brontosauruskindy@bigpond.com](mailto:brontosauruskindy@bigpond.com)

Monday to Friday: 8.30am - 5.30pm

3-5 years

Short day care .....\$70.00 per day

Long day care .....\$80.00 per day

### Gan Yeladim Centre

14 Anglesea Street, Bondi 2026

Ph: 9369 3617

Monday to Friday: 8.30am - 3.30pm

1 - 3 years ..... \$90.00 per day

Kosher food supplied.



### Gingerbread Cottage Pre-school

28 Bourke Street Bondi Junction 2022

Ph: 9389 2650

Web: [www.kindergarten.net.au](http://www.kindergarten.net.au)

#### Pre-School

Monday to Friday: 9.00am - 3.00pm

4 to 6 years

9:00 - 3:00 ..... \$65.00 per day

8:30 - 5:35 .....\$75.00 per day

### Moriah College Pre-School

115 Glenayr Ave, Bondi 2026

Ph: 9130 1979

Email: [ijoseph@moriah.nsw.edu.au](mailto:ijoseph@moriah.nsw.edu.au)

Monday to Thursday: 8.30am - 3.30pm

Friday: 8.30am - 3.00pm

Fees not provided. Please call 9375 1600 for details.



## Family Day Care

Family Day Care is a government funded, licensed and accredited service. Children are cared for in groups of up to 5 children in the carer's own home. Carers are available in a variety of locations. In the Waverley LGA, Council manages Family Day Care through a co-ordination unit. Flexible arrangements are possible ie: full day care, part-time (carers charge for a minimum of 7 hours per day), before and after school care and limited emergency care. Carers are registered and the service provides supervision and support through Child Development Officers who visit regularly. The scheme also provides fortnightly play sessions, monthly relief and twice weekly drop in sessions for carers.

### Waverley Family Day Care

25 Ebley Street, Bondi Junction 2022  
Ph: 9389 9421

0-5 years (recommended) .....\$6.60 per hour  
Admin levy & Toy Library ..... \$4.00 per day

## Occasional Care

Care is provided for short periods of time on an occasional or emergency basis. At some centres this may be limited to a session or a few hours per week. Parents may be able to use this type of care on a regular basis and for whole days. Ideal for shopping, appointments or a respite break.

### Bondi Beach Cottage

42 Brighton Boulevard, North Bondi 2026  
Ph: 9365 1607

Web: [www.bondibeachcottage.com.au](http://www.bondibeachcottage.com.au)

Email: [childcare@bondibeachcottage.com.au](mailto:childcare@bondibeachcottage.com.au)

Monday to Friday, 0-5 years

8:30am -12:30pm or

12:30pm - 4:30pm.....\$32 per session

8:30 - 4:30 pm..... .. \$57.50 full session

Bookings essential. Open school holidays.

### The Grace Child Care Centre

Clementson Park, Newland Street,  
Bondi Junction 2022

Ph: 9387 2769

Email: [thegrace@optusnet.com.au](mailto:thegrace@optusnet.com.au)

Monday to Friday 7:30am - 6.00pm

9mths – 5 years.....\$93.00 per day

## Inclusion Support Services

### SDN Inner Sydney Inclusion Support Agency

Level 1, 3 Linthorpe Street Newtown 2042

Ph: 9557 0183

Web: [www.sdn.org.au](http://www.sdn.org.au),

Email: [isisa@sdn.org.au](mailto:isisa@sdn.org.au)

The ISA provides services to eligible child care providers in the following local government areas:

- Botany Bay
- Leichhardt
- Marrickville
- Randwick
- City of Sydney
- Waverley
- Woollahra

Each Inclusion Support Agency manages a network of Inclusion Support Facilitators who work at a local level with child care services to:

1. Build their capacity to create an inclusive environment for all children and families.

2. Promote the awareness of and responsiveness to the following priority groups:

- children from culturally and linguistically diverse backgrounds;
- children with ongoing high support needs including children with a disability;
- Aboriginal and Torres Strait Islander children.

Services that are eligible to access inclusion support are:

Australian Government approved Child Care Services, including both private and community based long day care, outside school hours care including vacation care, family day care, occasional care, mobile child care services and in-home care.

## Private Home Based Carers

These carers are licensed by the NSW Department Of Community Services (DoCS) to care for up to 5 children, mostly under-3's, in their own homes. Call DoCS on 9245 1666 to check current licenses. Hours and fees vary. Child Care Benefit is **not** available.

### **Anne Soloman's Day Care**

5 Brassie Street, North Bondi 2026

Ph: 9130 4092

Email: [anne.solomon@live.com.au](mailto:anne.solomon@live.com.au)

### **Di's Day Care**

7 Stephen Street, Bondi 2026

Ph: 9369 1615

### **Mickey Mouse Kindy**

55 The Avenue, Rose Bay 2029

Ph: 9388 2388

### **Miri's Creche**

28 Woodstock Street, Bondi Junction 2022

Ph: 0411 743 783

### **Rina's Place**

14 Hewlett Street, Waverley 2021

Ph: 9387 6246

Email: [joshuarina@optusnet.com.au](mailto:joshuarina@optusnet.com.au)

### **Sandy's Day Care**

136a Clyde Street, Bondi 2026

Ph: 9130 7607

## Babysitting

### **Home Help (Metropolitan area)**

#### **Casual Babysitting and Nanny Service**

Ph: 9221 3644, Fax: 9221 8544

Email: [homehelp@bigpond.com.au](mailto:homehelp@bigpond.com.au)

Monday to Friday 9.00am-5.00pm.

Services include cleaners, companions, day child carers, housekeepers, nannies and babysitters.

### **Mothercraft and Nannies Pty Ltd**

Ph: 9663 4570, Fax: 9484 6262

Web: [www.mothercraft.com.au](http://www.mothercraft.com.au)

Email: [mothercraft@bigpond.com](mailto:mothercraft@bigpond.com)

Monday to Friday 8.30am-4.30pm.

Casual mothercraft nurses, nannies, mothers' helps or babysitters.

### **Nannies and Helpers Pty Ltd**

The Edgecliff Centre 203 -233

New South Head Rd Edgecliff 2027

Ph: 9363 4221, Fax: 9979 5940

Web: [www.nanniesandhelpers.com.au](http://www.nanniesandhelpers.com.au)

Email: [nannies@nanniesandhelpers.com.au](mailto:nannies@nanniesandhelpers.com.au)

Babysitters, after school carers, live-in or out child carers and companions on temporary or permanent basis. Holiday and emergency care.

## Playgroups

### Playgroup NSW Inc

Ph: 1800 171 882, Fax: 9604 5541  
Web: [www.playgroupnsw.com.au](http://www.playgroupnsw.com.au)

Two hour sessions for parents/carers and their children aged 0-5 years meet and play.

### Mobile Play Bus

Ph: 0422 377 574  
Email: [mobileplaybus@savethechildren.org.au](mailto:mobileplaybus@savethechildren.org.au)

Free playgroup for local families with young children. Located Dudley Page Reserve, cnr Military Rd & Lancaster Rd, Dover Heights, 10am to noon on Thursdays, School term only. Run by *Save The Children*.

### Rose Bay Playgroup

The Cottage, Rose Bay Golf Club, O'Sullivan Road, Rose Bay 2029  
Ph: 9391 7170

Speaking groups 10.00am - 12.00noon

English: Tuesday & Wednesday  
Hebrew: Thursday  
Japanese: Friday

### Time for Us

Level 2, Church in the Market Place  
400 Oxford St, Bondi Junction 2022  
Ph: 9387 2300

Web: [www.cmponline.net](http://www.cmponline.net)  
Email: [carolyn.smalley@cmponline.net](mailto:carolyn.smalley@cmponline.net)

Aged 0-5 years.....Casual rate \$3/family  
Tuesdays & Wednesday s,  
10.00am - 12.00pm in school term

### Bondi: Francis Street

Thomas Hogan Reserve, Francis St, Bondi  
Ph: 9130 3803  
Email: [francisstplaygroup@gmail.com](mailto:francisstplaygroup@gmail.com)

### Bondi North

Hall Early Childhood Centre  
Cnr Brighton Blvde & Wairoa Ave,  
Bondi North 2026  
Ph: 0425 226 386  
Web: <http://www.northbondiplaygroup.org.au>

### Vaucluse

Kimberley Reserve, Military Road  
Vaucluse 2030  
Ph: 0413 383 553  
Email: [low.brooke@gmail.com](mailto:low.brooke@gmail.com)

### Bondi Yeshiva Tots

Yeshiva Centre  
36 Flood Street, Bondi NSW 2026  
Ph: 0423 352 886  
Email: [levychana@gmail.com](mailto:levychana@gmail.com)

## Emergency Assistance

### Salvo Care Line Crisis Services

Provides 24 hour telephone crisis counselling, information and referrals.

Ph: 9331 2000 - Salvo Crisis Line  
Ph: 9331 6000 - Salvo Care Line  
Ph: 9360 3000 - Youth Line

### St Vincent de Paul Referral Centre

Ground Floor, 332-342 Oxford St,  
Bondi Junction 2022  
Phone: 9387 5614 Fax: 9387 4442

### Opening Hours

Monday – Friday: 10am – 1pm, 1.30pm – 3pm

Clients need a Centrelink referral for assessments, ring for appointment. Assistance emergency relief maybe given depending on assessment. Financial assistance support may include providing food or food vouchers, clothing, furniture, budget support, assistance with utility bills, information and advocacy. Home visitation may be necessary after assessments have been done. Offers referrals for budget counselling, financial counselling, and counselling.

## Emergency Care

### Barnardos Sydney Metro Care

Level 1, 60-64 Bay St, Ultimo 2007  
GPO Box 9996, Sydney 2001  
Tel. 9218 2358 Fax 9211 0188  
A/H 0400 380 939  
Email: [sydneymetro@barnardos.org.au](mailto:sydneymetro@barnardos.org.au)

Offers short term foster care for children and weekend ongoing respite care for families at risk of breakdown.

# Child Protection Services

## **Barnardo's South East Sydney Temporary Family Care**

60-62 Bay Street, Ultimo 2007

Ph: 9218 2358

[www.barnardos.org.au](http://www.barnardos.org.au)

Email: [sydneymetro@barnardos.org.au](mailto:sydneymetro@barnardos.org.au)

Temporary Family Care - short term foster care for children 0-12 years. Home visiting support to families with children & adolescents in eastern, southern & inner Sydney areas. Foster care is provided in the homes of professionally recruited, assessed and trained carers.

## **Child Abuse Prevention Service (CAPS)**

PO Box 1235, Ashfield 2131

Ph: 1800 688 009

Ph: 9716 8000

Fax: 9716 8159

[www.childabuseprevention.com.au](http://www.childabuseprevention.com.au)

Email: [mail@childabuseprevention.com.au](mailto:mail@childabuseprevention.com.au)

24 hour crisis support service providing assistance to prevent child abuse in families suffering stress.

## **Child Protection Unit**

Level 1, Emergency Wing, Sydney Children's Hospital, High St, Randwick 2031

Ph: 9382 1412 (Office Hours)

Ph: 9382 1111 (After Hours)

Fax: 9382 1410

Web: [www.sch.edu.au](http://www.sch.edu.au)

Provides clinical assessment and therapeutic interventions to maltreated children and their families. Evaluation of children who have experienced or are at risk of abuse or neglect. Provides consultative service for anyone who would like an opinion on what to do in cases where abuse or neglect is uncertain.

## **Department of Community Services**

DOCS Helpline: 132 111 (24 hours)

[www.community.nsw.gov.au](http://www.community.nsw.gov.au)

24 hour helpline for child protection issues. Staff take all reports relating to child protection issues within NSW and refer these reports so that appropriate action is taken. Covers young people at risk including those in the care of the Director General (previously known as State Wards).

*Other contact details:*

Children's Services Team Ph: 8303 7622

Domestic Violence Counselling Line:

1800 656 463 (24 hours)

## **Early Intervention Program**

Ph: 9365 7999

Fax: 9365 7937

Web: [www.bensoc.org.au](http://www.bensoc.org.au)

Email: [eip@bensoc.org.au](mailto:eip@bensoc.org.au)

A home visiting service staffed by professionals to families to help facilitate the parent - infant relationship and attachment and reduce the incidence of child abuse and neglect.

## **Eastern Sydney Scarba Service**

24a Ocean Street, Bondi 2026

Ph: 9130 7336

Web: [www.bensoc.org.au](http://www.bensoc.org.au)

Email: [karenv@bensoc.org.au](mailto:karenv@bensoc.org.au)

A service of the Benevolent Society who works with high risk families where children have been abused or neglected. To promote positive change and in particular with the care givers so that they may provide a more safe and nurturing environment for their children.

# Early Childhood Intervention Services & Support

## Services for Children with Additional Needs

### Early Childhood Intervention Infoline

Ph: 1300 65 68 65

For referral to local intervention services.  
Funded by Ageing Disability & Home Care  
(ADHC), run by Lady Gowrie Child Centre.

Early Childhood Intervention Services are designed to assist families with children from birth until they enter the school system. These services are for children who:

- Have a developmental delay or a disability
- Require specialised services without which it is likely that developmental milestones may not be achieved, and/or are at risk of developing a developmental, disability /delay.

### Autism Spectrum Australia

*Building 1, Level 2, 14 Aquatic Drive  
Frenchs Forest 2087*

Ph: 8977 8300

Fax: 8977 8399

*Web: [www.autismnsw.com.au](http://www.autismnsw.com.au)*

*Email: [contact@aspect.org.au](mailto:contact@aspect.org.au)*

Provides services and training on Autism Spectrum Disorders. Includes Autism Information Line, Centre for Autism Learning, early intervention services, assessment, school outreach services, employment opportunities and community options for adults.

### Bondi Rainbow Club

Ph: 0418 963 087

*Web: [www.rainbowclubaust.com.au](http://www.rainbowclubaust.com.au)*

*Email: [rainbow\\_clubaust@hotmail.com](mailto:rainbow_clubaust@hotmail.com)*

Swimming and recreation club for children with special needs. Offers swimming and water safety classes for all children from birth until a competent swimming stroke is attained. Classes held at Wairoa School on Saturday afternoons. Please contact Maree for further details.

### Cystic Fibrosis New South Wales

Ph: 9878 2075

Fax: 9878 4890

*Web: [www.cysticfibrosis.org.au](http://www.cysticfibrosis.org.au)*

*Email: [general@cysticfibrosisnsw.org.au](mailto:general@cysticfibrosisnsw.org.au)*

Provides services to people & families with children with CF. Information for professionals and the public on research, education, advice and support.

### Down Syndrome NSW

*80 Weston Street, Harris Park, 2150*

Ph: 9841 4444 (24 hour support)

Fax: 9841 4400

*Web: [www.dsansw.org.au](http://www.dsansw.org.au)*

*Email: [admin@dsansw.org.au](mailto:admin@dsansw.org.au)*

Parent support association encouraging people with down syndrome to take their place in the community and raise community understanding.

### Eastern Respite and Recreation

*Suite 602, Level 6,*

*806-812 Anzac Parade, Maroubra 2035*

Ph: 9349 4666

Fax: 9349 4800

*Web: [www.easternrespite.com.au](http://www.easternrespite.com.au)*

*Email: [err@easternrespite.com.au](mailto:err@easternrespite.com.au)*

Provides range of recreation, respite & skills development programs to assist people with disabilities and their primary carers. Services include in-home respite, one-to-one support to access community facilities, group activities, peer support, carer support program, evening, weekend and school holiday programs.

### Epilepsy Action

*Suite 8, 44-46 Oxford St, Epping 2121*

Ph: 9856 7090

Fax: 9869 4122

*Web: [www.epilepsy.org.au](http://www.epilepsy.org.au)*

*Email: [action@epilepsy.org.au](mailto:action@epilepsy.org.au)*

Provides range of support services to people with epilepsy and their families. Epilepsy educators help people adjust to living with epilepsy and offers guidance & information to the community.

### **Family Assistance Office**

Ph: 13 61 50 Fax: 9391 4345  
Web: <http://www.familyassist.gov.au/>

The Family Assistance Office helps families with the cost of raising children, through family assistance payments. You could be eligible for one or more of the following payments: Family Tax Benefit A (helps families with the cost of raising children), Family Tax Benefit Part B (gives help to families with one main income) and Child Care Benefit (helps families with the cost of child care)

### **Lady Gowrie Children's Childcare Services**

Childcare & family info line: 1800 803 820

Provides information, referral, advocacy and advice on various services for children particularly 0-6 years. Telephone Interpreter Service used for non-English speaking callers.

### **Lifestart**

*Maroubra Baptist Church,*  
*139 Garden St, Maroubra 2035*  
Ph: 9344 4081 Fax: 9344 4069  
Web: [www.lifestart.org.au](http://www.lifestart.org.au)  
Email: [easternsydney@lifestart.org.au](mailto:easternsydney@lifestart.org.au)

Provides services to families who have a child with an intellectual disability or delay in development. Families have access to the services & skills of special educators, speech pathologists, physiotherapists & occupational therapists, as well as specialists in behaviour & program development.

### **Matilda Rose Early Intervention Centre**

*27 Evans St, Bronte 2024*  
Ph: 9369 1423 Fax: 9386 5935  
Web: [www.mreic.org.au](http://www.mreic.org.au)  
Email: [mreic@mreic.org.au](mailto:mreic@mreic.org.au)

Non-profit organisation offering early intervention services and transition to school services focusing on education, communication & social behaviour and friendships for children with profound hearing loss and additional disabilities. Full programs available during school terms with limited programs over the school holidays.

### **Muscular Dystrophy Association of NSW**

*Suite 101, 7 Bay Drive, Meadowbank, 2114*  
Ph: 9809 2111 Fax: 9809 4177  
Web: [www.mdnsw.org](http://www.mdnsw.org)  
Email: [info@mdnsw.org](mailto:info@mdnsw.org)

Provides support and information for families affected by neuromuscular disorders. Includes support networks, events, seminars, workshops and a quarterly newsletter. May also assist with funding of equipment for members.

### **Northcott Society**

*The Northcott Building, 1 Fennell St,*  
*North Parramatta 2151*  
Ph: 1800 506 071 Fax: 9683 2827  
Web: [www.northcott.com.au](http://www.northcott.com.au)  
Email: [nc@northcott.com.au](mailto:nc@northcott.com.au)

Provides a range of services to people with disabilities. Includes early childhood support, individual & family support, respite, recreation, post school options, community living, information, rural services, equipment, technology and computer assessments.

### **Royal Institute for Deaf & Blind Children**

*361-365 North Rocks Rd North Rocks 2151*  
Ph: 9871 1233 Fax: 9871 2196  
Web: [www.ridbc.org.au](http://www.ridbc.org.au)  
Email: [jan.north@ridbc.org.au](mailto:jan.north@ridbc.org.au)

Provides early intervention, pre-school and school-aged educational programmes for children with hearing and/or vision impairment. Services include centre-based and home-based programs, an audiology clinic and a research and professional training centre.

### **The Spastic Centre - Recreation Program, Sydney North & East Sydney**

*189 Allambie Rd, Allambie Heights 2100*  
Ph: 9975 8400 Fax: 9975 8420  
Web: [www.thespasticcentre.org.au](http://www.thespasticcentre.org.au)  
Email: [cphelpline@tscnsw.org.au](mailto:cphelpline@tscnsw.org.au)

A range of services for people with cerebral palsy is provided. These services include Early Intervention and School Support Services. Respite children's accommodation is also available to those using Spastic Centre services. Additional technology and repair services are offered in relation to mobility and communication devices.

**Spina Bifida Group of NSW**

1 Fennell St, North Parramatta 2151  
Ph: 1800 506 071 Fax: 9683 2827  
Web: [www.northcott.com.au](http://www.northcott.com.au)  
Email: [sbgroup@northcott.com.au](mailto:sbgroup@northcott.com.au)

Aims to assist parents and others who care for spina bifida children to understand and cope with the many problems they face

**Cerebral Palsy and Movement Disorders Service**

Sydney Children's Hospital,  
High St, Randwick 2031  
The Spastic Centre  
PO Box 184, Brookvale 2100  
Ph: 9382 1685 (appointments)

Provides a consultative multidisciplinary assessment in the management of movement disorders in cerebral palsy. A clinic is held once a week with various therapies provided. Referrals by GP.

**Tumbatin Developmental Clinic**

Sydney Children's Hospital, Randwick 2031  
Ph: 9382 8189 Fax: 9382 8188  
Email: [robyn.heslopr@sesiahs.health.nsw.gov.au](mailto:robyn.heslopr@sesiahs.health.nsw.gov.au)

Diagnosis and assessment of children with suspected developmental delay or a known disability. Ongoing support and counselling. Referral to other agencies and school placement.

**Vision Australia**

4 Mitchell St, Enfield NSW 2136  
Ph: 1300 847 466 Fax: 9747 5993  
TTY: 9334 3260  
Web: [www.visionaustralia.org](http://www.visionaustralia.org)  
Email: [info@visionaustralia.org](mailto:info@visionaustralia.org)

Provides a range of services for children and adults who are blind or vision impaired. Includes counselling, employment support, computer training, a talking book library and newspaper service. Also provides low vision aids and strategies for managing everyday activities and retaining independence.

## Family Support and Advice

**Waverley Council's Family & Community Support Worker**

Level 1, 31-33 Spring St, Bondi Junction  
Ph: 9386 7999 (By appointment)

Council provides a family support service including counselling, parenting programs and information sessions to families of children enrolled in Council's Children's Services. It also assists in providing priority of access to children with additional needs into Council's Child Care and Family Day Care services.

**Australian Multiple Birth Association - National Office**

Ph: 1300 886 499 Fax: 9980 7225  
Email: [secretary@amba.org.au](mailto:secretary@amba.org.au)  
Web: [www.amba.org.au](http://www.amba.org.au)

Provides support to parents expecting or who have multiple births (twins, triplets, quads and quins). Includes information, equipment hire, bereavement support and support for those with special needs. Can provide contact details of local groups throughout NSW. Multiple birth bereavement support line Ph: 9980 7225.

**Barnardo's South East Sydney**

60-62 Bay St, Ultimo 2007  
Ph: 9599 8911 (24 hours) Fax: 9599 0469  
Web: [www.barnardos.org.au](http://www.barnardos.org.au)  
Email: [tfcses@barnardos.org.au](mailto:tfcses@barnardos.org.au)

Operates family support program offering short-term crisis care for children 0-12 with professional foster families. Ongoing planned respite care provided to families under stress.

**Bondi Beach Cottage Family & Community Support Centre**

42 Brighton Boulevard, Bondi Beach 2026  
Ph: 9365 1607 Fax: 9365 1366  
Email: [bbc@kdbnet.net.au](mailto:bbc@kdbnet.net.au)

Provides counselling & referral and social & group activities throughout the year. Occasional child care for 0-5 years olds. Bookings essential. Groups available for women, social activities, parent & baby support, and domestic violence support. Support is offered for parenting, legal matters, housing and cross-cultural issues.

**Child & Family Infoline**

Ph: 8594 4244 / 1800 803 820

Web: [www.gowie@sydney.com.au](http://www.gowie@sydney.com.au)

Email: [data@gowrie-sydney.com.au](mailto:data@gowrie-sydney.com.au)

A free service assisting families to make informed decisions about child care and related family issues. Trained staff provides information about a range of children's services including Long Day Care centres, Vacation Care, Out of School Hours Care and children with special needs.

**Child & Family East (Randwick)**

Sydney Children's Community Health Centre

Cnr Barker St & High St, Randwick 2031

Ph: 9218 2358

Fax: 9211 0188

Combined children's and adolescent clinic. Assessment and help with emotional and behavioural difficulties as well as assessment of children with learning difficulties.

**Department of Community Services**

219-241 Cleveland St, Strawberry Hills 2012

Ph 132 111

Fax: 9633 7666

Experienced workers are available at the Department of Community Services to assist families having difficulties with children or experiencing domestic violence. Information, support and referral available to community. Support services available for children and families.

*Other contact details*

Child Abuse Reporting Line: 132 111

Children's Services Team: 9245 1666

Domestic Violence Counselling Line:

1800 656 463 (24 hours)

**Early Intervention Program**

(Sponsored by The Benevolent Society)

24a Ocean St, Bondi 2026

Ph: 9365 7999

Email: [eip@bensoc.org.au](mailto:eip@bensoc.org.au)

Support service aimed at facilitating the relationship between parents and their infants up to the age of 3 with special emphasis on the early weeks. Families are seen in the hospital or their own home. Also provides services for women and their families who maybe having difficulty adjusting to pregnancy or parenthood.

**Family Court of Australia**

97-99 Goulburn St, Sydney 2000

Ph: 1300 352 000

Fax: 9217 7136

Web: [www.familycourt.gov.au](http://www.familycourt.gov.au)

Email: [enquiries@familylawcourts.gov.au](mailto:enquiries@familylawcourts.gov.au)

Set up under the Family Law Act to deal with problems relating to the breakdown of a marriage, ie the residence & contact of children and maintenance & the split up of property after marriage. Parramatta Registry, 1-3 George St Parramatta.

**Interrelate Family Centres**

45 Belmore St, Burwood 2134

Ph: 8882 7850

Fax: 8882 7855

Web: [www.interrelate.org.au](http://www.interrelate.org.au)

Email: [burwood@interrelate.org.au](mailto:burwood@interrelate.org.au)

Provides personal, family & relationship counselling, marriage & relationship education groups, men's group and parenting programs.

**Jewish Care Family Services**

4a Nelson St, Woollahra 2025

Ph: 9302 8000

Fax: 9302 8001

Web: [www.jewishcare.com.au](http://www.jewishcare.com.au)

Email: [firstcall@jewishcare.com.au](mailto:firstcall@jewishcare.com.au)

Social welfare for the Jewish Community offering counselling and support. Russian speaking workers are available. The society offers group programs for people with intellectual & psychiatric disabilities and employee facilities for people with an intellectual disability.

**Karitane Family Care Cottage**

146 Avoca St, Randwick 2031

Ph: 1300 227 464

Fax: 9399 8510

Web: [www.karitane.com.au](http://www.karitane.com.au)

Day service providing support and education for families with children aged 0-5 years. Caters for families with special needs. Programs include: post natal depression, sleep & settling education, emotional & psychological difficulties, toddler & sibling management and lactation.

### **Kids Helpline**

Ph: 1800 551 800 (24 hours)  
Web: [www.kidshelp.com.au](http://www.kidshelp.com.au)  
Email: [admin@kidshelp.com.au](mailto:admin@kidshelp.com.au)

A free national telephone counselling service for children and young people aged 5-18. Provides assistance to children on a range of issues such as an on-line counselling service. The Kids Helpline is essentially for children and parents will be referred onto other services.

### **Post Adoption Resource Centre**

Ph: 9365 3444 Fax: 9365 3666  
Web: [www.bensoc.org.au/parc](http://www.bensoc.org.au/parc)  
Email: [parc@bensoc.org.au](mailto:parc@bensoc.org.au)

Provides telephone & face to face counselling and information & support for adults affected by adoption.

### **Relationships Australia (Eastern Suburbs)**

Level 2, 175 Castlereagh St, Sydney  
Ph: 1300 364 277  
Web: [www.relationships.com.au](http://www.relationships.com.au)

This service provides individual, couple or family counselling. Groups are offered for separated people, couples with communication problems, children of separated or divorced parents & family violence prevention.

### **SIDS and Kids NSW**

Rozelle Hospital Campus, Level 11, Bldg 125,  
Cnr Chruch & Glover St, Lilyfield NSW 2040  
Ph: 1800 651 186 (24 hours) Fax: 9818 4555  
Web: [www.sidsandkidsnsw.org/nsw](http://www.sidsandkidsnsw.org/nsw)  
Email: [sydney@sidsandkidsnsw.org](mailto:sydney@sidsandkidsnsw.org)

Provides support to families who experience the death of a baby or child during conception up to 6 years of age. Information available about sleeping babies safely, sudden infant death syndrome (SIDS) and care of bereaved families. Also has a library and can provide details of local support groups.

### **St Vincent's Community Health Centre - Waverley Centre**

301 Forbes St, Darlinghurst 2010  
Ph: 8382 1988 (Intake) Fax: 8382 1997

Services located at the Waverley Centre are WAVES (Hydrotherapy), School Health Nurses, the Parent Support Team, and the Families First Team. Other services include general nursing, occupational therapy, physiotherapy or social work.

### **Volunteer Home Visiting - Eastern Sydney**

*Benevolent Society, 24a Ocean St, Bondi 2026*  
Ph: 9130 7339 Fax: 9310 4130  
Web: [www.bensoc.asn.au](http://www.bensoc.asn.au)  
Email: [stellad@bensoc.org.au](mailto:stellad@bensoc.org.au)

For families experiencing stress around the birth of a new baby and young children. This may be due to isolation, a disability in the family, multiple births or difficulty accessing services because of a culturally and linguistically diverse background. Trained volunteers spend a couple of hours a week offering support and may be with the family anywhere from six to eighteen months. Volunteers provide general support and talk through parenting issues with families.

## **Domestic Violence Support Groups**

### **Bondi Beach Cottage Family and Community Support Centre**

42 Brighton Bvd, Bondi Beach 2026  
Ph: 9365 1607 Fax: 9365 1366  
Email: [bbc@kdbnet.net.au](mailto:bbc@kdbnet.net.au)

Counselling services to those affected by domestic violence, depression, anxiety and a variety of issues

### **Department Violence Line (Department of Community Services)**

24-hour Domestic Violence Counselling Line  
Ph: 1800 656 463  
Web: [www.community.nsw.gov.au](http://www.community.nsw.gov.au)  
Provides crisis counselling, referral and information on women's refuge accommodation.

### **Sisters of Charity Outreach Service**

438 Victoria St, Darlinghurst 2010  
Ph: 8382 6430 Fax: 8382 6432  
Web: [www.sistersofcharityoutreach.com.au](http://www.sistersofcharityoutreach.com.au)  
Email: [outreach@stvincents.com.au](mailto:outreach@stvincents.com.au)

## Pregnancy and Childbirth

### **Australian Breastfeeding Association- Randwick Group**

4 McMullen Avenue, Castle Hill 2154  
Ph: 8853 4900 Fax: 8853 2199  
Web: [www.breastfeeding.asn.au](http://www.breastfeeding.asn.au)  
Email: [nswoffice@breastfeeding.asn.au](mailto:nswoffice@breastfeeding.asn.au)

Meets in local homes fortnightly. Parents and pregnant women welcome free of charge for breastfeeding counselling. Telephone breastfeeding counselling on 8853 4999. Free parenting library. Counsellors available on request.

### **Birthing Rites Australia**

10 Denison Street, Bondi Junction 2022  
Ph: 9387 3615  
Web: [www.birthingrites.com](http://www.birthingrites.com)  
Email: [birthingrites@zipworld.com.au](mailto:birthingrites@zipworld.com.au)

Offers pre and post natal classes.

### **Childbirth Education Association of Australia NSW Ltd**

749B Old Princess Highway, Sutherland, 2032  
Ph: 8539 7188 Fax: 8539 7199  
Web: [www.cea-nsw.com.au](http://www.cea-nsw.com.au)  
Email: [info@cea-nsw.com.au](mailto:info@cea-nsw.com.au)

Childbirth and parenting courses in evenings or weekends in various metropolitan areas.  
Monday to Friday 9.30am-2.30pm.

### **Family Planning NSW**

328-336 Liverpool Rd, Ashfield 2131  
Ph: 1300 658 886  
Fax: 9716 6164  
Web: [www.fpahealth.org.au](http://www.fpahealth.org.au)  
Email: [healthline@fpahealth.org.au](mailto:healthline@fpahealth.org.au)

Healthline staffed by Clinical Nurse Specialists, provides information on contraception, fertility, sterilisation, pap tests, sexual problems, vasectomy referrals, pregnancy, menopause and referral to other health and welfare providers.

### **MotherSafe**

Royal Hospital for Women, Barker St,  
Randwick 2031  
Ph: 9382 6539 Fax: 9382 6070

Free comprehensive counselling service for women concerned about exposure to medication, street drugs, infections, radiation

and occupational exposures during pregnancy and lactation.

### **Pre Term**

Cnr Elizabeth & Randall Sts, Surry Hills 2010  
Ph: 9217 8700  
Web: [www.preterm.org.au](http://www.preterm.org.au)  
Email: [info@preterm.org.au](mailto:info@preterm.org.au)

Comprehensive range of health care services for women: abortion counselling & termination, family planning and contraception & advice on gynaecological problems. Clinic held Tuesday, Thursday, Friday & Saturday. Phone for appointment.

Monday to Friday 7.30am – 5.30pm  
Saturday 7.30am – 12.30pm

### **Royal Hospital for Women**

Prince of Wales Hospital, Barker St, Randwick  
Ph: 9382 6111  
Web: [www.sesiahs.health.nsw.gov.au/rhw](http://www.sesiahs.health.nsw.gov.au/rhw)

Comprehensive range of women's health services including gynaecological, obstetric & fertility, parent craft lectures, lactation clinic, physiotherapy & counselling services and an outpatient clinic.

## Baby Capsule Hire

### **Baby's Things - All Safe Child Restraints Kensington**

145A Anzac Pd, Kensington 2033  
Ph: 9663 2320, 0418 201 778  
Fax: 9663 2372  
Web: [www.babythings.com](http://www.babythings.com)  
Email: [info@babythings.com.au](mailto:info@babythings.com.au)

Hire, installation and sales of child car seat restraints and capsules. Contact the service prior to baby's birth. Some cars may need to be modified.

### **Infant Restraints Sales and Rentals**

C/- Royal Hospital for Women  
Barker St, Randwick 2031  
Ph: 9382 6033 Fax: 9382 6032

RTA authorised and approved fitting station for hire and sale of baby capsules and child restraints. Contact prior to birth. Some cars may need to be modified.

### **Hire for Baby Eastern Suburbs**

Ph: 9300 9098

Web: [www.hireforbaby.com](http://www.hireforbaby.com)

Email: [easternsuburbs@hireforbaby.com](mailto:easternsuburbs@hireforbaby.com)

Short or long term hire for all baby equipment for newborns up to preschool. RTA trained accredited Infant Restraint Rental Plan providing free fitting of hired child restraints.

### **Paul Stewart Automotive**

120 Birriga Rd, Bellevue Hill 2023

Ph: 9365 6609

<http://www.childrestraintstation.com.au>

Authorised child restraint fitting station, specialising in the installation of baby capsules, baby seats and booster seats in all cars, vans, mini buses.

## **Single Parent Families**

### **Lone Parent Family Support Service**

Level 4, 15-17 Young Street, Sydney 2000

Ph: 9251 5622

Fax: 9251 5875

Web: [www.loneparentfamilysupport.com.au](http://www.loneparentfamilysupport.com.au)

Email: [admin@lpfsscicy.ngo.org.au](mailto:admin@lpfsscicy.ngo.org.au)

Support is offered to lone parents through counselling, information and referral services and social outings and activities. Social workers are able to assist parents and children with disabilities. Some Emergency Relief Funding available.

### **Parents Without Partners NSW Inc.**

Ph: 9853 3269

Web: <http://www.pwp-nsw.org.au>

Social activities for parents and children.

## **Health Services**

### **Community Health Centres**

These are multi-disciplinary teams which provide a range of services for individuals and families. Services are free and for children, can include assessment and treatment of speech disorders for which there is a long waiting list, assessment and treatment of emotional and behavioural difficulties, and physical screening and referrals.

#### **Waverley Community Health Centre**

*War Memorial Hospital,*

*Birrell Street, Waverley 2024*

Ph: 9369 0400 / 9369 0100

Provides selected child and family health services for local residents. Call for further information.

#### **Child & Family East**

*Sydney Children's Community Health Centre*

*Cnr Avoca & Barker St, Randwick 2031*

Ph: 9382 8213 / 9382 8288

Provides assessment and treatment of emotional/behavioural difficulties and speech and language problems mainly for children in the Randwick and Botany Local Government areas. Appointments need to be made through the Intake Officer.

Pre-school health and developmental assessments can be performed by the Pre-School Medical Officer in pre-school or long day care centres in the Waverley area.

A brief physical and developmental screening service is also available for under 2's. The School Health Unit which covers Waverley and provides a screening, (including vision & hearing), education and referral service for over 5's is located here.

## Early Childhood Health Centres (Baby Health Centres)

Advice on mothercraft, nutrition, immunisation, hygiene and feeding. Health checks for growth, hearing and development. Comfort and counselling for mothers. Suitable for mothers with children 0-4 years.

### **Bondi Beach Early Childhood Centre**

*Cnr Wairoa Ave & Brighton Blvd*

*Bondi Beach 2026*

Ph: 9130 2838

Fax: 9130 4988

#### **Opening Hours:**

Mon: 9.00am - 12.00pm (appoint. only)  
2.00pm - 4.00pm (appoint. only)  
Tues: 9.00am - 12.00pm (drop in)  
Wed: 9.00am - 4.00pm (appoint. only)  
Thurs: Closed for home visits  
Fri: Closed for home visits

### **Waverley/Bondi Junction Early Childhood Health Centre**

*59 Newland Street, Bondi Junction 2022*

Ph: 9387 1981

Fax: 9369 5933

#### **Opening hours:**

Mon: 9.00am - 12.00pm (appoint. only)  
2.00pm - 4.00pm (appoint. only)  
Tue: 9.00am - 12.00pm (drop in)  
2.00pm - 4.00pm (appoint. only)  
Wed: 9.00am - 12.00pm (appoint. only)  
Thurs: 8.00am - 11.00am  
(breastfeeding support group)  
Fri: 9.00am - 12.00pm (drop in)  
2.00pm - 3.30pm (0-8 weeks)

## Public Health

### **South Eastern Sydney Public Health Unit Prince of Wales Hospital**

Ph: 9382 8333

Fax: 9382 8334

Provides a public health service to people in the Eastern Suburbs and St George areas. A major role is to provide information and assistance on a variety of public health issues including environmental health, infectious diseases, general safety, vaccination programs and food safety.

Monday to Friday 8.00am - 5.00pm.

## Hospitals

### **Sydney Children's Hospital**

*High Street, Randwick 2031*

Ph: 9382 1111

Fax: 9382 1451

*Web: www.sch.edu.au*

Public hospital providing services in paediatric and adolescent medicine and surgery as well as child protection.

### **Royal Hospital for Women**

*Prince of Wales Hospital, Barker St*

*Randwick 2031*

Ph: 9382 6111

Fax: 9382 6513

*Web: www.sesiahs.nsw.health.nsw.gov.au/rhw*

Public hospital with private beds and specialist clinics for gynaecological/obstetric health services.

### **Prince of Wales Hospital**

*Cnr Barker & High Street, Randwick 2031*

Ph: 9382 2222

### **St Vincent's Public Hospital**

*Victoria Street, Darlinghurst 2010*

Ph: 8382 1111

*Web: www.stvincents.com.au*

## Immunisation

### **Sydney Children's Hospital Immunisation Clinic**

*High Street Randwick, 2031*

Ph: 9382 1470

*Pre-school children*

*Wednesday 8.30am - 9.00am*

*Children with no previous allergies*

*Friday's 8.00am - 11.00am*

Immunisation enquiries requesting documentation, records etc contact South East Sydney Area Health Service on 9382 1470 which is based at Sydney Children's Hospital Immunisation Clinic.

#### **Other contact details:**

*Children's Outpatient enquiries*

Ph: 9382 2884

*General Enquiries*

Ph: 9382 1461

## Information and Resource Services

### **Bondi Beach Cottage**

42 Brighton Blvd, Bondi 2026

Ph: 9365 1607

Provides referral and social & group activities throughout the year for different programs: Carer Support, Smart Parenting – Women As Mothers Group and Domestic Violence Information and Support.

### **Community Child Care Co-operative NSW**

6/142 Addison Road, Marrickville 2204

Ph: 8922 6444

Web: [www.ccccnsw.org.au](http://www.ccccnsw.org.au)

Email: [info@cccnsw.org.au](mailto:info@cccnsw.org.au)

Involved in all aspects of Children's Services including: assisting community groups to develop local services, lobbying, providing a contact point, disseminating information & resources and training for community based & private services for child care centres.

### **ECHO Neighbourhood Centre Inc.**

Shop 4, 1 Spring Street, Bondi Junction 2022

Ph: 9387 2885

Web: [www.echocentre.com.au](http://www.echocentre.com.au)

Email: [enquiry@echocentre.com.au](mailto:enquiry@echocentre.com.au)

ECHO has group activities, community information & referral, a neighbour aid service and other related activities. Groups include English conversation & creative arts. Tenancy advice and a list of local boarding houses are available. Practical assistance is provided for unemployed. Volunteers undertake a wide range of jobs within the Centre and through the neighbour aid service. Social support programs for older people.

### **Inner/Eastern Sydney Child and Family Interagency**

Ph: 9213 2400

Web: [www.sdn.org.au](http://www.sdn.org.au)

Provides coordination, information and support to the children services sector.

### **Lady Gowrie Children's Services**

Ph: 1800 803 820

Early childhood intervention: 1300 65 68 65

Web: [www.gowrie-sydney.com.au](http://www.gowrie-sydney.com.au)

Provides information, referral, advocacy and advice on various services for children particularly 0-5 year olds. Telephone Interpreter Service used for non-English speaking callers.

### **Waverley Council's Department of Recreation Customer and Community Services**

1<sup>st</sup> Floor, 31 - 33 Spring Street,

Bondi Junction 2022

Ph: 9386 7999

Provides direct services to children in the form of a Family Day Care Scheme and 3 Long Day Care centres. Attached to these services is a Family and Community Support Worker. Council also subsidises a number of community based children's services. Assistance in identifying local needs and planning new services is also available from Council Community Workers. Information is provided on child care and community services and Council assists children with additional needs to gain access to child care.

### **Waverley Library**

32-48 Denison Street, Bondi Junction 2022

Ph: 9386 7777

Web: [www.waverley.nsw.gov.au](http://www.waverley.nsw.gov.au)

Community Directory web address:

<http://www.waverley.nsw.gov.au/library/home>

Provides a database of community information, including information on cultural and sporting activities, leisure and child care services.

## Library Services

### Waverley Library

*The Ron Lander Centre*

Ph: 9386 7777

*32-48 Denison Street, Bondi Junction 2022*

Web: [www.waverely.nsw.gov.au/library](http://www.waverely.nsw.gov.au/library)

#### Hours of Adult Lending Library

Monday to Friday: 9.30am - 9.00pm

Saturday: 9.30am - 3.00pm

Sunday: 1.00pm - 5.00pm

Information on organisations in this book, as well as other local groups and services. Books on child psychology, child development, adoption, working parents, pregnancy, childbirth, child care, babies' names and other aspects of parenthood.

### Children's Library

(Waverley Library) Ph: 9386 7720

#### Hours:

Monday to Friday: 9.30am - 6.00pm

Saturday: 9.30am - 3.00pm

Sunday: 1.00pm - 5.00pm

Storytime Book Babies 0-2 years on Monday 10.00am & 11.00am (ticket required), Tiny Tykes storytime on Tuesday 10.00am & 11.00am (ticket required), storytime and films on Wednesdays 4.00pm - 4.30pm and films on Sundays from 3.00pm - 3.30pm suitable for pre-school aged children and older. Children's Book Week (last week of August) includes competitions and activities. Special activities during school holidays. Books on children's literature, reading to children and teaching them to read. Audio cassettes, DVDs and videos.

### Bondi Toy Library

(In the Early Childhood Centre)

*Cnr Wairoa Ave & Brighton Bvd,*

*Bondi Beach 2026*

Ph: 9300 0087

Caters for children aged 0-10 years, including those with additional needs.

Tuesday & Friday: 10.00am - 12.30pm

Tuesday & Friday: 2.00pm - 4.30pm

Thursday: 10.00am - 12.30pm

Saturday: 9.30am - 12.30pm

## Government Departments

### Department of Community Services (DoCS)

*Level 4, Prince Alfred Bldg,*

*219-241 Cleveland St, Strawberry Hills 2012*

Ph: 8303 7600

Fax: 8303 7611

Web: [www.community.nsw.gov.au](http://www.community.nsw.gov.au)

Supervision and support for families where children have been physically, emotionally or sexually abused, neglected or are 'at risk'. Responsible for adoptions & fostering, Disability Services, licensing, monitoring & supervision of children's services and assistance & advice on child care matters.

### Department of Housing

*'The Pottery', 31 Belvoir St, Surry Hills 2010*

Ph: 9319 9333

Fax: 9319 9350

Web: [www.housing.nsw.gov.au](http://www.housing.nsw.gov.au)

Provides public housing with a range of assistance to eligible applicants and tenants including advice and referral on housing options, emergency housing and bond assistance for those whose needs cannot be met by the private rental market.

### Family Assistance Office (Centrelink)

Ph: 136 150

Located in all Centrelink & Medicare Offices Applications for Child Care Benefit, Sole Parents Pension, Unemployment Benefit, Family Payment, Additional Family Payment, Child Disability Allowance, Pensions, etc. Coordinates the Job, Employment and Training Scheme (JET) for sole parent pensioners. Interpreters available.

# Leisure Activities

## General

### Action Kids

Ph: 0418 682 093

Web: [www.adelesactionkids.com.au](http://www.adelesactionkids.com.au)

### Coogee Seniors Hall

Monday 9.30am-10.30am

### Bondi Pavilion Seagull Room

Tuesday 9.30am-10.30am  
10.30am -11.15am

### Church in the Market Place

Monday 9.30am-10.30am

Wednesday & Friday 10.30am -11.15am

Music and movement classes for children 9 months to 5 years old. Hand/eye co-ordination skills, ball games, puppets, songs, balancing, musical instruments. Children with special needs welcome. Available school holidays.

### Art 'N' Move

48-50 Mitchell St, North Bondi 2026

Ph: 9130 5555

Web: [www.artnmove.com.au](http://www.artnmove.com.au)

For ages 6 months to 6 years. Program includes Arts & Crafts; Movement & Music; Story Time and games.

### Bondi Pavilion Community Cultural Centre

Queen Elizabeth Drive, Bondi Beach 2026

Ph: 8362 3400

Wide range of classes, exhibitions, concerts, and activities including adult education classes, arts & crafts, physical fitness (adults and children) and school holiday activities. Information on community arts and cultural activities.

### Child's Play

Ph: 9661 8036

A program for pre-school children 1-5 years involving movement and gymnastic skills. 3 classes each Tuesday to Thursday at Maroubra Bay Primary School Hall. Bookings essential.

### Eastern Suburbs Little Athletics

Trumper Park, Cnr Glenmore Rd & Hampton St, Paddington 2021

Ph: 0412 958 216 / 9557 9005

Email: [famgomez@accsoft.com.au](mailto:famgomez@accsoft.com.au)

Operates September to March for under 6's to under 15's. Coaches and promotes running, cross country running, relays and track & field

events. Meets at Trumper Park on Fridays 5.45pm-9.00pm.

### Gymbaroo

Ph: 9362 8354 / 0413 833 382

Web: [www.gymbaroobondi.com.au](http://www.gymbaroobondi.com.au)

Enhances motor and social development and assists children to reach their full potential. Monday, Wednesday, Thursday and Friday classes are held at Bondi Beach in the Seagull Room, 1st floor, Bondi Pavilion. Age appropriate classes: babies from 8 weeks to 5 years old, limited group sizes. Carers and grandparents welcome also. Bookings essential.

### International School of Music, Bondi

Ph: 8086 8011

Web: [www.ismaustralia.com](http://www.ismaustralia.com)

Specialise in children's group music classes for ages 2 and above. Group piano/keyboard tuition studying all styles of music from 4 years.

### Mobile Play Bus

Ph: 0422 377 574

Email: [mobileplaybus@savethechildren.org.au](mailto:mobileplaybus@savethechildren.org.au)

Free playgroup for local families with young children. Located in Thomas Hogan Reserve (Francis St near Old South Head Road, Bondi) 10am to 12.00pm on Thursdays, School term only. Run by Save The Children.

### Plaster Master Fun Centre

333 Old South Head Road, Bondi 2026

Ph: 9130 4855

Children's parties, creative weekend and holiday fun. Prices start at \$12 which includes all materials, tuition and studio time. Group bookings are welcome.

### The Queens Park Art School

84 Rawson Ave, Queens Park 2022 (Lynch Ave)

Ph: 9386 1694

Web: [www.artschool.net.au](http://www.artschool.net.au)

Art classes for all ages. Classes include drawing, painting, sculpture, printing, cartooning, ceramics, HSC and portfolio preparation.

### Tiny Tots Tennis

Ph: 9314 6527

Web: [www.tinytotstennis.com.au](http://www.tinytotstennis.com.au)

Ten week courses for aged 3 ½ to 12. Moore Park Golf Club Course, Tuesday to Friday.

## Swimming

### **Bondi Icebergs Pool**

1 Notts Avenue, Bondi 2026

Ph: 9130 4804 Fax: 9130 7174

Web: [www.icebergs.com.au](http://www.icebergs.com.au)

Free learn to swim classes for 5 year olds and above Saturdays 8.15am. Contact Marjorie Keeble after hours on 9130 3784.

Mon, Tues, Wed & Fri: 6.00am - 8.00pm

Sat & Sun: 6.30am - 6.30pm

### **Bondi Rainbow Club**

Ph: 0418 963 087 (10.00am - 4.00pm)

Email: [rainbow@clubaust.com.au](mailto:rainbow@clubaust.com.au)

The Bondi Rainbow Club provides swimming and water safety for children with special needs. The club swims at Wairoa School, Brighton Boulevard, Bondi, Saturdays 2pm - 4pm. Sessions are 30 minutes long with specialised Austswim teaching staff.

### **Des Renford Aquatic Centre**

Robey Street, Maroubra 2035

Ph: 9349 1106

The Centre offers daily parent and baby classes for babies aged 3 to 36 months. Parents must attend with the child. The classes are designed to educate the parent in safe water practices, enabling parents to be confident when taking their child into the water. Classes conducted in indoor heated pools. Learn to swim classes offered for children aged from 3 years old. Classes run for 30 minutes and are available 7 days per week between 8.00am - 1.00pm and weekday afternoons 3.30pm - 6.00pm.

### **Maroubra Swimming School**

84 Maroubra Road, Maroubra 2035

Ph: 9344 5735

Swimming lessons for babies, children and adults. Year round lessons in an indoor heated pool. Babies in groups of 3 with parents. Older children in groups of 3 with a teacher. Phone for details of cost and times.

### **NSW Department of Sport and Recreation**

Ph: 131 302

Web: [www.dsr.nsw.gov.au](http://www.dsr.nsw.gov.au)

Operates 2 types of classes, *Pre-school Swimsafe* for children aged 18 months to 4 ½ years and *School Aged Swimsafe* for children aged 4 ½ years to 12 years. They have various programs with varying duration. Phone for local centres and costs.

### **Platypus Swimming School**

478 Old South Head Rd, Rose Bay 2029

Ph: 9371 4287

Email: [judy@platypusswim.com](mailto:judy@platypusswim.com)

Classes from 1 year to 8 years. Two children per class or three for stroke practice. Year round in an indoor heated pool. Phone between 4.00pm and 5.30pm Monday to Thursday for details.

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